

Humboldt Unitarian Universalist Fellowship



February 2018

A note from the minister

In this month as we celebrate the birth of two great presidents, I find their wisdom still very helpful, so I thought I would share a few of their thoughts with you.

“America will never be destroyed from the outside. If we falter and lose our freedoms, it will be because we destroyed ourselves.” – Abraham Lincoln

“A primary object should be the education of our youth in the science of government. In a republic, what species of knowledge can be equally important?” – George Washington

“You can fool some of the people all of the time, and all of the people some of the time, but you cannot fool all of the people all of the time.” – attributed to Abraham Lincoln

“There is nothing which can better deserve our patronage than the promotion of science and literature. Knowledge is in every country the surest basis of public happiness.” – George Washington

“I would rather be a little nobody, than to be an evil somebody.” – Abraham Lincoln

“Few men have virtue to withstand the highest bidder.” – George Washington

May memories of these great human beings and may the inspiration of their thoughts and their examples give us strength in the days ahead.

Yours in the journey,

Rev. Bryan Jessup

Marianne Pennekamp documentary

A documentary with animation about Marianne Pennekamp, *Mariana: One Immigrant's Story*, will be shown on Sunday, February 4, at 2 p.m. at the Morris Graves Museum. Marianne tells of her German Jewish childhood as Hitler rose to power, of her immigrant teen years in France and of her family's escape to the United States. These formative experiences significantly influenced Marianne's adult life.

The creation of the documentary has been an intermittent four-year collaboration of Marianne, Joy Hardin and Amy Uyeki. Marianne's storytelling is accompanied with archival photos and Amy's animated artwork. Holly Mead coordinated the background music and sound.

The preview screening will include a Q and A with Marianne and the filmmakers.

Kate McClain

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People

Congratulations to **Debbie Coggins** on her retirement. We look forward to seeing her more often.

We are holding **Bill** and **Bernie Hansell** in our thoughts as Bill recovers from surgery.

Our condolences go to **Jo Weisgerber**, whose brother died unexpectedly over the holidays.

Condolences to the family of **Andy Anderson** who died in Redding last week. A memorial service for Andy will be held at HUUF on Friday, January 26, at 2 p.m.

Our dear member **Rochelle Frankel** is at the Kentfield Hospital - sixth floor of St. Mary's Hospital - Room 56 - 450 Stanyan St. - San Francisco, CA 94117. Cards would be appreciated. Thank you to the many people who visited her prior to her move to San Francisco.

Best wishes to **Jeff Knapp** for his shoulder replacement surgery in 3 weeks.

Please hold good thoughts for **JoAnn Howell** as she begins radiation treatment.

Stephen Sottong will have one of his novels on Kindle Scout for a month. You can view and recommend it at:

<https://tinyurl.com/ReimaginingJoe>.

Sylvia Shaw

Children's choir begins in March

Anna Gaines is inspired to begin our very own children's choir. She has a BA in music from HSU and co-conducts *A Company of Voices*, a local chamber choir. Beginning March 4, any interested youth from kindergarten up should meet Sundays from 10:00 - 10:45 in the multi-purpose room. Children wishing to sing at the performance on April 1 at the 11:00 service should attend at least three rehearsals. Questions, contact Anna at 499-6128.

Therese FitzMaurice

Aesthetics and Art

Currently on display in The Sanctuary Gallery is the quilt that the Religious Education children created to personally embrace the message of the song the children sang at a service in early January. After the Auction on February 10, Eve Anderson will show her work. Eve's medium is photography. She takes joy in photos of nature and also creates photo collages with spiritual themes.

Attention everyone: March will be a membership show. If you have done one piece or many, enter your work on March 19 (this date may change based on building use).

Cheryl Rau

Presentation on Plaza monuments

On Sunday, February 18 at 1:30 p.m., at HUUF after the SAC brunch, members of the Historic Justice Alliance will offer a presentation on why the statue of William McKinley in Arcata and the Plaque honoring the Jacoby Storehouse in Arcata are hurtful, representative of a white supremacist mindset, and should be removed.

The program will be presented by Christopher Peters (Puhlik-lah/Karuk) and Tia Oros Peters (Shiwi). Christopher is the owner of Red Deer Consulting, president of the Seventh Generation Fund for Indigenous Peoples, and Vice Chair of the Parliament of World Religions. Tia Oros Peters is the executive director of the Seventh Generation Fund, a land defender and water protector, with expertise in international diplomacy and the UN Declaration of the Rights of Indigenous Peoples.

They will suggest some ways that members of HUUF might stand with Indigenous Peoples around the removal of the statue and the plaque. They will be supported in their presentation by Kathleen Lowder and Alice Woodworth.

Bryan Jessup



Religious Education

As each month comes to a close, I invite you to pause and reflect on the work you've done individually and as a family. If you worked to uncover your heart's deepest intentions, how did that affect the quality of your daily life? If you explored the Loving Kindness meditation, how did that ripple into your relationships? In the month of February, we will turn our focus toward the contemplation of perseverance.

Family Practice:

"I've come back from the colorless world of despair by forcing myself to look hard, for a long time, at a single glorious thing: a flame of red geranium outside my bedroom window. And then another: my daughter in a yellow dress. And another: the perfect outline of a full, dark sphere behind the crescent moon... until I learned to be in love with my life again."

Read the quote from Barbara Kingsolver. Then practice naming the beauty in your lives that support your own perseverance. Consider choosing one image to visualize or observe for 30 seconds everyday. Can you build your focus to a full minute?

Sing this month's hymn together.

When Our Heart is in a Holy Place by Joyce Poley

When our heart is in a holy place,
When our heart is in a holy place
We are filled with love and amazing grace,
When are heart is in a holy place.



Calendar:

Feb.4:

Pre-2: We'll make valentines to offer at the auction.

3rd - 8: We'll persevere in our efforts to adopt and design an element of the natural playscape.

Feb. 11: All ages will discuss what it means to persevere in loving relationship and explore ways to express random acts of loving kindness.

Teen Group will meet.

Feb. 18:

Pre-2: We'll discuss stories of perseverance and experience mindfulness practices that help sustain energy.

3rd - 8: We'll explore what allows individuals to persevere through challenges.

Feb. 25: All ages will cook dinner for the night shelter.

Teen Group will meet.

Teen Group

This coming month, the teen group will continue coming-of-age work with a focus on preparing for the final retreat in the spring. We will schedule a movie night, and explore other faiths as a way to hone in on personal beliefs. Most of the teens will be attending the UU youth conference, February 16-19 in Redwood City. Contact our teen director, Kit Lynn at kitestringsflying@gmail.com.

Therese FitzMaurice

Sunday Services

Sunday, Feb. 4 – 9 and 11 a.m.

Prayers, Songs and Silence – Rev. Bryan Jessup

This service will focus on centering ourselves – the resting and renewing of our spirits in our own unique ways. This is essential for all of us if we hope to stay grounded and empowered to embody the love we feel.

Sunday, Feb. 11 – 9 and 11 a.m.

The Equal Rights Amendment: Securing the Inherent Worth and Dignity of Every Woman – Wendy Rowan

In 1977 and 1983 the Unitarian Universalist Association approved resolutions in support of the Equal Rights Amendment (ERA) to the U.S. Constitution and urged UU communities to work for ratification and implementation of the ERA. Designed to guarantee that “Equality of rights under the law shall not be denied or abridged by the United States or by any state on account of sex,” the ERA was introduced in 1923.

In 1972 the ERA was passed by Congress but has yet to be ratified by legislatures in three-fourths (38) of the 50 states. Given our current challenging political times, there is a new call to secure the ERA. American women have not yet fully achieved equality under the law even though the principles of “liberty and justice for all” are fundamental to our nation. This service will reflect upon the perseverance exhibited, and required, to secure equality for women.

Sunday, Feb. 18 – 9 and 11 a.m.

Feet of Clay – Rev. Bryan Jessup

This sermon will be about our longing for heroes in a reality that is full of mortal people, human foibles and a lot of shadow to go along with the light. It will also honor George, Abe and other heroes and heroines.

The 11 a.m. service will be followed by a brunch and a presentation from Chris and Tia Peters on why the statue of William McKinley and the plaque on the Jacoby Street Storehouse in Arcata should be removed.

Sunday, Feb. 25 – 9 and 11 a.m.

Perseverance: A Rural Medical Practice in Our Complicated Times – Dr. Donald & Gay Krouse

Dr. Donald Krouse, M.D., and his wife Gay will tell the story of their 30 years of offering medical services in Weaverville and Hayfork. It will include their struggle to keep the Weaverville Hospital open. In our complicated times, providing medical care in rural situations is no small challenge.

Looking Ahead – Options for Getting involved

HUUF Events

Fr	Jan 26	1 p.m.	Andy Anderson Memorial Service
Sa	Jan 27	12–3 p.m.	Grounds Work Party
Mo	Jan 29	6:30 p.m.	Film Series. <i>Race, the Power of an Illusion</i> - Part II
Tu	Jan 30	5:30 p.m.	Contact Ministry planning
Sa	Feb 3	9 a.m.	Worship Leader's meeting
Sa	Feb 3	7 p.m.	Classic PianoVoce Concert
Su	Feb 4	9 a.m.	Religious Education teacher's meeting
Su	Feb 4	12:30 p.m.	Social Action Committee
Su	Feb 4	12:45 p.m.	Religious Education meeting
Mo	Feb 5	6:30 p.m.	Film Series. <i>Race, the Power of an Illusion</i> – Part III
Sa	Feb 10	4–8 p.m.	Service Auction
Tu	Feb 13	5:30 p.m.	HUUF Board of Trustee's meeting
Fr	Feb 16	5–6 p.m.	Caring Circle Happy Hour
Sa	Feb 17	12-3	Grounds work party
Su	Feb 18	12:30 p.m.	Social Action Brunch
Su	Feb 18	1 p.m.	Presentation "Statues, Plaques & White Supremacy"
Mo	Feb 19	10:30 a.m.	Membership Committee meeting
Tu	Feb 20	7 p.m.	Open Women's group
We	Feb 21	Noonish	Lunch Bunch – Call Susan Brauner 497-6878
Fr	Feb 23	7 p.m.	HUUF Film night - <i>Locally Grown</i>
Tu	Feb 27	7 p.m.	Open Soul Matters Group
Sa	Mar 3	9 a.m.	Worship Leader's meeting
Su	Mar 4	9 a.m.	Religious Education teacher's meeting
Su	Mar 4	10–10:45 a.m.	Children's Choir – First meeting of weekly event
Su	Mar 4	12:30 p.m.	Social Action Committee meeting
Su	Mar 4	12:45 p.m.	Religious Education meeting
Sa	Mar 17	9 a.m.–3 p.m.	All Fellowship Spring Cleaning and Gardening
Sa	Mar 24		Canvass Dinner
Fr-Su	Aug 3-5		HUUF All Fellowship Retreat
Weekly Wed.		4 p.m.	Family Drum Class. Weekly Jan 10 – Feb 7
Weekly Wed.		7 p.m.	Choir practice
Weekly Thurs.		7 p.m.	Reflections – open discussion group in CARE building

Out of Area UU events

Fr-Su	Jan 19-21	Young Adult Con
Fr-Su	Feb 16-18	YRUUP Teen Con in Redwood City
Fr-Su	Mar 9-11	District Women & Religion Retreat, "Sharing Light"
Fr-Su	Apr 27-29	UUA – Pacific Western Regional Conference Double Tree Hotel, Portland, Oregon
We-Su	Jun 20-24, 2018	2018 UUA General Assembly, Kansas City, Mo.
We-Su	Jun 19-23, 2019	2019 UUA General Assembly Spokane, Wa.

High notes from the choir

The HUUF Choir is back in “full sing” and will share music at the services on January 28, and February 11 and 18. We have a terrific core group already, but there is always room for new singers. We are looking for more basses in particular, but all voice types are welcome. Please join us on Wednesday evenings at 7:00 if you’re interested in participating.

And...I, your choir director, want to let you all know that I will be taking maternity leave from February 21 through late March as Steven and I await the arrival of a baby boy.

It’s an exciting time, for sure.

I am very happy that Rachel Samet (Director of Choral Studies at HSU, and also currently our HUUF Choir accompanist) will be filling in as HUUF Choir Director during my absence. Thanks Rachel.

Lastly, in the not-too-distant future (somewhere in the vicinity of, um...May 6) the HUUF Choir will host the eleventh annual Music Day service. I am looking for brass, woodwind and string players who read music and would be willing to accompany the choir on several pieces. Please let me know if you or someone you know might be interested.

Many thanks, and happy singing to all.

Elisabeth Harrington

Western Regional UUA Conference

Registration is open for the April 27-29 UUA Conference in Portland, Oregon. It should be quite an event with speakers including: UUA President Rev. Susan Frederick Gray, civil rights activist Rev. Dr. William Barber, and Congresswoman Pramila Jaypal. Registration includes several meals. Early bird registration of \$162 ends January 31, \$180 after. Several people from the Fellowship plan to go, so carpooling is an option. The regional website has more information and registration: <https://www.uua.org/pacific-western>. Monetary assistance may be available for active HUUF members who could not otherwise attend.

Roberta Welty

Deadline info

Deadline for the **March 2018** issue of the newsletter is Tuesday, **February 20** at 5 p.m. Send committee reports and articles to newsletter@huuf.org (email only).

While many file formats are acceptable, .doc, .docx, .rtf and text are preferred, and .pdf and .pages cannot be used. Late submissions are not accepted without prior approval.

Full guidelines are available at <http://huuf.org/?page=Guidelines.html>

Stephen Sottong, editor

CLASSIFIED ADS

Classified ads are 10¢ per word. Send your check to the HUUF office and the text of your ad to newsletter@huuf.org (email only).

Open women’s group

Starting in February there will be a monthly open women’s group meeting at the Fellowship on the third Tuesday of each month at 7 p.m. Come to share and get to know other women. Format will be: chalice lighting, check-in, and discussion of a topic or whatever the group decides. Berti will facilitate the first meeting, and we’ll rotate leadership between the participants. First meeting will be Tuesday, February 20.

Berti Welty

February Social Action brunch

Since February is Valentine’s Day month, your Social Action Committee aims to serve foods that are good for the heart. We will try to have a variety of low cholesterol, low-fat, organic, healthy, wholesome, and nutritious foods. Best of all, we guarantee they will be a scrumptious delight for the taste buds. And, since we are told that chocolate is not only good for us but also enhances our sense of well-being, there will be a nice selection of hopefully relatively low-cal — but no guarantees — and yes, guilt-free chocolate desserts.

Brunch will be on the third Sunday, February 18, following the second service. Please allow time for food to be put out on the tables, so as to provide everyone with a full range of variety. Proceeds from our February brunch will go to support the Breast & Gyn Health Project. Recommended donation is \$5 per adult and \$1 per child.

Eve Anderson

Work party and “master painting class”

It’s time to “turn out for your tribe” at our annual Spring Work Party on Saturday, March 17. This time we are looking for painters. And those willing to take charge of painting teams. If we get volunteer painters, we can really make a difference. Also, a call out for carpenters. Scott Allen (raindog371@gmail.com, 616-5598 cell, 825-7019 home) is coordinating the building projects, inside and outside, from 9 a.m. - 12 p.m. Valerie Gizinski (polkaqueen@gmail.com 825-7446) is organizing the outside grounds projects from 12-3 p.m. Come for an hour, half a day or full day. All sizes, shapes, ages, abilities and families are encouraged to participate. Everyone’s time and talents are valuable contributions to our community. Please communicate your availability to our leaders as soon as possible so that they can plan the projects, tools and equipment needed.

Building Projects — Inside: wash all windows, convert fluorescent lighting to LED, scrub and paint kitchen walls, touch-up paint in sanctuary and CARE Building.

Outside: paint wooden decks and walkways, relocate parking bumpers, rebuild kitchen yard gate, replace top cap of kitchen yard fence, replace seating on patio ramp walls, fill potholes.

Grounds Projects — Clean and apply wood preservative to benches; wax metal benches; plant native trees, shrubs and wildflowers; place cardboard and mulch around tree and shrub plantings and on beds; weed beds; dead-head; prune trees along walkways; apply deer repellent.

Maintaining our community

Thank you to **Berti Welty** and **Jo Weisgerber** for installing the toilet assist handles in the Sanctuary Building Womens Room. I would appreciate hearing any comments about the installation and how well it helps or hinders use of the facility.

Thank you to **Bob Billstrom** for patching the big dent in the drywall in the Sanctuary Niche. Looks nice, Bob.

Thank you to **Bridgette Garuti** our Fellowship Administrator for engaging with our Janitorial Contractor to improve cleaning of our campus.

Thank you to **Chip Sharpe** and **John Schaefer** for continuing the project to convert fluorescent lighting to LED all around the Fellowship. The LEDs are brighter, a better color temperature, silent, very energy efficient and non-flickering.

The Fellowship is fortunate to have such willing and capable craftspersons.



Scott Allen

PCD Women’s Retreat

The annual Women and Religion PCD Women’s Retreat will be March 8-11. All self-identified women are welcome to join us for a calming respite from our busy lives at Anubhuti, a contemplative retreat center run by Brahma Kumaris the largest spiritual organization in the world led by women. It is housed in historic buildings fully renovated by the sisters 7 years ago and sits on a hill surrounded by 1,600 acres of protected open space, water and a wildlife preserve, with spectacular views of San Francisco Bay, Pacheco Pond, Novato creek and the rolling hills of Marin County. The retreat offers something for everyone: delicious meals; workshops for mind, body, and spirit; conversations with new and old friends; time for quiet contemplation; as well as a boutique, silent auction, and book swap. To learn more about Women and Religion and their retreat, visit <http://womenandreligionpcd.org>. This year registration will be by *mail only*:

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Joanna Welch



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Hearts Together – HUUF Annual Auction Fundraiser Saturday, Feb. 10 4 – 8pm

FABULOUS ITEMS AND SERVICES TO WARM YOUR VALENTINE'S HEARTS

\$10 at the door gets you:

-  A festive evening of Valentine fun and fellowship
-  Free Child Care (please reserve with Jen at jkw23@humboldt.edu or 668-1848)
-  'Warm your Heart' Soup Bar, Bread, and a Valentine soup mug to keep!
-  Elegant Valentine Deserts
-  Valentine Store
-  Chance to bid for dinners, parties, outings, fabulous goods and services
-  Silent and Live Auction (Mack Owen, Auctioneer)

Family friendly Event – kids under 12 free, 12-16 \$5.

Proxy bids are possible if you cannot be at the Auction. Contact ediejessup@gmail.com
This year: We can accept cash, checks, and **CREDIT CARDS** for payment

A catalogue of donations will be available at HUUF before the Auction, and at the door.
Info: Edie Jessup, 407-0047, ediejessup@gmail.com