

# Humboldt Unitarian Universalist Fellowship



February 2020

## HUUF Generosity

The Martin Luther King Sunday dedicated offering and proceeds from the Soul Food SAC brunch amounting to \$1,018 were donated to the Josiah Lawson Memorial Scholarship Fund administered by Humboldt County NAACP. Scholarships from this fund will be awarded each year to Black graduating seniors from area high schools. NAACP and Josiah's mother, Charmaine, thank you very much.

February 16 will be our next dedicated offering at both services and the Social Action Brunch. February's proceeds will be divided between True North Organizing Committee and Centro del Pueblo. True North is a faith-based coalition, educating the North Coast Community and advocating on issues of justice for Native people, homeless people and immigrants. Centro del Pueblo is a Latino community development organization, which, among many other accomplishments, got Humboldt to be a Sanctuary County by passage of Measure M in 2018.

*Richard Kossow*

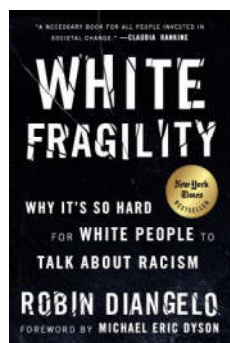
## Grounds work party: we're goin' back in!

We had a small turnout for our January 18 rainy-ish work party, and the weeds are out in force. This coming February 1, from 10 a.m. to 1 p.m., we'll be back at it, weeding, mulching, trimming up wherever we can. We'll be joined by one of the HUUF men's groups (bless you, gentlemen). We hope you can come, too, and give us a hand, even if for only an hour. If it is too rainy, we'll postpone until the following week, February 8.

*Valerie Gazinski*

## White Fragility conversations

Libbi Miller and David Marshak invite HUUF members and friends to join us for a series of conversations about the book *White Fragility: Why It's So Hard for White People to Talk about Racism*. We welcome your participation in all four or any one of these conversations. The conversations will explore the themes and issues articulated in the book in a coherent manner, and each conversation will have its own focus. They will take place Wednesday evenings, 7-8:45 p.m. at HUUF on February 5, 12, 19 and 26. These conversations are offered by the HUUF Fellowship Engagement Committee.



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# CONSCIOUS OR INCARCERATED?

It blows my mind the way the word flows  
Oh, so frequently from the lips of my folks.  
A too for real, in living color, gotcha' by the neck, hoax.  
"Wassup bro, how you been?" "Oh, same, same, in and out again."  
"You know Lefty, Joe's boy, the one who never graduated?  
The tall one, I here tell he's incarcerated."  
I was listening to the conversation strolling past the bench in the park,  
On my way home from work, just a little' after dark.  
"Yo, excuse me", I said, "Let me tell you about this other word."  
It also has a "C" in it: "Conscious."  
It's has just two syllables, Incarcerated has five.  
One's about death, the other, about staying alive."  
The first brother turned to me and said:  
"Incarcerated, damn, five syllables, Conscious only got two  
I know the meaning of the one, but the other don't ring true."  
I smiled, touched my talisman and said  
"Well, Legba told me to tell you that you better look it up."  
"Conscious? Oh, you mean awake?  
Like alert, like not knocked out?"  
"No, I said, "Conscious is like your breath is at stake, lies locked out.  
Aware of the source, knowing the sun will never clock out."  
The second brother bit down harder on his toothpick and said:  
"Man, what you talking about? Like I was saying,  
You know the brother, the tall one, the mean one  
The one who never skated,  
Man, I know for sure he's incarcerated."  
"Hey, look here," I said. "You say that so smooth. Where did you go to school?"  
"Come on, everybody in the hood knows how to say that" he said.  
"INCARCERATED! INCARCERATED! INCARCERATED!  
It's kind of cool." I smiled and said "You think that's cool?"  
"Are you kidding, I'll show you cool, just listen...  
Conscious is like, close your eyes. Take a deep breath and imagine.  
It's 110 degrees. You're thirsty and parched, in the desert on your knees.  
You reach down, put your face close to the ground.  
Dip your hands into the hot sand,  
You scoop it up, and its water.  
You drink your fill, Conscious lets you see over the tallest hill.  
That's Conscious.  
Conscious is like intuition on speed;  
Like knowing that kindness equals deed.  
Fear? No need. Locked up? Conscious is unclockable  
Plugged into the unclockable. The undockable, the unstoppable, the always cockable  
The never-ending tick-tockable.  
Stay Conscious... Yeah!"

*Rev. Anthony Mtuaswa Johnson*

# Religious Education

“Do what you can with what you have, where you are.” – Theodore Roosevelt

To Our Beloved Families:

When I did my Yoga Teacher Training 10 years ago, the style I trained in had a specific ethos when it came to approaching the practice. Namely, as you sit upon the mat, and gather in inside this space, first and foremost, be “open to grace.” Before you move a muscle or perform any act of basic movement, pause. Be open to the possibility of guidance, support, beauty and goodness inherent in the here and now. Open yourself to the reality of abundance nestled at your feet. Inside this moment, your needs are met. There is oxygen moving freely throughout your body. You are sheltered and safe. You have what you need to persist at this time.

Over time, this notion has been refined in my mind, moving toward a deeper meaning for this term of “grace.” In Sanskrit, there are two words for it:

- 1) *Kripa* – the sweet, flowing, all-consuming nectar of the divine, the energy that bathes us, shelters and surrounds us with that feeling of light and warmth we so desperately need when all else has fallen away. “Don’t worry child, in this moment you are safely held.”
- 2) *Anugraha* - that fierce, storm-like presence that shakes us to our core, strips away our comfort, and leaves us hollowed and humbled. This divine, strong medicine designed to “free the soul from its bonds” and help us to arrive (hopefully in one piece) at liberation’s door.

February invites us to turn our attention to the energy of resilience. How do we, as a people, as a planet, live inside deeply troubling and astounding times and not grow numb or collapse defeated inside of it? How do we turn toward what is, rather than woefully away from it? How do we hold the knowledge of all that is aching inside this world and not be overwhelmed by it all?

As I write this on Martin Luther King Jr. Day, I am reminded that many people before us have encountered great sorrow and loss, inequity, struggle, hatred, violence and destruction - many on a very personal level. And yet they have chosen the path of resilience, of grace, to turn *towards* the difficulty and leverage what resources they had to confront it. Rather than bemoan what they lacked, they wielded what they possessed in a mighty way. Those without status claimed the tool of integrity as their sword. Those without wealth utilized the power of social and cultural capital to accomplish their good. Those without access to education or intellectual polish called upon the power of truth spoken plainly to spread the good word instead.

And so we are called to recognize, appreciate and to *use* what we have in this moment, whatever gifts, resources and experience we possess, to release the story and embrace the grace that is granted us. It may not come in a form we immediately recognize or even desire, but maybe, with practice, we shall begin to see it at work within our lives to ally ourselves to it’s energy and to carry it with us back out into the world.

## Practice:

Let me invite you to make a family grace list, a focus of “resilience.” Write 20+ ways for you and your beloveds to connect to the energy of buoyancy and beauty once again: everything from spontaneous cuddles, to eating pomegranate seeds, walking in the woods, planting seeds in the dirt, favorite playlists, to simple acts of service and micro-activism within your community. How do we move into the frequency of grace? More often than not, I find it’s just by taking that first step.



Amy Day

## Valentines to support local musicians

Time to order Valentines from the Arcata High School Madrigal Choir and ARMACK Orchestra. Orders and payment are due by Monday, February 10 at 5:00 p.m. for live performance delivery on Wednesday, February 12; Thursday, February 13; or Friday, February 14. Order online. For more information call 822-0727.

Support your high school student musicians. \$15 for the first tune and \$5 for additional tunes. Chocolate and flowers are also available. Ian and Shawn Sterner and Fiona Seibert will be singing.

Abby Munro-Proulx

# RE Calendar

## Preschool-K, with Scarlett Tripsmith:

- Feb. 2:** Making resilience potions
- Feb. 9:** Contemplating dreams and creating a Class Wish Box
- Feb. 16:** Rhythm Circle of Love
- Feb. 23:** All ages Service Sunday. Night Shelter cooking.



## 1st-3rd grade, with Trisha Saunders:

- Feb. 2:** Story of the Rabbi and the crabtree with Shoebox Treasure Chest craft
- Feb. 9:** Exploring Purim and mask-making
- Feb. 16:** Further exploring Judaism through Story and Art
- Feb. 23:** All ages Service Sunday. Night Shelter cooking.

## 4th-8th grade, with Caitlin Bair:

- Feb. 2:** Rekindling our Inner Spark. Lessons drawn from Lynda Barry's "Making Comics"
- Feb. 9:** Faith Stories and Comics Creation
- Feb. 16:** Faith Stories and Comics Creation
- Feb. 23:** All ages Service Sunday. Night Shelter cooking.

## Teen and Young Adult Group, with Kit Lynn:

**Feb. 2:** Teens will meet with our Teen Director *after* the 11 o'clock service to do a photographic tour of the local area. Bring your phone or camera and good walking shoes to capture the beauty and resilience in our local watershed. *Please note the time shift:* 12:45 - 2:15. Light lunch will be provided.

## Youth Choir with Amy Day:

Youth Choir has returned. This month, we'll continue our exploration of rounds, rhythm and harmony in the context of both acapella and accompanied songs. Our time will be spent inside creative play, exploration and skill development. If your child is musically inclined, I want to invite them to this time. We meet 10-10:45 in the multipurpose room. All ages are welcome to participate, though we do ask a parent to stay with any preschool aged youth.

- Feb. 2:** Continue our work on rhythm and rounds. New song(s) shared.
- Feb. 9:** Rehearsal 2.
- Feb. 16:** No rehearsal in honor of Presidents' Week.
- Feb. 23:** (Optional) make-up rehearsal and 11 a.m. performance for interested singers.

# "Navigating Life's Passages" PCD Women's Retreat

Our ever-changing lives may currently be blessed by calm waters or fraught with stormy seas. As we navigate empty nests, new relationships, retirement, death, changing careers, moving, etc. let us face these challenges with the support of our loving community of women. All self-identified women are welcome the weekend of March 5-8 for relaxation, deep sharing, singing, creative expression, thoughtful discussion, laughter, and tears. We'll feast together, participate in the Phases of Women's Lives Ritual, worship together, and most especially make deep and lasting connections with other women, sailing these 21st Century seas.

The varied workshops will include a discussion of the book *Pachinko*, by Min Jin Lee, which follows four generations of a Korean family spanning the 1920s to 1980s in Korea and Japan. Hiking trails, a spa experience, boutique, book swap, and silent auction are waiting to be discovered. Come for the weekend or come for just the day on Saturday. Lodging is included. To learn more and register for our retreat, visit our website at [www.womenandreligionpcd.org](http://www.womenandreligionpcd.org) or call me at 408-605-3225.

Marnie Singer



## Climate Action Campaign news

Thank you bouquets to Cena Marino and Kate McClain. Cena is surveying HUUF members in Arcata and north for their interest in carpooling to HUUF related events. Kate has volunteered to be the regional Park'n Ride coordinator for the McKinleyville area and north. Call Kate at 839-0313 if you're interested in joining. Hey Arcata, Eureka, and Fortuna folks – how about a Park'n Ride in your areas? Participants of Thursday Night Reflections and the HUUF choir have been doing it for several years.

A recent poll found that almost 90% of Americans support transitioning off fossil fuels. CAC member, Helen Vatcher, is still driving in her 90s, and an EV or a hybrid is out of the question. Helen must continue to drive her 2001 Corolla for several reasons, so Helen recently decided she can make a difference as an individual by driving at 55 mph on the freeway instead of 65. She is feeling empowered, and is actually having fun observing the behavior of drivers of faster vehicles, passing her and slowing down.

Archie Mossman says that driving 55 mph has had a ripple effect on other drivers as they pass a slower moving vehicle. Remember how much less gas the nation used during Carter's term of office when there was a 55 mph speed limit nationally? There's no reason why we in Humboldt can't do that now to reduce carbon emissions while we work on other climate actions. Humboldt has led the nation on other social and environmental issues before; we can do it again.

Martha Devine, Joanna Welch, and other long-time vegans encourage everyone to change to plant-based diets completely. In 2011, the UUA General Assembly adopted a Statement of Conscience promoting ethical eating. It calls on UUs to eat ethically and to be aware that "contributors to global warming include the overreliance on fossil fuels for food production; the methane produced by animals, including but not limited to cattle, sheep, and pigs; and the long-distance transport of food."

Some of us will be attending the Battery Storage Basics Workshop on February 4, 5:30-6:30 p.m. at the Humboldt Bay Aquatic Center hosted by the Redwood Community Energy Action Authority. The workshop will address how to make homes and businesses more energy resilient, how we can utilize the electricity from solar panels when the grid is down, how vehicle-to-home storage solutions work, and where to start when investing in a battery storage system.

*Sue Lee Mossman*



## Let it begin with us

How can I help make a real and lasting difference in my world and for my planet? What if the answer to that complex question was a simple one, something so simple we don't even realize it and could do right now? It is. It begins with a choice we make everyday. A vegan or plant-based diet is not just a fad or trend, but a pathway toward a healthy and more sustainable world. According to a recent University of Oxford study, eating a diet free of meat and dairy reduces an individual carbon footprint by 73 percent. Simply by choosing different products we can begin to help the environment and turn the tide of global warming.

There is no denying the effects our consumption of animals is having on our planet. This harm and mistreatment of our Earth must be analyzed from within while we take stock of what we can do to help and to harm her. One way to begin is to order a vegan starter kit. Many well known vegan organizations give these away free. There are also thousands of free vegan recipes online for just about anything. Look for plant-based alternatives to your current foods. Vegans love to help as well. It won't be hard to find a vegan in the crowd, just ask if anyone is and we'll be sure to tell you.

Finally, true and real change begins at home. I am reminded of the quote by the great Sufi poet Rumi: "Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself." Let us remind ourselves of what we can do to help this world. Let there be change and let it begin within us.

*Alexa Gibson for the Climate Action Committee*

# Sunday Services

## **Sunday, Feb. 2 – 9 and 11 a.m. – One Thousand Miles to Freedom – The Rev. Anthony Mtuaswa Johnson**

This sermon will focus upon the true story of William and Ellen Craft, enslaved African-Americans who traveled “A Thousand Miles to Freedom,” and their relationship with Unitarian Universalist Theodore Parker. William and Ellen’s adventurous escape emanated from their natural desire to experience the love of each other and future generations, as free human beings.

## **Sunday, Feb. 9 -- 9 and 11 a.m. – Music as Healer – Grace Lewis-McLaren**

Grace’s particular medium is music, specifically congregational song. “When we are worn down, even worried sick, sometimes music can bring healing. Even lift us to joy,” she says. And so, for this service, she invites singers and non-singers alike to join in.

Grace cites this quote from Rev. Ian Riddell for her inspiration. “We have the option of choosing how we will respond. Will we answer hate with hate, or will we choose love? Will we close ourselves off, or will we reach out to our neighbor in hope and love? Reach out, friends. Greet each other in kindness and love even when (especially when) you disagree. Speak and act and sing and write against hatred and violence. That’s the start of how we’ll empower ourselves and our communities to build a world worthy of our children and grandchildren.”

A resident of Maine, Grace winters in Southern California through the love of family. She is retired from several careers, music being one of them. She has served as a resource person for our hymnal, “Singing the Living Tradition,” and, along with Suzanne Moore, she was one of the originators of the San Diego UU’s Yule celebration, begun in 1996 and still celebrated there each Winter Solstice.

## **Sunday, Feb. 16 – 9 and 11 a.m. – Resilience – The Rev. Anthony Mtuaswa Johnson**

As Unitarian Universalists we ask ourselves: How can we sustain ourselves as we resist divisiveness and hate? How can we stay strong for the fight? How can we remain resilient? This month we remind ourselves that being resilient is not a solo act. This month’s sermon reminds us that yes, you can do it, and you don’t have to do it alone or on your own.

## **Sunday, Feb. 23 – 9 and 11 a.m. – Calling all visionaries – David Cobb**

David Cobb is a people's lawyer and self-described nonviolent revolutionary. He has sued corporate polluters, lobbied elected officials, run for political office, and been arrested for nonviolent civil disobedience. He believes we must use every peaceful tactic available to restructure society. He is a co-founder of Cooperation Humboldt, was the Green Party Presidential nominee in 2004, co-founded Move To Amend, and managed the 2016 Jill Stein for President campaign.

# Looking Ahead

## Options for Getting involved

### HUUF Events:

#### January

Sa	Jan. 25	9 a.m.	Worship Leaders meeting
Sa	Jan 25	5-9 p.m.	Rosie Kossow Artist Reception
Tu	Jan. 28	6:30 p.m.	Council of Chairs

#### February

Sa	Feb. 1	9 a.m.-4 p.m.	OWL Retreat
Sa	Feb. 1	1-4 p.m.	Practicing healing Dialogue-Workshop
Sa	Feb. 1	10 a.m.-1 p.m.	Grounds work party
Su	Feb. 2	12:30 p.m.	Social Action Committee (SAC)
Su	Feb. 2	12:45 p.m.	RE Committee meeting
Su	Feb. 2	4-6 p.m.	Imbolc ritual
We	Feb. 5	7-8:45 p.m.	White Fragility Book discussion group (1 <sup>st</sup> of 4)
<b>Sa</b>	<b>Feb. 8</b>	<b>4-7 p.m.</b>	<b>Love Light Auction</b>
Su	Feb. 9	12:30 p.m.	Climate Action Campaign
Mo	Feb. 10	6:30 p.m.	CUUPS meeting
Tu	Feb. 11	11 a.m.	Membership committee meeting
Tu	Feb. 11	6:30 p.m.	HUUF Board of Trustee's meeting
Th	Feb. 13	10 a.m.	Open Soul Matters group
Fr-Mo	Feb. 14-17	all day	Youth Con-Elections retreat (out of area)
Sa	Feb. 15	7-10 p.m.	Sue Mossman's 80 <sup>th</sup> birthday party
Su	Feb. 16	12:30 p.m.	SAC Brunch for True North & Centro del Pueblo
Fr	Feb. 21	5 p.m.	Family Friendly Night
Sa	Feb. 22	10 a.m.-2 p.m.	Multikulti Workshop: Fellowship Engagement
Su	Feb. 23	12:30 p.m.	Pathways to Membership
Tu	Feb. 25	6:30 p.m.	Council of Chairs
Sa	Feb. 29	9 a.m.	Worship Leaders meeting

#### March

Su	Mar. 1	12:30 p.m.	Social Action Committee (SAC)
Su	Mar. 1	12:45 p.m.	RE Committee meeting
Tu	Mar. 3	7-8:45 p.m.	Laotse, Waldo & Me-1 <sup>st</sup> of 4 weekly meetings-book group

#### Future:

Su	Mar. 29	12:30 p.m.	Annual HUUF Congregational Meeting
We-Su	June 24-28		UUA General Assembly in Providence, Rhode Island
	August		All Fellowship retreat at Mattole

#### Weekly:

Su	9 & 11 a.m.	Sunday Worship Services
Mo	3:30 p.m.	7 <sup>th</sup> -8 <sup>th</sup> grade OWL Class (thru mid-May)
We	7-8:45 p.m.	White Fragility Book discussion group (all 4 Wed. in Feb.)
We	7-8:30 p.m.	Choir practice
Th	7-9 p.m.	Reflections – open discussion group in CARE building
Fr	6-7:30 p.m.	Ancient Forest Sangha-meditation
Mo & Fr	10 & 11 a.m.	Music Together

## Little Free Pantry

Think back to the time when you were a child. Each morning as you headed out the door you stuffed everything you needed into your backpack. In your brown paper bag was a lunch prepared with love. At lunch, once you were full, you shared with your friends or classmates.

Fast forward: Our Little Free Pantry (LFP) is where we share. No questions are asked of those who do not have enough. We accept folks as they are. Our LFP is humming along, accepting donations from those who have enough. Thank you for sharing.

*Carol Newman*



## Looking for volunteers and backpackers

Interested in helping to maintain our Fellowship campus? Want to go on a relatively easy backpacking trip this summer? Contact Scott Allen. He *really* needs building maintainers and is offering to plan a pack trip into the Trinity Alps.

*Scott Allen*

## Practicing Healing Dialogue

This is a workshop for being seen and heard. Couples and individuals are invited to learn about Conscious Communication with Yaj, a professional Relationship Coach for twenty years. Handouts, demonstrations and facilitated practice of real skills will take place. The workshops are free and open to public and will take place on Saturdays: February 1, March 7, and April 4 from 1–3 p.m. at HUUF. For more information, contact Yaj at (845) 641-8843, or [www.heartmindpartners.com](http://www.heartmindpartners.com). Please RSVP to [office@huuf.org](mailto:office@huuf.org) or 822-3793.



## January Guest at Your Table Report

Twenty-four Guest-at-Your-Table donations were received from our Fellowship this past holiday season. The donations ranged from \$20 to \$600 and totaled \$3,020, including five gifts mailed directly to UUSC.

Heartfelt thanks for your generosity to these thirty-eight contributors and their families: Scott and Susan Allen; Barbara Barratt; Chris and Jeanne Chapin; Cynthia Chason and Bonnie MacGregor; Ruth Davis; Margaret Emerson; Thea Gast; Valerie Gizinski and Pat Carr; Ilene and Dave Harris; Debra Harrison and Greg Blomstrom; Terry and Cindi Kaup; Beverly Morgan Lewis; Fred Mazie; Kate McClain; Sue and Archie Mossman; Jackie and Shawn Nichols-Wales; Marianne Pennekamp; Sylvia Shaw; Celestine Armenta and Chip Sharpe; JoAnn and Carl Thomas; Karen and Stephen Underwood; Berti Welty and Jo Weisgerber; Emily and Chris West; and the ever-faithful Ann Onheemus.

*Chip Sharpe*







## HUUF Love Light Auction

### Love Light Auction

Stay warm this Valentine's season while you shop till you drop at our annual Love Light Auction. With dinner parties, jewelry, antiques and services, you and your friends are sure to find something for everyone in your life who makes your love light shine. The Auction takes place Saturday, February 8 from 4-7 p.m. Entry is \$5 at the door. Light Refreshments will be available all evening and also \$4 local beer and local wine. Volunteers are still needed. Please sign up online at huuf.org or in person Sunday mornings. Donations include Fire & Light Originals, Moonstone Crossing Winery, North Coast Repertory Theatre, Wildberries Marketplace, Finnish Country Sauna and Spa, Food Wise Kitchen, Booklegger, Northtown Books, Holly Yashi, Ewe So Dirty, and many more. You can contact me at 512-420-3919.

*Rebekah Paez*

### CUUPS Imbolc ritual

Please join us for a family friendly healing ritual celebration of Imbolc and the Goddess Brigit, Sunday, February 2, 4-6 p.m. in the Sanctuary. This Holy Day marks the halfway point between the Winter Solstice and the Spring Equinox in the traditional Gaelic or Celtic wheel of the year. It is considered to be the beginning of spring. We start to see the first tender green shoots and fragrant blossoms coming up out of the earth, the trees begin to blossom. The days are visibly getting longer. We can begin to sow seeds. However, it is still cold and wet, a time to celebrate the warmth and nourishment of our homes and hearths. Contact me for more information at 834-1416.



*Lucera Love*

### Childcare at the Ancient Forest Sangha gatherings

All are welcome to join the Ancient Forest Sangha gatherings that take place every Friday from 6-7:30 pm at HUUF. Our gatherings aim to strengthen and support our individual practice through meditation and study of Buddhist teaching. The Sangha practices in the tradition and spirit of Buddhist teacher Thich Nhat Hanh. Childcare will now be available on the second Friday of each month from 5:45 to 7:45 pm. The next gathering with childcare will be on February 14. For more information, contact me at 825-7446.

*Valerie Gizinski*

### Art & Aesthetics

The works in the Sanctuary Gallery are by Rosemary Kossow. She says, "My artwork is a representation of energy and emotions that I may be feeling at the time of creation." Richard and Ginger Kossow (her grandparents) will host a reception for "Rosie" on Saturday, January 25, from 6-8 p.m. The Aesthetics/Art Committee encourages *all* to attend and support this emerging artist.

*Cheryl Rau*

## Suzanne Moore Ad Hoc Committee distribution recommendations

In November 2018, longtime member Frances Suzanne Moore died, leaving substantial monies and “stuff” to the Fellowship to be spent in specific areas. Funds and “stuff” were both in a trust and outside of the trust. Those within the trust were specified to be used for specific purposes including funding needy individual artists, needy families, and nursing students as well as improving the children’s play area, garden maintenance and upkeep and improvement of the patio. Because of the size of the trust, which likely exceeds \$150,000, an ad hoc committee was appointed by the Board in April 2019 to write recommendations as to how to meet Suzanne’s wishes.

Working with the Endowment Committee, the ad hoc committee recommends that any newly discovered unrestricted funds be placed in the Endowment Fund and that the designated and restricted funds be managed by a newly revised Endowment Committee (see separate article in this newsletter) who would oversee the balance of the funds. The majority of Suzanne’s estate was in restricted funds which the committee recommends be divided and spent over the next 20 years as follows: 35% of her restricted funds be spent helping individuals (Suzanne’s first stated purpose) and 65% for maintenance and improvement of the HUUF grounds (Suzanne’s second stated purpose). In order to help administer Suzanne’s second stated purpose, the committee recommends supplementing Suzanne’s funding direction with the following additional thoughts: improving the safety of children and adults while entering onto or while on HUUF grounds (for example, this could fund an improved road entrance at Jacoby Creek Rd. and Fellowship Way); funding for any and all grounds maintenance; and finally, funding any and all HUUF building maintenance needs.

The Board will consider these recommendations over the course of the next several months. If you have questions, want to see the full set of recommendations, or provide comments please email me at the address on the back of the newsletter.

*Greg Blomstrom, Co-president.*

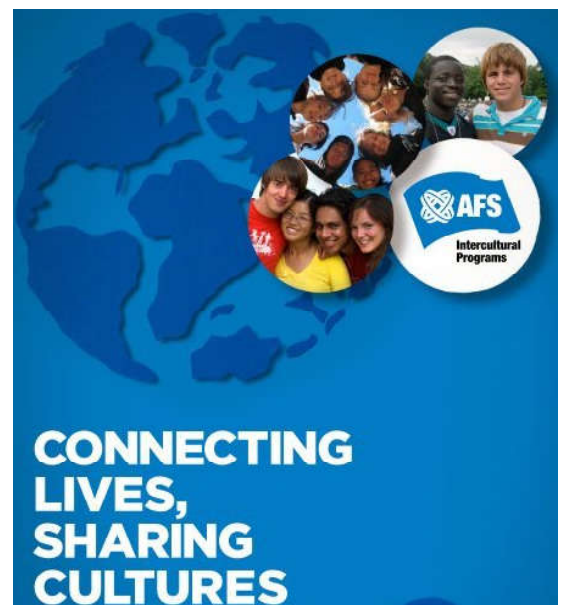
## Home Stay update

Planning for our pilot HUUF Home Stay Program for HSU and CR graduation weekend, May 15-17, is well underway. Dave and Ilene Harris and Terry Uyeki are leading this effort, and continue to recruit hospitable hosts who can provide a bedroom or two for individuals who are coming for that weekend. Guests make donations directly to the Fellowship. We are building upon the protocols and procedures used successfully for years by the Unitarian churches in San Diego and Portland. A meeting for potential HUUF hosts will be held the second week in February. We already have five hosts, but would like to expand that number to ten. Please contact Dave or Ilene Harris at 725-9043 or [d2761harris@gmail.com](mailto:d2761harris@gmail.com) if you are interested in participating in this program.

## Exchange students

Make a global impact by bringing the world to Humboldt County. Host a high school student during the 2020-2021 school year and you can travel the world without even leaving your home. AFS students enjoy sharing their language and culture with our local schools and community. To learn more about hosting a student or volunteering with AFS call Susan 822-1111, Abby at 822-0727 or visit the AFS-USA website, [www.afsusa.org](http://www.afsusa.org). There are currently 12 students attending schools in the area including Eureka High School, Arcata High School, McKinleyville High School, Northcoast Prep, and Six Rivers Charter High School. Meeting for potential volunteers is Monday, February 10.

*Abby Munro-Proulx*



# Proposed changes to Endowment Committee Purpose and Bylaws

In November 2018, longtime member Frances Suzanne Moore died leaving substantial monies and “stuff” to the Fellowship, to be spent in specific areas. In addition, in 2015 Florence Chaffee left a substantial donation to HUUF to be spent according to her wishes. At this point, HUUF has no committee or other process in place to spend earmarked funds left by benefactors which leaves such spending choices to ad hoc decisions by the Board – not a good thing.

In April of 2019, an ad hoc committee was appointed by the Board to devise a solution to this problem. This committee considered forming a new committee to administer Suzanne’s funds. Upon reflection and with the knowledge that these are not likely to be the only such donations of this magnitude to HUUF, the ad hoc committee, working with the Endowment Committee, proposes instead that the Purpose, Bylaws and the Foundational Document of the Endowment Committee be amended by the Congregation to allow it to administer both a principal limited Endowment Fund and a set of newly created time-limited special earmarked funds that are received from HUUF benefactors. The revised committee would manage the Endowment fund, the Chaffee Fund, the Suzanne Moore Fund and any new funds of significant magnitude donated to HUUF.

Among other considerations, the ad hoc committee recognizes the good work and procedures that the Endowment and Planned Giving committees already operate under. The current Planned Giving committee would also continue to operate as a standalone committee under Board authority and continue its task to solicit and help guide benefactors with their donations to HUUF.

The changes requested will be presented to the Board at its February meeting and to the Congregation at its March meeting with the specific language included in the March newsletter for the March 29 congregational meeting. The main changes would be a very minor alteration to the HUUF and Endowment Committee’s Bylaws, including adding a fourth person to the Endowment Committee and changing any mention of the Endowment Fund to Endowment and Other Special Funds. There would be substantial changes to the Endowment Committees’ Foundational Document, which specifies how it operates the Endowment Fund. They would be extensively changed to allow it to operate multiple earmarked time limited funds.

All of these changes will be available to members via the newsletter or email after the February Board meeting.

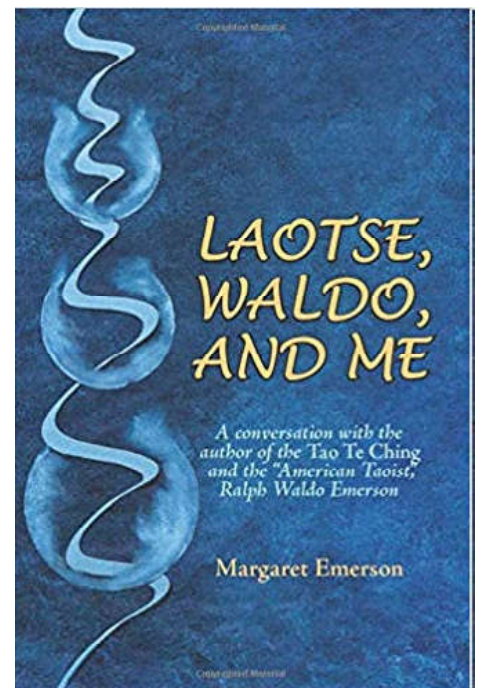
*Greg Blomstrom, Co President*

## March Book Group

The book group will talk about *Laotse, Waldo, and Me* by Margaret Emerson. Margy is looking forward to hearing your input to her three-way conversation between herself, the Taoist philosopher Laotse and the “American Taoist” Ralph Waldo Emerson. This book group will meet the first four Tuesdays in March from 7-8:45 p.m. in HUUF’s multi-purpose room (except March 10, when it will meet in the CARE Building). Come to as many sessions as you can.

The following is a tentative schedule. March 3: Preface and Chapters One and Two – The Tao, and Te: The Tao Incarnate (the Sage). March 10: Chapters Three to Six – The Inner Guide, Wu Wei, Circles, and Illusions. March 17: Chapters Seven to Ten – Are We Good?, Friendship, Three Treasures, and Unlearning. March 24: Chapter Eleven – Balance.

Let Margy know if you need a ride. If you need a book, two can be checked out from the HUUF library and one from the Arcata Library. In addition, several free books are available to own. Contact Margy at [margaretemerson@att.net](mailto:margaretemerson@att.net) or 822-6508.





# Humboldt Unitarian Universalist Fellowship

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## Calling interfaith members

Did you know that almost a third of all married individuals in the United States have a spouse from a different religious background? Many of these couples celebrate two religions while others celebrate neither. This duality can either challenge or sustain a family's spiritual growth.

Are you interested in sharing your interfaith family story at an upcoming fellowship service? Worship Associate Montana Caouette is seeking a few speakers who are willing to share their stories during the March 29, 9 or 11 a.m. service. If you are interested in participating please contact Montana at [caouette.michael@gmail.com](mailto:caouette.michael@gmail.com).

## Barn Dance

There will be a Barn Dance on March 13 from 7:30-10:30 p.m. at the Arcata Veterans Hall. HUUF will be in charge of concessions and receive 100% of the profits, along with 10% of ticket sales at the door.

*Ilene Harris*

## CLASSIFIED ADS

Classified ads are 10¢ per word. Send your check to the HUUF office and email the text of your ad to [newsletter@huuf.org](mailto:newsletter@huuf.org).

## Deadline info

Deadline for the **March** issue of the newsletter is Thursday, **February 20** at 5 p.m. Send committee reports, announcements and articles related to HUUF (email only) to [newsletter@huuf.org](mailto:newsletter@huuf.org).

Many file formats are acceptable, but .doc, .docx, .rtf and text are preferred, and .pdf and .pages cannot be used. Late submissions are not accepted without prior approval. Full guidelines at: <https://tinyurl.com/HUUFnews>

*Stephen Sottong, editor*