

Humboldt Unitarian Universalist Fellowship



March 2013

Words of Joy

Why, who makes much of a miracle?

As to me, I know of nothing else but miracles...

To me every hour of the light and dark is a miracle,

Every cubic inch of space is a miracle,

Every square yard of the surface of the earth is spread with the same,

Every foot of the interior swarms with the same.

To me the sea is a continual miracle,

The fishes that swim—the rocks—the motion of the waves—the

ships with the men in them,

What stranger miracles are there?

Walt Whitman, Leaves of Grass

Ralph Waldo Emerson once said that if the stars were to appear only once every thousand years, what an incredible wonder it would seem to be when it finally happened. Henry Wadsworth Longfellow said a similar thing about spring: “If spring came but once a century instead of once a year, or burst forth with the sound of an earthquake and not in silence, what wonder and expectation there would be in all hearts to behold the miraculous change.”

What *if* springtime came only

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We're Toto-ly Oz-sum

There's no place like home (in Bayside, California) which is why we're going down the Yellow Brick Road to the land of Oz for our April 6 Canvass Dinner kickoff following our theme of HUUF, We're Toto-ly Oz-sum. We proved last year that we can fly over the rainbow when we had an incredible evening of costumes, theater, talk, laughter, good food, good fellowship and yes, a great response from all of you who stepped up and pledged in a timely manner with generous giving. We're going to follow the same format as last year, 12 or so table hosts (six from the Board) have volunteered to host simultaneous “circle dinners” in the sanctuary at the Fellowship, just like last year. Table hosts will invite you to dress up (or not) in a character from the Wizard of Oz, to bring a potluck dish for 6-8 people and to join your host for a rousing dinner and entertainment. Dinner will be from 6-8 p.m.; childcare will be provided. Please

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People

Cedric Seaman is now an Eagle Scout. Congratulations.

Fiona has been accepted in the National UU Choir.

Doug Metz participated in the Stanford Physician Assistant program on February 1 and has begun his clinical training in Eureka.

Jan Rowen is pleased with her two functional knees.

Ursula Osborne will have her hip surgery in March.

If you have news to share through the People column, please email me at jessica@reninet.com.

Karen Knapp

One-day retreat a success

On Saturday, February 16, about 30 women gathered for the day. Descriptions from the evaluations included: "Excellent. Energizing. Safe. Comforting." The Soul Collage, Poetry, Card Making and Book Discussion circles were great hits. The foot and hand baths and massage were relaxing and nurturing. During our evening activity, we decided that the theme for our May retreat will be "Playfully Serious."

During our May 3-5 retreat more of the same, plus many other activities are planned. See article on page three. Applications for that retreat will be available about April 1. Any woman with suggestions for a circle, activity, etc., for the May retreat is invited to contact me at bertijo@humboldt1.com. I will make sure the program planner gets the information.

Berti Welty

SAC brunch

St. Patrick's Day being the main holiday on our calendar for March, we have decided to once again offer a creative variety of foods in the color green. Whether soups or salads, appetizers or main dishes or desserts, we will try to keep as close to this color scheme as possible. As usual, the third Sunday, which happens to be St. Patrick's Day, **March 17**.

Suggested donations: \$5 per adult and \$1 per child. Proceeds will go to Betty Chinn, to assist in her new project.

We invite you to come and join us in this delightfully whimsical brunch, and experience a wee bit of the magic of the taste of green.

Eve Anderson



Mediator training

HUUF will again host Humboldt Mediation Services' 34-hour Community Mediator Training. Using primarily role-playing, feedback, and discussion, volunteers prepare themselves to serve as mediators on dispute-resolution panels. The course is also available to folks who do not wish to volunteer but are looking to enhance their communication and conflict-management skills.

This interactive and challenging course will occur on five evenings, 5:15 - 9 pm (April 15, 16, 18, 23 and 25), and two Saturdays, 8:30 am - 5 pm (April 20 and 27). Students agree to read the provided manual and attend all classes. Please call 445-2505 to register by **March 15**.

In exchange for use of the CARE building, one free enrollment is available to a member of the Fellowship, with priority given to a staff or committee representative. Additional enrollments by Fellowship members/friends will be given the 10% "group discount." (\$375 or \$285 for those who agree to volunteer with HMS.) If you would like the free slot, please notify Chip Sharpe or Shay MacKay.

For more information about HMS, visit <http://humboldtmediationservices.org/> or ask Chip Sharpe, Bob Billstrom or Lisa Dugan. Other current HUUF members who have completed the CMT course include Scott Allen, Irith Shalmony, Thea Gast, Phyllis Helligas, Ursula Osborne, Tracy Jordan French, Nancy Cook, Marian Ziemer, Martha Hunkins and Virginia Chatfield.

Chip Sharpe

Chalice lighters

The Chalice Lighters in the congregation are now sending off modest checks to make up the current Chalice Lighter grant to a deserving UU congregation in Pacific Central District.

This time the grant goes to our Monterey Peninsula congregation which is experiencing outstanding growth with the help of former UUA president John Buehrens, interim minister. The grant will go to expand RE and music staff to help serve the influx better.

We might really be able to use one of these grants ourselves to jump start a project, but there must be a critical mass of Lighters in a congregation to be eligible to apply. Join up now and help position HUUF for the future and help our sister congregation. Website: www.pcd-uaa.org/chalice-lighters/lighters.htm

Richard Kossow

Arcata night shelter

After ten years, I am resigning from the job of scheduling meals for the Arcata Night Shelter. I want to thank everyone who has taken food on Tuesday evenings during this time. Some of you I know, and some I don't know because you are part of a group in which I have a single contact. You have all done a wonderful job. I think we might have missed three meals in all that time – a great record. All the work has been greatly appreciated, and we have all helped to make the world a brighter place for hundreds, maybe thousands. Jan Rowen is taking over my job and will contact you for help beginning in March. With your help, she will find it as rewarding an activity as I did. If some of you who read this have not participated in this program but would like to, please contact Jan at jangrowen@gmail.com. Her first task will be to build a longer list of people willing to donate, and she will be thrilled to hear from you.

Once again, thanks again for being part of a job well done.

Jean Munsee

Women's May retreat planning

Want to be a part of the planning for the May 3-5 "Playfully Serious" women's weekend retreat? Come to the 9 a.m. meeting at the Fellowship on Sunday, **March 10**. We will distribute duties, toss around ideas and determine costs. If you can't make the meeting but want to help - contact me at bertijo@humboldt1.com. If you wish to plan and lead a circle or activity, also contact me. I will get the information to the program planner.

Berti Welty

Jeremy Taylor dream workshop April 17-18

Friday evening Jeremy will introduce us to his approach to working with our dreams, techniques he has developed in nearly 50 years as a professional dream researcher and group leader. He empowers leaderless groups to go deeper and deeper to discover the messages from our unconscious minds that present themselves in dreams. Many Fellowship members participate regularly in dream groups which have grown out of Jeremy's workshops. Other dream groups have been inspired in our larger community.

We expect there will be dreamers entirely new to this work and dreamers who have been working with Jeremy and their dreams for many years. All day Saturday, individual dreamers will present dreams to be explored symbolically by the entire group with Jeremy's leadership. So start now to write down as much as you can remember of some dreams as soon after waking as possible; some use their smartphone.

We are indeed fortunate to have this ongoing relationship with Dr. Taylor, a leading exponent of the projective dreamwork discipline. This is your opportunity to tune into this proven method of inner exploration.

Please register soon by mailing your check for all or part of the \$80 fee to Richard Kossow, 1767 Blakeslee, Arcata 95521. For more information call 826-1227 or chat with one of the experienced dreamworkers in the congregation. You can recognize them by their dreamy eyes.

Richard Kossow

Endowment Committee members

The congregation is asked to approve the re-election of Brad Morin and Ann King for second three-year terms on the Endowment Committee. Both have agreed. As Brad has already served the first year as an unconfirmed member of his second three-year term that began March, 2012, the congregation this year is actually asked to approve Brad formally as a member on this Committee for the remaining two years of his three-year term. See Brad's statement below.

Members of the Endowment Committee currently are: Brad Morin (2009-2012); Ann King (2010-2013); and Sue Y. Lee Mossman (2011-2014).

*Sue Y. Lee Mossman, Chair
Endowment Committee*

Statement from Brad Morin

I came to Humboldt County in the summer of 2005 with my wife, Cathy, and three young sons. We came in search of a community prone to progressive thought, a healthy life style and small town familiarity. My profession seems to be raising three sons, with necessary distractions in the way of software development, chess and mathematics. We started our participation in UU in Utah upon finding the need for a new "religious" community. We joined HUUF shortly after coming to Humboldt.

Oz-sum, continued from first page

RSVP to the soon-to-come phone call from your table host.

The Canvass dinner is the kick-off to the pledge drive which starts at the April 6 Canvass dinner, is followed by our half-time minister Rev. Joy's "Sermon on the Amount" the next day, April 7, and continues with pledge volunteers who will contact you to seek out your pledges. We're looking for a similar experience, and given that we will have a new half-time minister, we the Board, are looking to kick off his ministerial year with a great and successful pledge drive. Our goal this year is \$145,000 and because we're Toto-ly Oz-sum, we know we can do it.

Greg Blomstrom, vice president
Board of Trustees, 839-9017



Words of Joy, continued from first page

once a century? Just imagine the anticipation, and then the gladness and rejoicing and deep gratitude for this miracle—a miracle so commonplace in our lives that we may forget to notice it.

Well, we do have spring once a year, and twinkling stars on many nights, and gently swaying trees, glowing comets, rolling seas, the blessings of friendship and love and a candle of hope now and then to light us on our way. May the arrival of spring remind us not to take life's gifts, and the gift of life itself, for granted, but to be genuinely grateful for each gift and each day that is given to us. In this season of renewal, may we learn to see the gift of life as the miracle that it is, as the poet Walt Whitman saw it when he sang out ecstatically:

*The ocean fill'd with joy—the atmosphere all joy!
Joy! joy! in freedom, worship, love! joy in the ecstasy of life!
Enough to merely be! enough to breathe!
Joy! joy! all over joy!
Have a joyful, renewing and miracle-filled spring.*

Joy Atkinson

Make a joyful noise

The HUUF choir will host the fifth annual *Music Day Service* on Sunday, **March 24**. There will be vocal and instrumental music from diverse time periods, languages and styles. All will be invited to participate in the music making, as well as to enjoy some special performances from the choir and guest artists.

We are still accepting new singers for Music Day. Rehearsals are held every Wednesday evening at HUUF from 7:00-8:45 p.m. No previous musical training is required, just a willingness to learn and a love of singing.

The choir will continue to perform twice a month through early June. Also, be on the look out for Drop-in Choir Sunday in April. Drop-in Sunday works well if you love to sing in a group but can't commit to attending rehearsals regularly.

Please contact me for more information about the HUUF choir.

Elisabeth Harrington,
Choir Director

Board update

Board members are juggling a range of activities. We are preparing for the Congregational Meeting on Sunday, **March 3**. Look for more details in a letter from Dave Harris in this issue. As we have not been able to secure a coordinator for the Canvass Dinner, the Board needs to take over coordination to ensure that it is a successful event. Information about this important annual gathering will be sent to members soon.

The Board sends a big thanks to Scott Allen and Bob Wolterbeek for their research on expansion of the foyer. Further appreciation for Scott's continued attention to resolving the challenge of adequate parking lot lights.

We are pleased to help support Richard Kossow's attendance at General Assembly this year, and professional development for Jillian Mooney and Judy Rishel in their attendance at the Regional Conference in San Jose.

The Finance Committee is making steady progress on re-establishing the chart of accounts and producing timely financial reports. The Board approved an additional \$1,500 for the current year Program & Worship budget.

Rev. Joy continues to provide valuable suggestions at our meetings. Overall, she thinks the Fellowship should work on hospitality. We look forward to her report on the house meetings that have been conducted, with the expectation of topics to be addressed in coming months.

Wendy Rowan, Board Secretary



Religious Education

March 3

Preschool: We'll learn about kindness. What is kindness? How do we show it? Why practice it? What do we do when we've forgotten to be kind? We will be making gentle hands.

K-2: We will learn about our UU principles while learning about heroes. What is a hero? Do you know a hero in your life? We will practice with our new UU passports.

3 – 4: This month we will explore our inner being. How are we connected? We will explore how our actions impact our community.

Intermediate: We got to spend time with one of our elder UUs from our own congregation last month. We will have fun getting to know another member of our UU community. Come find out who it will be!

March 10: Social Action Sunday

Spring into action with our spring-ahead time change. Set your clocks forward so you won't miss it. We will cook food together for our commitment to deliver meals to the Arcata Night Shelter. Thanks to all the families who signed up to deliver, now come and help prepare it. Bring your aprons.

March 17

Preschool: We will talk about love. Whom do we love? How do we show love? Can we love those who are different than we are?

K-2: We will continue exploring heroes in our religious history. How have they lived our UU principles in their lives?

3 – 4: We will continue exploring inner being with a discussion about our connection to the community and nature. We are starting a new curriculum that is called A Questing Year. We will learn about famous UUs in history. Some we may already know but didn't know they were UU.

Intermediate: We are having A Questing Year. We will learn about famous UUs in history. Some we may already know but didn't know they were UU. How many do you know about?

March 24: Music Sunday

Join your family in the service for music. Stay for part or all, it's up to you. Childcare will be provided for children who are ready for an activity.

March 31: Easter egg hunt

We have a new twist on our egg hunt. We will find tickets in our eggs to turn in for fun things to select. We are trying a new tradition that is more earth- and consumer-friendly yet still is full of fun and magic. We always welcome adults to help with all the excitement.

Have you recently joined? Have you been coming for a while and wish to have your children dedicated? This is the UU tradition of welcoming children into our religion. It is for all ages together and a very moving ceremony. We all pledge to help you raise your child in our UU principles. If you would like to have your children participate or you have questions about this, see Jillian. Reverend Joy will offer a dedication this spring.

Jillian Mooney

CLASSIFIED AD

Four free laying hens to good home! Contact Ben Fairless at 677-3709.

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Classified ads are 10 cents a word. Send text of your ad to joythomas3828@gmail.com and your check to the HUUF office.



Got your UU passport?

Were you a secret pal with our older RE Students? They have fond memories of this activity. Well, we hope our UU passports will become a favorite intergenerational activity, too.

Here's how it works:

1. Jillian will distribute the following materials to interested adults

- A stamp and ink pad - You may use a favorite stamp that represents you. We have a few stamps available.

- UU passport - please fill out the information on the inside cover and place a photo of yourself and your image of your stamp.

2. Activity:

RE students ask adult a question and stamp their passport with their stamp. Here are some sample questions:

- Older RE students: How long have you been a UU? Why did you become a UU? Which is your favorite principle? What do you like about HUUF?

- Younger RE students: Do you have a pet? What is your favorite holiday? Why did you pick this stamp? Do you collect anything?

Adult answers the RE student's question and stamps their passport. (So you trade stamps with each other in your UU Passports.)

RE students will keep their passport in a bin in their classroom. Adult passports can be stored in bin at the Fellowship or taken home.

Let the fun begin!

Jillian Mooney



Congregational meeting and potluck

Date: Sunday, **March 3**, 2013

Time: 12:30 - 1:30

Childcare provided

Potluck:

Last names A-H: Bring protein (nuts, cheese, tofu, meats).

Last names I-O: Bring fruit or veggies.

Last names P-Z: Bring grains (quinoa, couscous), pasta salad, breads, etc.

Fellowship will provide beverages.

Topics:

1. Introduce the Nominating Committee who will introduce the nominated candidates (Richard Kossow, Co-President; Edie Wolterbeek, Treasurer; Cynthia Chasen, Trustee) and ask for consensus approval.

2. Approve HUUF Endowment Committee Members. The congregation is asked to approve the re-election of Brad Morin and Ann King for second 3-yr. terms on the Endowment Committee. Both have agreed to serve second terms. As Brad has already served the first year as an unconfirmed member of his second 3-yr term that began March, 2012, the congregation this year is actually asked to approve Brad formally as a member on this Committee for the remaining 2 years of his 3-yr. term. Members of the Endowment Committee currently are: Brad Morin (2009-2012); Ann King (2010-2013); and Sue Y. Lee Mossman (2011-2014).

3. Introduce the concept of a "Disruptive Persons Policy." Our objective is to begin the discussion about such a policy so that we might adopt one at a future Congregational Meeting. A sample model is printed below.

4. Discuss the current "No Dog Policy." We will revisit the motivation for the policy and discuss how it is working. See the dog policy on page 8.

Sterling UU Disruptive Persons Policy

While openness to a wide variety of individuals is one of the prime values held by our congregation and expressed in the UUA Statement of Principles and Purposes, we affirm the belief that our congregation must maintain a secure atmosphere where such openness can exist. When any person's physical and/or emotional well-being or freedom to safely express his or her beliefs or opinions is threatened by the behavior of another individual, the source of this threat must be addressed firmly and promptly, even if this ultimately requires setting limits on individuals or the expulsion of an offending person or persons.

continued on next page

Congregational meeting, continued from previous page

There may be times when the disruptive behavior of an individual in the church building, at church events, or in an electronic communication forum of the church, may cause members or visitors to voice concerns about one or more of the following:

1. Perceived threats to the safety of an adult or child,
2. The disruption of church activities,
3. The diminishment of the appeal of the church to its potential and existing members.

The policy of Unitarian Universalists of Sterling in dealing with these issues shall be:

1. If an immediate response is required, this will be undertaken by the Minister and/or leader of the group involved. This may include asking the offending person or persons to leave or suspending the meeting or activity until such a time as it can safely be resumed. In the case of disruption of electronic media, the offending person may be immediately blocked from access to the media until the issue is resolved. If further assistance is required, the police department may be called. Any time any of these actions are undertaken without the minister being present, the minister should be immediately notified. A follow-up letter detailing what steps must be taken before an offending person can return to church activities will be sent by the minister to the offending person or persons.

2. Situations not requiring immediate response will be referred to an *ad hoc* committee appointed by the Board of Trustees. The committee will respond in terms of their own judgment with the following guidelines:

a. The committee will respond to problems as they arise. There will be no attempt to define acceptable behavior in advance.

b. Persons identified as disruptive will be dealt with as individuals; stereotypes and generalizations will be avoided.

c. The committee will collect all necessary information.

d. The committee will consider the following questions: Is the individual a source of threat or perceived threat to persons or property. In other words, is the person **dangerous**? How much interference with church functions is occurring? In other words, is the person **disruptive**? How likely is it that prospective or existing members will be driven away by the behavior. In other words, is the person's behavior **offensive**?

e. To determine the necessary response, the committee will consider the following: **Cause** – why is this disruption occurring: Is it a conflict between the individual and others in the church; is it due to a professionally diagnosed condition of mental illness? **History** – what is the frequency and degree of disruption caused in the past by this person? **Probability of change** – how likely is it that the behavior will diminish or change?

1. The committee will decide on the necessary response on a case-by-case basis. Three levels of response are recommended:

a. Level One – the committee shall inform the minister of the problem and either the minister or a member of the committee shall meet with the offending individual to communicate the concern.

b. Level Two – The offending individual shall be excluded from the church and/or specific activities for a limited period of time, with reasons and the conditions of return made clear. It will be made clear that if the behavior continues, permanent exclusion from the church is a possibility. These decisions may be appealed to the Executive Committee of the board or to the minister.

c. Level Three – If no behavioral change occurs, the individual will be permanently excluded from the church premises and all church activities. The Board will vote on the expulsion, and the decision will be sent in writing, explaining the reasons and individual's rights and possible recourse.

The Unitarian Universalists of Sterling strives to be an inclusive community, affirming our differences in beliefs, opinions and life experiences. However, concern for the safety and well-being of the congregation as a whole must be given priority over the privileges and inclusion of the individual. To the degree the disruptive behavior compromises the health of the congregation, our actions as people of faith must reflect this emphasis on security.

HUUF Board of Directors

Policy on Dogs on Fellowship Property

December 10, 2008



PURPOSE: This policy is intended to help ensure the health, safety and well being of all people attending HUUF programs.

BACKGROUND AND CONGREGATIONAL INPUT: We love our dogs; but dogs at the Fellowship have previously created concerns, including children and adults afraid of dogs, dog-to-dog encounters and some dog owners not cleaning up after their dogs. An unfortunate series of events on November 23, 2008, and on-going concerns expressed by HUUF members has led the Board to decide to implement a new policy. The November 23rd incident was a dog (on leash) nipping at four people and seriously biting a fifth person following Sunday Services. An ambulance, the Humboldt County Sheriff and the Humboldt County Animal Control Department were involved.

On 11/25/08 the Board of Trustees Co-president sent an email message to all members soliciting their input on developing a policy regarding dogs on Fellowship property. Numerous responses were received. Many responded stating that dogs should not be allowed onto Fellowship property, including not being allowed in cars on Fellowship property. Several congregants stated there should be standards for dogs on Fellowship property, such as requiring control on a leash, but not to ban dogs outright. Numerous congregants stated that children in particular seem most at risk from dogs at the Fellowship; these same congregants recited specific circumstances where children have been terrorized as a result of encountering a dog. Numerous respondents were concerned about dog owners not cleaning up dog poop left by their dogs at the Fellowship. Finally several congregants stated that the Fellowship is a place of worship, people are the primary users of the facility and therefore should be our first priority.

Therefore, the HUUF Board of Trustees adopted the following policy on dogs on Fellowship property to promote the security and enjoyment of our Members and visitors:

Dogs shall not be allowed on Fellowship property unless dogs are a part of a HUUF program such as the Blessing of the Animals. Certified service dogs are allowed on Fellowship property so long as they are under the direct control of their masters.

The Board considered allowing dogs if confined to cars, but this was deemed unfair to the dogs, plus making it tempting to let a dog out “just for a second,” or a dog owner of a “well-behaved” dog believing their dog was exempted from this policy.

Members observing non-conformance with this policy should try to report it to a Board member or the person managing the event, who will locate the dog owner and explain our policy and the reasons behind it.

Board of Trustees

Wanted: pirate's booty

A word to the wise, my mateys: life is busy. Our Service Auction, aka “Treasure Island,” is in sight; and as we draw closer to May 10, we are looking for treasures for our craft store, aka “Pirates Cove.”

We hope to offer many handcrafted items, such as knitted or crocheted articles; handmade cards; stationary; handmade jewelry; bookmarks; keychains; wine glass codechains; and other handcraft items. All items will be reasonably priced so that you can find treasures without spending a lot of loot.

This year, in keeping with the theme, we will have a treasure chest of costume jewelry that may have been a gift you received but never really wore or something just taking up space in your jewelry box. The jewels will brighten our gift store and also benefit our treasury.

A second treasure chest will be for slightly used or new toys and books for children. Again these will be smaller, reasonably priced items that everyone can search through to find a hidden treasure.

Join the fun, start thinking of and making items you can donate to our “Pirates Cove.” If you have questions, or would like to volunteer to work in the Cove at the auction, please contact Anna Mae Botley or JoAnn Thomas.

Creating Peace: session two

Discussion groups and a morning of meditation

“The thought manifests as word;
The word manifests as the deed;
The deed develops into character.
So watch the thought and its ways with care,
And let it spring from love
Born out of concern for all beings.”
~ the Buddha



At our January “Creating Peace” discussion groups, we began to define what peace looks like for us a fellowship family. Here’s what we came up with:

Peace at Humboldt Unitarian Universalist Fellowship begins with a celebration of our differences, including awareness, patience and respect for each individual. We endeavor to create a safe and sacred space in which each person feels invited to fulfill their responsibility to participate fully in the congregation and larger Fellowship community. We aim to establish an experience of open communication, active listening and freedom from fear, while also maintaining relevant conflict resolution processes and mechanisms for assessment of our Fellowship’s responsiveness and actions in regards to current social and spiritual issues.

This collection of ideas is a starting point in our work together towards greater peace within ourselves, our community and our world. It is in no way a definitive statement of what or who we are as a Fellowship, but will hopefully open up sincere dialogue about who we aspire to be.

An important aspect of living a more peaceful life is nurturing peace within yourself. Our second session will focus on our own experiences of inner peace or lack thereof. How do you cultivate peace within yourself? What are the signs that you are not at peace? How does inner peace, or lack of, affect your relationships with others and how can we help each other achieve a feeling of peace and safety?

Please join me for a discussion on either Thursday, **March 7**, at 10:00 a.m. or Saturday, **March 9**, at 10:00 a.m. We will share stories, discover different tools for helping us be more peaceful, watch some short videos and do a short meditation.

For those of you wanting to do some exploration on your own over the next few weeks, I urge you to take a look at <http://www.agnt.org/season-for-nonviolence>.

A Season for Nonviolence is a national 64-day educational, media, and grassroots campaign dedicated to demonstrating that non-violence is a powerful way to heal, transform, and empower our lives and our communities. Each year the season begins on January 30, the memorial of Mahatma Gandhi’s assassination and ends on April 4, the memorial of Martin Luther King, Jr.’s assassination. Also commemorated within the Season is Cesar Chavez’s birthday on March 31.

The Season for Nonviolence project began in 1997 and has evolved to include more than 900 cities in all U.S. states and 67 countries. It was co-founded by Arun and Sunanda Gandhi of the M.K. Gandhi Institute for Nonviolence and a group of ten ministers forming the Leadership Council of The Association for Global New Thought. Its purpose is to focus educational and media attention on the philosophy of attaining peace through nonviolent action as demonstrated by Gandhi and Martin Luther King, Jr.

Sunday, **March 31**, 9:00 a.m. to 10:00 a.m.

The final Sunday in March is Easter Sunday, celebrating yet another great peaceful role model. In honor of Jesus, Gandhi, King, Chavez and all the other men and women who have shown us how to embrace nonviolence, I invite all of you to join me before Sunday Services for a time of meditation and contemplation. We will spend an hour together in silence, song and community, soothing our spirits and renewing our intentions to live peaceful, harmonious lives.

Shay MacKay



Humboldt Unitarian Universalist Fellowship

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Kim Moor
Vice-President Greg Blomstrom
Secretary Wendy Rowan
Trustees Judy Rishel
Anna Mae Botley
Treasurer Chip Sharpe
Newsletter Editor Joy Thomas
Calendar Editor Shay Mackay

Future events

Events take place at the Fellowship unless otherwise noted. If you have HUUF events that should be listed, contact Berti Welty at bertijo@humboldt1.com.

March 1-3	weekend	District women and religion retreat at Enchanted Hills Camp
March 3	12:30 p.m.	HUUF Congregational meeting
April 6	6 – 8 p.m.	Wizard of Oz Canvass dinner
April 19-21	weekend	Jeremy Taylor Dream Workshop and service
April 26-28	weekend	Western UUA Regional / PCD Conference, San Jose
May 3-5	weekend	HUUF women's "Playfully Serious" retreat at Matole Camp and Retreat Center
May 11	Saturday	Super Service Auction
June 2	Sunday	Teen service
June 9	Sunday	Milestone service
June 19-23	weekend+	UUA General Assembly in Louisville, KY

Deadline info

Deadline for the next issue of the newsletter is **Wednesday, March 20, 5:00 p.m.**

Please send your committee reports and articles to me at joythomas3828@gmail.com. Neither PDF files nor late submissions can be accepted.

Joy Thomas, editor