

# Humboldt Unitarian Universalist Fellowship



June 2017

## A note from the minister

A college friend from Ohio wrote me the other day and said that, though he is not a churchgoer, he's begun dropping in on a nearby UU congregation from time to time because he needs to be around people he can have an authentic conversation with about the world.

I was glad to hear that, at his congregation, he found what he was looking for. It strikes me that we UUs don't always realize how important our listening and sharing with others about the complexity of our world truly is. When we "get it right" we truly stand with one another right in the middle of the complexity.

This month at the Fellowship we'll have conversations about supporting science in our culture and hear about the reality of fatherhood. We'll examine racism in our society and in ourselves and ask what we as a congregation can do to support hardworking immigrants who are in danger of abuse from our government. We'll consider homelessness, the poor and how our society engenders fear of those whom our economy has deemed unworthy of anyone's care.

As always, we'll talk with one another about how we can care for our own spirits and the spirits of those we love in such confusing times.

Having people to listen to, and having people listen to us as individuals, is no small thing in this world. From a conservative corner of Ohio, my friend says to us UUs – "Thanks for being there." I thought I'd pass his message along to you.

Yours in the journey,



Rev. Bryan Jessup

## Congregational Meetings in June

There will be two Congregational Meetings in June:

Sunday, **June 11**, at 11 a.m. - A meeting to decide whether or not to affirm that the Humboldt UU Fellowship will join other UU societies in becoming a "sanctuary" for immigrants threatened with deportation.

Sunday, **June 25**, at 11 a.m. - A meeting to come to an agreement about the Fellowship's budget for 2017-2018.

Bryan Jessup

## Inside

Page 2: People

Birthday Party

LGBTQI poetry reading

Gallery show for June/July

Art and Aesthetics

Single service May 28

Page 3: Acting Director RE

Potluck for Jillian

Board report

Page 4: Storage buildings

All Fellowship picnic

SAC brunch

We have rags

Transportation coordinator

Memorial Day gathering

Page 5: Celebrate Midsummer

Study group

All-Fellowship retreat

Page 6: *Crack of the ....*

*From the Ashes*

Financial Peace Univ.

Page 7: HUUF Elder

Climate facts

Page 8: Classifieds

Heart of the Matter

## Summer edition

Don't forget that the next issue of the newsletter covers both July and August, so have your articles ready by **June 20**.

Steve Sottong

## People

**Chris** and **Emily West** are new members. Please introduce yourself and welcome them to our community.

**Jillian Mooney** is retiring after 20 years of faithful, creative service to our congregation as our Director of Religious Education. We wish her future Sunday mornings to sit through an entire service.

**Pat McCutcheon** and **Cheryl Rau** are the proud grandmothers of Dylan Joseph Kieselhorst born Mother's Day weekend. Cheryl is busy preparing for Open Studio beginning the first Friday evening of June.

**Debi Cooper** is still hunting for a place for her and her pets to live in San Francisco. She's going to the city to attend the SF Comedy college, not clown college. Her destinations abroad this year include a trip from Moscow to St. Petersburg with her mother and nieces.

Our good thoughts are with **Jeff Knapp** for his upcoming shoulder surgery.

Kudos to **Bert Taylor**, **Cathy Enis** and **Debby Harrison** who sang with the Eureka Symphony chorus in its outstanding performance of Beethoven's Ninth Symphony.

*Sylvia Shaw*

## Birthday party

Mayer Segal will be observing his one hundredth birthday in June. His family will be hosting a celebration on Saturday, **June 17**, from 2 to 4 p.m. at the Fellowship. Mayer's friends are invited to join us. Please call me at 822-7130 if more information is needed.

*Mara Segal*



## LGBTQI poetry reading

The reading will take place on Sunday, **June 25**, from 3-5 p.m. at the Fellowship. Come listen to local poets who will raise our consciousness and lift our spirits.

*Bryan Jessup*

## Gallery show for June and July

Peggy Ho is a local Humboldt County artist originally from Berkeley and Hawaii. She studied studio art at the University of Hawaii and San Francisco State and is pleased to share her oil, watercolor, and acrylic paintings inspired by nature and Georgia O'Keefe with the community.

There will be a potluck (finger food) reception Saturday, **June 24** from 11 to 1. Wine and beverages will be provided. Special guest Elizabeth MacDougall from Mendocino College will perform on the piano for your entertainment.

Contact Peggy Ho at 510-551-4924 if interested in purchasing a painting or print.

*Cheryl Rau*

## Art and Aesthetics

The Bulletin Boards are up. We have postings on the former boards and are thinking of putting up one of the former small boards just for business cards. We will entertain suggestions for the new and old boards that will serve all the various venues and purposes aesthetically, logically and fairly. Contact me at [clrau@sbcglobal.net](mailto:clrau@sbcglobal.net).

*Cheryl Rau*

## Single service starts May 28

Summer is almost here. A single Sunday service at 10 a.m. begins Memorial Day Weekend, **May 28**. This summer's theme will be the Common Values of True North. The common values are: Love, Justice, Dignity, Peace, Harmony, and Faith. Several of the services will include persons from other faith communities. More information in upcoming newsletters.

*Berti Welty for Worship Leaders*

## Acting Director of Religious Education

**Name of Congregation or Employer:** The Humboldt Unitarian Universalist Fellowship  
**Address:** PO Box 506 – Bayside, CA 95524 (24 Fellowship Way off Jacoby Creek Road)

**Time Requirement:** 1/2 time

**Time Requirement Details:** 20 hours per week average. Flexible on how hours are spent, depending on week or month's requirements. Oversees large group activities two Sundays per month. Office hours during week. Required weekly meetings with minister and monthly meetings with Youth RE committee.

**Compensating at UUA Fair Compensation Guidelines:** Yes on salary. No on benefits.

**Link:** <http://bit.ly/2q5h7Sd>

**Status:** Acting – will be eligible to apply for the permanent position.

**Contact Name:** Rev. Bryan Jessup or Danielle Stubblefield

**Contact Email:** minister@huuf.org

**Application Deadline:** As soon as possible – or 6/15/17

**Date of Posting:** 5/18/17



## Potluck and celebration for Jillian

On **June 4** after our 10 a.m. service, we will have a potluck and celebration for Jillian Mooney, who has been our Director of Religious Education for more than 20 years. Bring a dish to share at the potluck and a memory to share at the celebration. We cannot begin to thank Jillian enough, but we can try and have a great time doing it. Come. Enjoy. Share your gratitude.



*Bryan Jessup*

## Board report

Much is going on with HUUF's Board of Trustees, and we want to keep you abreast of it because we value the ideas and concerns of the congregation.

- In a specially called budget meeting, Scott Allen presented a necessarily austere building maintenance budget, both short and long term.
- Virginia Chatfield voiced her concern about how sparse the Grounds Committee is getting. She proposed having two Sunday services a year when the Fellowship would come in work clothes for a community-building work party, picnic and game day.
- Work on the new storage buildings is being scheduled. Chaffee funds provided seed money. Volunteer builders and donations for materials are needed.
- Our new database is now filled with personal information. The Board requests that a skills and interests inventory be next.
- Discussions continue about becoming a Sanctuary Congregation.
- Bryan reported on his visit to PCD (now Pacific Western Region).
- UUA General Assembly voting delegates were selected: Berti Welty, Pat McCutcheon and Joanna Welch.
- The Board has planned two Congregational Meetings - one on **June 18** covering sanctuary status, building maintenance, and storage sheds. The other, on **June 25**, will cover the 2017-18 budget.
- The Board Retreat is set for **June 9-10** at Greg Blomstrom's home.

We express our appreciation to the Stewardship Education Committee for their diligence in collecting pledges, and to the Service Auction Committee for their hard and successful work. The Board acknowledges Jillian Mooney's 20 years of service in developing an outstanding RE program. A search is underway to hire an acting Director of Religious Education.

Because pledges came in significantly below last year, the Board has solicited input from the Fellowship for help in facing this shortfall. The Board looks forward to working together with Fellowship members and Friends.

*Kate McClain and Pat McCutcheon for the Board of Trustees*

## Storage Buildings

Get on your hard hats. We'll start building our storage sheds in June. A model of the buildings and sign-up sheets will be in the foyer. There will be an appropriate job for everyone who is willing to help with this Fellowship project. Let me know if you have questions, can help, have expertise, etc. 476-0654 or bertijo@humboldt1.com.

*Berti Welty*

## All Fellowship picnic



This family-friendly picnic will take place at Big Lagoon on Saturday, **July 8**, from 10 to 2. Bring boats. Bring your fun toys and games. We are out for a day at the beach. We'll have the barbecue for hamburgers, veggie burgers, etc. Bring side dishes. I'd like to know who is going to bring the following items for the burgers: lettuce, sliced onions, sliced tomatoes, sliced avocado, and pickles. If someone can bring mayo, ketchup and mustard, that would be great. Directions to Big Lagoon County Park will be in the next newsletter. For more information, contact me at 476-0654 or bertijo@humboldt1.com.

*Berti Welty*

## SAC brunches

There will be no Social Action Committee Brunches during the summer months of June, July, or August. They will resume in September, when we will have a wonderful feast welcoming everyone back from their summer adventures.

*Eve Anderson*



## We have rags

If you are helping someone clean up coffee spills from the floor, please do not use one of our clean tea towels on the floor. We have a box of rags on the shelf under the alternate sink.

*Awana Kalal for the volunteer kitchen workers*

## Transportation coordinator

Members of HUUF wear many hats as they serve on multiple committees and perform myriad tasks. Hello, I'm Nancy Cook, and my new hat is the Caring Circle's Transportation Coordinator, connecting drivers and riders.

My initial focus is on establishing a wonderful group of volunteer drivers. A ride may be a small inconvenience for the driver but a *huge* favor for the rider. HUUF is in a beautiful valley, but miles from anywhere. I was without wheels for a week having car repair done and felt isolated, lonely, and disconnected.

It is critical to have a list of drivers. Please sign up. You will not be signing up for weekly driving. You may be called less frequently and it may be for a one-way ride, bringing someone or just taking them home. Let's all be willing to step out of our comfort zones and give a ride to someone we don't know.

You do need to be aware that HUUF has no liability for volunteer drivers. If an issue occurred you would contact your own insurance. There is a small stipend for wear and tear on your vehicle and gas.

There is a sign-up board in the lobby. Please add your name to the list. No person should ever miss an HUUF event for lack of a ride. Let's put our hearts, hands, and car engines together and assure our fellow members we treasure their presence by helping to get them here. Let's do it!

*Nancy Cook*

## Memorial Day informal gathering

You are invited to an informal gathering at 11 on Monday, Memorial Day, to remember those whose names are on the stones in the garden and at Blue Lake Cemetery, plus others who are dear to us. There will be flowers available and some chairs for sitting. If you enter through the main building, you may go down the ramp for easy access. As a special treat, our trumpet player will play Taps and another selection from the top of the Wisconsin Mound. There may be other performers, too. Please join us to remember.

*Awanna Kalal*

## Celebrate Midsummer

Bring drums, bells, rattles and any other instrument to make a joyful noise as HUUF celebrates Midsummer, or Litha — the longest day of the year — on Wednesday, **June 21** at 7 p.m. You're also encouraged to bring a cup, snacks to share, and something to grace the altar. Wear festive clothing and prepare to be outside.

A growing number of us would like to strengthen our connection with Mother Nature by observing the four “quarter days”: winter solstice, spring equinox, summer solstice, and autumn equinox; as well as the four “cross quarter days”: Imbolc (February 1—the beginning of spring), Beltane (May 1—the beginning of summer), Lughnasadh (August 1—the beginning of autumn), and Samhain (November 1—the beginning of winter).

All are welcome to the celebration and to add to the conversation afterward about how we want to design these nature-based rituals so they are moving and meaningful.

*Margy Emerson*

## Study group

A group of women will be getting together to discuss Wicca, White Magick and Paganism. We will decide as a group which direction(s) to explore. No charges involved. A formational meeting will take place at the Beachcomber Cafe, **May 26** at 2 p.m. Please write to: [humbcotherapist@gmail.com](mailto:humbcotherapist@gmail.com) for further information.

*Sarah Moon*



## Second Annual All-Fellowship Summer Retreat

Join the HUUF congregation for the Second Annual All-Fellowship Summer Retreat on **August 4-6**.

A mixture of stimulating workshops, crafts, inspiring worships, hikes, peaceful time relaxing by the river or under a tree, and great fellowship combine for a delightful weekend. There will be special Kid Zone activities, teen programs, a No-Talent-Required Talent Show, and intergenerational happenings.

We will be staying at the beautiful Mattole Retreat Center ([www.mattolecamp.com](http://www.mattolecamp.com), for a sneak preview). In addition to the cabins with bunk beds, spaces for tents and RVs are available at the same price. There is a special swimming hole, a volleyball court, and lots of green grass and shady trees. A large campfire area will be available for evening programs and campfire treats. The main lodge, with limited sleeping area, is handicap accessible.

- All meals are included
- We will be doing our own cooking (to help keep the price down)
- Everyone will be asked to pitch in to help with chores

The cost is: \$105 Adults (13 and up), \$80 Youth (6-12), \$60 Child (2-5), and under 2 Free, or \$300 maximum per family. There will be some partial scholarships available.

Now is the time to register. Reservations are limited and will be accepted on a first-come, first-serve basis. You may mail your registration form and deposit to Bert Taylor, 2152 Mustang Lane, Arcata, CA 95521 or return it to the registration table in the foyer. Forms and information will be available starting **June 4** each Sunday, and on the Fellowship web site.

Request for scholarship deadline is **July 9**. Registration deadline is **July 23**.

For more information contact Berti Welti 476-0654 [bertijo@humboldt1.com](mailto:bertijo@humboldt1.com)

Don't miss the fun.

*Sandy Lynn*

## The Crack of the Butterfly's Tongue

The world premiere of the one-man show *The Crack of the Butterfly's Tongue* will be presented on **June 10** at 7 p.m. and **June 11** at 3 p.m. at the Fellowship. Written and performed by Ryan McCutchan and directed by John Heckel, the show explores a mythical quarry with a Scottish mason who unearths some fascinating issues.

Inspiration for the play began at a local quarry where McCutchan, owner of Humboldt Hearthstones Masonry, collects his stone. McCutchan began working with director John Heckel to develop the script for the stage. Heckel, a retired HSU Professor of Theater, has been a creative mentor for artists worldwide.

The hour-long show will be followed by a facilitated discussion exploring the many intriguing themes of the play.

Advance tickets are available at Wildberries for \$11.



*Therese Keslin*

## From the Ashes

On **June 23** at 7 p.m. the Social Action Committee will be showing the film *From the Ashes* that invites audiences to learn more about an industry on the edge and what it means for their lives. The 80-minute film captures Americans in communities across the country as they wrestle with the legacy of the coal industry and what its future should be under the Trump Administration. From Appalachia to the West's Powder River Basin, the film goes beyond the rhetoric of the "war on coal" to present compelling and often heart-breaking stories about what's at stake for our economy, health, and climate.



*Joanna Welch*

## Financial Peace University

We all need a plan for our money. Financial Peace University will help you create that plan. It's not magic; it's common sense helping you decide where your money will go instead of wondering where it went. You tailor your plan to your family. You work your plan in a supportive group.

Nine sessions cover these topics: Super Saving, Relating with Money, Cash Flow Planning, Dumping Debt, Buyer Beware, The Role of Insurance, Retirement and College Planning, Real Estate and Mortgages, and The Great Misunderstanding. The course is taught on video by Dave Ramsey and I facilitate. The \$93 fee for a single or a couple includes the book, *The Complete Guide to Money*, audio CDs of all lessons, a wallet, a workbook, access to online resources and other tools. Most people find that they save more than \$93 during the first month they start using this plan.

Classes meet 7-9 p.m. on Tuesdays, **June 27** to **August 29**, at the Fellowship. A preview and registration session will be held Tuesday, **June 20**, at 7 p.m. For more information, contact me at [margoteka@aol.com](mailto:margoteka@aol.com) or 499-1474.

*Margot Julian*

## Deadline info

Deadline for the **summer July/August** issue of the newsletter is Tuesday, **June 20** at 5 p.m. Send your committee reports and articles to [newsletter@huuf.org](mailto:newsletter@huuf.org) (email only). While many file formats are acceptable, .doc, .docx, .rtf and text are preferred, and .pdf and .pages cannot be used. Late submissions will not be accepted without prior approval.

*Stephen Sottong, editor*

## Becoming a member

If you are ready to become a member of HUUF, please talk to a greeter and we will schedule a time during the week for you to sign the Membership Book. There is a pamphlet available in the lobby which explains some of the details of becoming a member. We'd love to have you join us when you're ready.

*Awanna Kalal*

### CLASSIFIED ADS

Classified ads are 10¢ per word. Send your check to the HUUF office and the text of your ad to [newsletter@huuf.org](mailto:newsletter@huuf.org) (email only).



## HUUF Elder spotlight

Thea and Jim Gast arrived in Arcata from Washington State in 1961 with connections to other scientists already at HSU via University of Washington acquaintances Beverly and George Allen, and Louise and Rudy Becking. These couples birthed children within months of each other, were community activists together and contributed mightily to the building of HUUF.

Thea remembers when and why she decided to formally join the Fellowship. A family in their close group lost a baby to AIDS. Thea recognized that if something like that happened to her, she would need a support system of friends because family was far away. HUUF became that support community for Thea, who became a major support for the fledgling Fellowship. Thea served as RE director, taught the middle school class, edited the newsletter and chaired the Social Action Committee. She served as the HUUF Board president numerous times from the late 1970s to the 1990s. She was a UU Service Committee representative and shared in presenting annual United Nations Sundays.

After attending five UUA General Assemblies, two UUA Social Justice Peace workshops in Washington D.C., Pacific Central District retreats with the Women and Religion Task Force (WRTF) and Leadership School, Thea reflects, she had several “awakenings” from these events about how others live. As a result she worked for Arcata to become a nuclear free zone after seeing the devastation in the film *Hiroshima*. She recalls the enlightenment that came from shopping for a birthday card at a shop close to Howard University where all the cards depicted people of color. She adopted feminine pronouns in place of the accepted masculine after hearing them used at WRTF.

Another eye opener for Thea was the satisfaction she experienced in community activism and politics. A biologist by training, Thea had knowledge to contribute to public issues such as the Community Forest, and sewer and water systems. She also found progressive campaigns a good use of her energy. Thea served on the Arcata City Council for most of the 1980s, some of those as mayor. She sees several enduring Arcata practices from her service, but the legacy most known is the Sister City in Nicaragua.

We thank Thea and Jim for their wealth of contributions to many Humboldt organizations. They have gifted us with the riches of their talents and energies.

Thea’s leadership continues: Though in her mid-eighties Thea gave much thought to representing HUUF at this Summer’s General Assembly in New Orleans but the ill health of her potential traveling companion is keeping her at home.



*Sylvia Shaw*

## Climate facts

The April 2017 issue of *National Geographic* had an article entitled “Seven Things You Need to Know About Climate Change.” I want to highlight number seven: **We can do Something About it.**

The switch from fossil fuels is still just beginning. Every little bit matters. According to a 2016 study, every ton of CO<sub>2</sub> we emit melts 32 square feet of Arctic ice, which means the average American melts 525 square feet per year.

Clean energy is ever cheaper as sales of solar panels have increased; the cost has plummeted faster than experts predicted. None of this will help if the world doesn’t switch to a carbon-free energy supply soon.

Check your carbon footprint and look for ways to reduce it. I used carbonfootprint.com, which gave me a carbon footprint of 6.03, and ecologicalfootprint.com, which gave me 2.65 carbon footprint, just by answering a few lifestyle questions.

*Joanna Welch*



# Humboldt Unitarian Universalist Fellowship

P.O. Box 506  
Bayside, CA 95524

24 Fellowship Way (off Jacoby Creek Road)

(707) 822-3793    www.huuf.org

e-mail: office@huuf.org

Administrator: Roxana Stengl

Monday - Thursday 10 a.m. - 3 p.m.

Minister: Rev. Bryan Jessup

Monday - Thursday 10 a.m. to 2 p.m.

822-3793 minister@huuf.org

Director of Religious Education: (currently vacant)

### Board of Trustees:

Co-Presidents    Greg Blomstrom  
                          Kate McClain

Vice-President    Berti Welty

Secretary        Katherine Almy

Trustees         Joanna Welch

Pat McCutcheon

Treasurer        Cynthia Chason

Newsletter Editor    Stephen Sottong  
                                  newsletter@huuf.org

Calendar Editor     Roxana Stengl

## CLASSIFIED ADS

Single working mother of seven-year-old twins looking for male or female **care provider** weekdays 4-6 p.m. for school pickup, playtime and homework on Tuesdays, Thursdays, Fridays and the first Wednesday of each month. Possibility for additional hours. Our home is close to HSU. Please call or text 382-7568 or 630-3371 message.

**Tarot and Rune Readings** - Access your inner wisdom and ignite personal transformation, offered by Lucera. Sliding scale for HUUF members. Email for appointment: lovelucera@gmail.com, or find my phone number in the directory. Blessed be!



## The Heart Of The Matter

This will be a potluck and conversation about race and white privilege on Friday, **June 16**, at the Fellowship. The potluck starts at 6 p.m. and the program at 7 p.m. The program, facilitated by Zera Starchild and Jill Larrabee, will offer an opportunity to examine unconscious racism here in Humboldt County and ways that we might consciously work to root it out of our systems and ourselves.

*Bryan Jessup*