

# Humboldt Unitarian Universalist Fellowship



## Getting to Know our New Minister

July/August 2019

Rev. Anthony Johnson and his wife Lydia Johnson will be moving to Arcata in late July and will join us at the Fellowship retreat **August 2-4**. Rev. Johnson will participate in the Gathering of the Waters service on **September 8** and lead his first service on **September 15** at the Fellowship.

Because we have a couple of months before we can get to know Anthony it is understandable if we are a bit anxious and eager to know what our Fellowship lives will be like with this new person. This article is meant to help while we live through this period of the unknown.

I recommend you explore Anthony's own website, [an-johnson.com](http://an-johnson.com), where you can see pictures, read his resumes, watch videos of him giving workshops and sermons, and view some testimonials of UU dignitaries singing his praise. It will give you the best understanding of him until you can meet him yourself. Here are some highlights:

Rev. Johnson currently serves as Director for Congregational Life at the UU Congregation of Phoenix, Arizona after completing his internship at the Sedona UU Fellowship, and Pastoral Clinical Education at Banner Desert Medical Center, the sixth busiest trauma center in the country. He holds a Master's of Divinity Degree from Starr King as well as a Master's Degree in Human Learning and Development from Governors State University in Chicago.

Anthony is an Elder, an African-American cisgender heterosexual male who uses the gender pronouns he/him/his. He is married to Lydia Munoz Johnson and together they parent four children and five grandchildren. He is the eldest of four children and was born a Baptist in the South and raised as a Muslim in the North, never accepting either. He became a Unitarian Universalist in 2012. He is a former United States Army Officer. He has over 20 years in creative media production and executive management experience. He has been active in social justice activities since the late 1960's and is currently active in Black Lives UU, DRUMM, UUMA, and Finding Our Way Home.

Anthony loves music, practices and shares Tai Chi, enjoys playing word games and is a Master Poet. He loves travel, has been to forty of the fifty states and has served as a mentor to child-soldiers in war-torn Liberia, West Africa.

Bryan and Edie join the Search Committee and Board of Trustees in encouraging you to turn your anxieties into curiosity and to join us in gratitude for the ministry Anthony will bring.



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*My call to Ministry is not mine, as I am not listening to a call, as much as I feel like I am allowing myself to honor the pull of something much stronger than I and which started long before I ever showed up.* Rev. Anthony Johnson

Bonnie MacGregor

## People

Thank you, Sylvia, for carrying the torch and for all those who have come before her to keep this column going. My name is Jahnan Derso, and I am pleased to take a turn with this role. I am a mother, wife, and Health Coach as well as bodyworker in the community. Above all, I value my spiritual faith, as it is a core value for our family. We are grateful to have found the community of HUUF in order to grow and connect together.

I am noticing a need to take a breath together and from here we can decide what is the direction of the People Column. How does it best serve the Fellowship? Are joys, concerns and sorrows being aired in a manner that feels fulfilling, within the service itself? Shall we use the space of the People's Column to forge a new direction, or even one reminiscent of old?

As a newcomer I am open to any suggestions or feedback; otherwise, I can offer up my own insights. If it is to remain the same I request that people reach out to me to share their needs so I can reflect them in the newsletter. Thank you in advance for your kindness in this time of transition. You can contact me at: [wisdomiskey@gmail.com](mailto:wisdomiskey@gmail.com).

*Jahnan Derso*

## Soul Matters

A new Soul Matters Reflection Circle spiritual development program cycle begins in September. Please consider joining a Soul Matters Circle and/or being a Reflection Circle facilitator.

This year the Soul Matters Spiritual Development Program is run by our community UU minister, Jamal Tharp. If you would like to join us this year, please take this poll and indicate as many options of days and times that you are available to meet, as well whether you are available to facilitate a circle. This poll will help us organize more efficiently. <https://doodle.com/poll/wg73aistrgf62r3r>

Each year the Soul Matters Reflection Circle participants cross-pollinate. We form new circles with new members. This allows us to grow our friendships and connections with our HUUF community. The Soul Matters program is a project involving over 300 Unitarian Universalist congregations and ministers collaborating in the creation of worship, religious exploration and reflection circle resources. HUUF is using the Soul Matters themes found in our Soul Matters resource packets.

Monthly, we gather for intellectual stimulation, sharing and caring with each other. Our reflection time is 90 minutes. We utilize a theme-based resource packet for personal reflection that we receive a couple weeks prior to meeting. We are encouraged to review the packet and to try out one of the suggested spiritual exercises prior to our circle meeting. In our circles, we co-create plentiful opportunities to explore themes like balance, emergence and creativity, for example, out loud with friends. Each group has a facilitator or co-facilitators. Facilitator support and training is available.

Typically, reflection circles meet in a home. Many circles meet for only the 90-minute reflection time while other circles meet for a potluck meal, socializing time and the 90-minute reflection circle time. Some circles bring the whole family to our gatherings and we co-creatively come up with ways to support all ages of our beloved community during our time together. Our gathering is not work, it's play. It is our co-creative endeavor. Soul Matters gatherings are fun and meaningful for all ages. If you have friends that are interested in Soul Matters, please invite them to join you. This year, Soul Matters facilitators will be offered developmental support by Rev. Jamal Tharp.

Soul Matters participants for 2019-2020 cycle are welcome to a Soul Matters potluck gathering on Saturday, **August 11** from 5-8 p.m. Details forthcoming. **(Note: the date is changed from the original.)**

For more information, contact Rev. Jamal Tharp by email at [CommunityVisionHealing@gmail.com](mailto:CommunityVisionHealing@gmail.com) or 296-4008.

## Stonewall's Legacy poetry reading

Pat McCutcheon will be reading her poems selected for the new anthology, *Stonewall's Legacy*, commemorating the riots at Stonewall fifty years ago, and their aftermath. The reading will be held at Bayside Books in Sunnybrae Center on Friday, **July 26**, at 6:00 p.m. Pat will also read other new work and older poems by request.



## Religious Education

“Some old-fashioned things like fresh air and sunshine are hard to beat.” -Laura Ingalls Wilder.

In my work as a mindfulness teacher and trainer, I'm often impressed by the prolific studies documenting the tremendous benefits of simply being in nature. It is a resource we still have access to here at the Fellowship. The grounds feel a little different during the quiet hours of the week. I sat yesterday on a bench in the memorial garden and just listened to the birds for nearly an hour. Their peaceful presence changed the way I spoke. My words were softer, slower – a sense of connection palpable and comforting. May the pace of your life slow down enough so that you can drink in the abundance of fresh air and sunshine, and trust that this too is tremendously valuable.

### Family Practice:

Find a favorite bench outdoors. Listen quietly, then record what wisdom comes through in a journal. Share what you wrote during a backyard picnic or over a glass of lemonade.

### Playscape Renovations: Volunteers needed

The RE Committee has hired stonemason, Ryan McCutchan to lead us in the first phase of the playscape renovations. Ryan has a degree in Religious Studies from HSU. He engages in his work with a strong spiritual foundation of creating beauty with intentional respect for the resources of the Earth. We are thankful that Vaden Lee has volunteered to grade the grounds in preparation for our new patio. Ryan will then lead volunteers in laying the patio. If you'd like to join our volunteer crew for a few hours or a few days, you can expect to laugh, have profound conversations, and deepen your connection with this beautiful place we are so blessed to steward. Contact Therese at [t\\_keslin@hotmail.com](mailto:t_keslin@hotmail.com) or 498-3564 to join the crew and get exact work times. You can view Ryan's work at [humboldthearthstones.com/gallery](http://humboldthearthstones.com/gallery) to get inspired.

### Drum Camp:

Humboldt Drum Camp, a project of the Ink People, will host one week of their summer series for 3rd-8th graders at the Fellowship again. Campers explore the steel pan, samba and West African drumming from 10-3, **July 22-26**. Registration is \$150 per camper. Partial scholarships are available. Contact Jesse Jonathon at 498-7795 or [humdrumcamp@gmail.com](mailto:humdrumcamp@gmail.com).

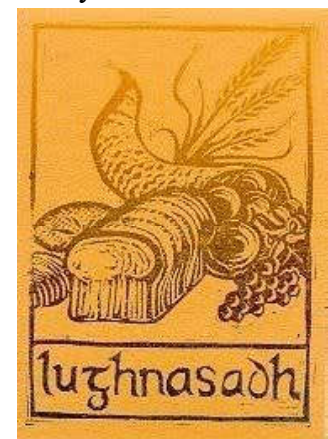
### SO-REUNite: Summer's Over-Religious Education UU Night

Join us **September 14** at 5:00 for a taco bar potluck and kick-off celebration of the new year. Families will have a chance to socialize, meet the new teachers, and hopefully our new minister too.

## Lammas ritual

Lughnassadh, Lammas, Cornucopia. The first of three harvest festivals has many names. It marks the peak of summer vegetables and the approaching ripeness of grains. On Thursday, **August 1**, from 6:30-8:30, we will have a ceremony and afterward break bread and have a light potluck. Please bring locally grown fruit, bread, or dishes made with local produce or grains. All ages welcome. For more information contact me at 601-6447. Blessed Be!

*Yemaya Kimmel*



## Bryan and Edie's going away party

HUUF will be hosting Bryan and Edie's going away party on Sunday, **July 7** after the service. The party will be a salad potluck, with watermelon and beer. HUUF will supply the greens and you bring your favorite salad ingredients, or even better, bring a different salad like macaroni, potato, three-bean, fruit salad, quinoa salad, etc. HUUF will also supply non-alcoholic drinks and child care. Beer has been brewed especially for the event by Dave Harris and Greg Blomstrom. The schedule starts with set up beginning around 11:30 with food and beer between noon and approximately 1:30 with speechifying, proclamation and gift presentation and personal remembrances at 1:30. Cleanup begins no later than 3 p.m. See you there.

*Greg Blomstrom*

## Estate sale

The Suzanne Moore estate sale will be held Saturday, **July 13** from 9:00-4:00 at HUUF. The sale is open to the public; do invite your friends. There will a preview for HUUF members on Thursday, **July 11** from 5:00-7:00. Suzanne endowed all assets to HUUF. Proceeds from this sale will increase the endowment and could help balance our budget.

Items in the sale include furniture and household goods, books, art materials, and knick-knacks. Suzanne was a prolific artist, using various art media, and her artwork will be included in the sale. There will also be art from other artists she collected, and there are antiques.

Volunteers are needed to help with the sale, for set-up before the sale, and for cleanup afterward. We also need some volunteers during the sale. Due to the furniture included some very strong individuals are needed. Volunteering is a way to support our Fellowship Community. Come, enjoy, and shop. Call Cheryl Rau at 826-7107. Note this not a barn sale. This estate sale is at the Fellowship.

## Sparkle & Shine picnic

Grab your broom, dustpan, and cleaning rags and join us following the service on Sunday, **July 28**, as we spruce up our building and grounds for our coming year. As September approaches, and with it the arrival of our new minister, Rev Anthony Johnson, we want to make HUUF sparkle and shine.

There will be plenty of tasks for everyone: removing the books and shelves from the Minister's office, cleaning the office and possibly painting; moving and repairing the chairs (bring screw drivers); cleaning in the sanctuary and foyer; and washing windows throughout (sparkle needed). And then outside: trimming and weeding; revitalizing patio area ... and the list goes on.

If you want to be part of the activity and fun, but don't feel you can handle jobs mentioned, we need volunteers/donations to keep the crews fed and hydrated and someone to work in kitchen coordinating and washing up.

So wear your work clothes, bring your tools and cleaning equipment and prepare for a fun, worthwhile experience. There will be a sign-up sheet in the foyer. Children are welcome to help (if they are willing and able) and there will be childcare available. For more information contact Kate McClain: [katemcclain1@gmail.com](mailto:katemcclain1@gmail.com), 839-0313.

*JoAnn Thomas*

## UUs in Alaska

Have you heard of Whalecoast Alaska? It's an Alaska tour that's a fundraiser for several of their UU fellowships. They actually have two tours every summer. I just got back from an amazing ten days with 40 UUs from all over the US and Canada, including train rides through the mountains, a boat ride around the Kenai Peninsula - up close and personal with glaciers and whales, and a bus trip thru Denali where I was lucky to see the largest mountain in North America. I had home stays with UU families in Anchorage and Fairbanks, attended services and potlucks at both (including a scenic canoe trip to the Fairbanks service). They both like to sing 'Blue Boat Home' and 'Spirit of Life,' as we do. There were many opportunities to learn about Alaska tribes, especially the Athabascans, whose territory we were in, along with a trove of information about life in that beautiful state. Did I forget to mention grizzly bears, moose and caribou?

I heartily recommend Whalecoast to any UU who wants to see Alaska.

*Bert Taylor*

## Membership Committee update

"Summer time, and the living is easy," so the song goes. As usual, it's a time for relaxing and gearing up for the months ahead. This summer promises to be busy for all of us at HUUF as we plan and enjoy summer activities, events and programs and prepare for an exciting new year with our new minister, Rev. Anthony Johnson.

If you are interested in finding out more about becoming a member, please ask a greeter at the welcome table. New member orientations will resume in the fall. We will host a Committee Faire on **September 22**, where individual committees of our Fellowship will explain their activities, responsibilities and how you can assist them. More information in the September newsletter.

*JoAnn Thomas*



## Climate Action Committee news

In the May newsletter, we failed to acknowledge and thank the following members of the Youth group for their Big Think and Challenge skit presented during the **March 17** service: Tabitha Bourne (author and performer); and performers Abigail Hasting-Tharp, Kit Lynn, and Sandy Lynn. Thank-you bouquets to the following for their help with the youth for the art exhibit and skit presentation: Bridgette Garuti, Cheryl Rau, Dave Woody, Kit Lynn, Sandy Lynn, and Therese FitzMaurice.

Sue Lee Mossman was officially elected as chair of the CAC for the next Fellowship year, after which she will be stepping down.

Visit our fourth Sunday letter-writing table on **July 28** and **August 25** to write to your legislators on key climate issues. Stationery and postage provided.

Scott Allen will be attending our **August 11** CAC meeting to review and update us on past efforts that have reduced our carbon footprint and future plans that will further reduce our dependence on fossil fuels.

*Sue Lee Mossman*



## Climate movie

Join us on Sunday, **July 14** at 7 p.m., when the Climate Action Campaign Committee will host a screening of the National Geographic documentary, *Paris to Pittsburgh*, at HUUF. When President Trump pulled out the Paris Climate Agreement, he stated that he wanted to support Pittsburgh, not Paris. When the mayor of Pittsburgh heard that, he let President Trump know that Pittsburgh stands with the Paris Climate Agreement. This incredibly inspirational film demonstrates how we, the people of cities, counties and states around the country, are able to meet 100% sustainable energy by 2030. The film is narrated by Emmy and Golden Globe award winning actress Rachel Brosnahan. *Paris to Pittsburgh* brings to life the impassioned efforts of individuals who are battling the most severe threats of climate change in their own backyards. The film captures what's at stake for the communities around the country, and the inspiring ways Americans are responding.

*Joanna Welch*

## Chalice lighting read by Rebekah Paez for the Board retreat

We light this chalice for all the times you have lit this chalice,  
For every time you struck the match,  
Or found another box to strike,  
Or empowered a fidgety child to do the same.  
We light this chalice for all that you've done,  
For all you fostered and cultivated and nudged,  
For all you've suggested and directed and maneuvered.  
We light this chalice for the intensity of your reactions,  
In responding to grace and rejecting mediocrity,  
Within the tender balance between tradition and choice.  
We light this chalice for your being here now,  
Out of calling, out of commitment, out of love.  
We light this chalice for the time you have spent,  
Preaching and herding and healing.  
We light this chalice for you, Reverend Bryan Jessup.



## Coffee help needed

I'm taking a break from HUUF this coming year to pursue a physical challenge. I'll keep ordering coffee and help maintain the kitchen as needed.

The coffee makers have been consistent the last three years, but that is now changing. Without additional people, there won't be coffee many Sundays. Anyone willing to commit to three hours per month (one or more of making coffee, clean up, laundry) please contact me at [jangrowen@gmail.com](mailto:jangrowen@gmail.com) or 599-1250. If we have at least four people, you would only have to do one Sunday per month. I'll be here through August to show you the ropes.

*Jan Rowen*

## Committee requests

The Fellowship Council (also known as Council of Chairs) is a periodic gathering of HUUF Committee Chairs. Meetings are open. At last month's meeting, these requests for additional help were made:

**Building Committee:** would appreciate new volunteers who will join in advancing the 5-year plan for needed maintenance of our very special place.

**Caring Circle:** is hoping that more of us would step forward to help with their caring activities, such as acting as "transportation buddies" for Sunday services and medical appointments.

**Adult RE (Religious Education/Exploration):** If you would like to help with learning and discussion opportunities at HUUF, please consider volunteering with the Adult RE committee.

*For more information on the opportunities on the above three Committees please contact Cathy Hanafi at [cbhanafi@yahoo.com](mailto:cbhanafi@yahoo.com).*

**Memorial Committee:** would appreciate additional volunteers to help maintain the Memorial Stones Biography book, ordering new name engravings on the stones, labeling memorial plants, and accommodating requests for ash placement.

**Lunch Bunch:** is in transition. Attendance at monthly lunches has dwindled. We are considering turning this meeting into a bag lunch discussion group with a pre-announced topic. We invite you to participate.

**Labyrinth project:** Judy Rishel needs volunteers to help make a meditative Labyrinth.

*For more information or to sign on to help with the above three efforts, please contact Judy Rishel at 510-701-426, or [judy@rishel.com](mailto:judy@rishel.com).*

**Soul Matters:** facilitators are needed for the coming year. You will work with Rev. Jamal Tharp who has shepherded the program this past year. To learn more about Soul Matters group facilitation, email Rev. Jamal Tharp at [communityvisionhealing@gmail.com](mailto:communityvisionhealing@gmail.com).

Thank you for considering these opportunities to help out while creating lasting connections with other members. Find a complete list of HUUF committees - they all appreciate new members - at <http://huuf.org/members/committees/>.

*Cathy Hanafi*

## Caring Circle request

Caring Circle needs your help. We want to fulfill our committee mission "to cherish and care for all of our Fellowship community." We cannot be of service in a crisis if we are unaware of unmet needs. Please call one of our members — Eve Anderson, Jeanne Chapin, Nancy Engel, Linda Lee, Marianne Pennekamp, Sylvia Shaw — if you or any Fellowship friend or member needs help in a crisis (we are listed in the Fellowship directory). Assistance can include meals, transportation, errands if housebound, confidential support during a medical appointment, or a friendly telephone check-in. Help us to help you.

*Nancy Engel*



## Art & Aesthetics

Attention all artists: Heads-up for the big all-Fellowship show in September. Paintings, photos, small mosaics, collages, small fiber art pieces, etc. will be accepted. The show will honor and celebrate a new chapter for HUUF as we welcome our new minister.

*Cheryl Rau*

## Deadline info

Deadline for the **September** issue of the newsletter is Tuesday, **August 20** at 5 p.m. Send committee reports, announcements and articles related to HUUF to [newsletter@huuf.org](mailto:newsletter@huuf.org) (email only).

While many file formats are acceptable, but .doc, .docx, .rtf and text are preferred, and .pdf and .pages cannot be used. Late submissions are not accepted without prior approval.

Full guidelines are available at:

<http://huuf.org/upcoming-events/newsletter-2/newsletter-guidelines/>

*Stephen Sottong, editor*

### CLASSIFIED ADS

Classified ads are 10¢ per word. Send your check to the HUUF office and the text of your ad to [newsletter@huuf.org](mailto:newsletter@huuf.org) (email only).

## All-Fellowship Retreat

Get ready to join the HUUF congregation and our new minister, Rev. Anthony Johnson and his wife Lydia Johnson, for the fourth Annual All-Fellowship Summer Retreat, happening **August 2-4** at Mattole Camp and Retreat Center. A mixture of stimulating workshops and crafts, inspiring worships, invigorating hikes, relaxing river time, and fun-filled fellowship combine for a delightful weekend. There will be special Kid Zone activities, teen programs, a Talent-Optional Talent Show, and intergenerational happenings for all to enjoy.

The theme this year is “Make NUU (New) Friends.” This is a wonderful chance to connect with others in a relaxed setting. For the same price, you have your choice of staying in one of the cabins or pitching a tent. Cabins have bunks with mattresses and indoor plumbing. The lodge is fully handicap accessible, including the guest rooms. To keep the costs down, we will be doing our own cooking.

Costs for the weekend, which include lodging, food and all activities, are: Adults \$105, Youth (6-12) \$80, Child (2-5) \$60, infants free, \$300 max for immediate family. Some partial scholarships will be available, depending on donations to scholarship funds. Full details can be found on the flyer/registration forms in the foyer and at the retreat table on Sundays. To register online, go to the Fellowship web site: <http://www.huuf.org>, then News & Events, Upcoming Events.

Scholarship request deadline is **July 7**. Registration deadline is **July 21**.

For more information contact me at 499-1131 or [sandy5527@sbcglobal.net](mailto:sandy5527@sbcglobal.net).

*Sandy Lynn*

## Retreat recycle opportunity

I am planning a kids activity at the retreat that uses the metal lids from the cardboard frozen juice containers. Will anyone who uses that kind of juice please save those lids for me? I'll need lots. Thanks! Linda Lee 442-1068

## High notes

We're taking a “cesura” for the summer. Thanks everyone, for another wonderful year of singing. As I complete my 11th year as your choir director, I am filled with joy and gratitude for your generous presence every week as well as your willingness to grow musically as individuals and as a group. It is a genuine pleasure to work with you.

The choir will be on hiatus after June 30 and will resume regular rehearsals on Wednesday, **August 21**. We will meet for a mini retreat on Saturday, **August 24**, from 10:00 a.m.-1:00 p.m. Location TBA. Watch for updates in early August. You can reach me anytime with questions at: [elisabethharrington@gmail.com](mailto:elisabethharrington@gmail.com)

Keep singing, everyone. I wish you a summer filled with laughter, flowers and harmony.

mUUsically yours,

*Elisabeth Harrington*



## Volunteer of the month

The Caring Circle would like to recognize Sylvia Shaw as our Volunteer of the Month. As an active member of our committee, Sylvia has researched and written the monthly newsletter People Column that informs readers of both highlights and sorrows in the lives of our Fellowship family. Although Sylvia is retiring from this position, HUUF will continue to benefit from her many contributions. Sylvia recently organized and supervised a major cleaning and refreshing of our kitchen. In addition, she worked to qualify the HUUF kitchen for rental as a commercial kitchen, meeting the necessary health and safety standards. As a member of the Climate Action Campaign, she successfully promoted a green, sustainable policy for all events. Another committee benefiting from Sylvia's good energy is Stewardship, which is currently working very hard on our pledge drive. Finally, Sylvia's many years of volunteer efforts are not limited to HUUF but extend to the wider Humboldt community where many projects have been well served by her wisdom and hard work.

*Nancy Engel*



# Humboldt Unitarian Universalist Fellowship

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## Board of Trustees:

Co-Presidents	Berti Welty Greg Blomstrom
Vice-President	Cathy Hanafi
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## Multicultural Transformation Day

On **September 21**, Rev. Dr. Jonipher Kuponu Kwong, Regional Staff for the UUA, will facilitate a daylong interactive workshop at HUUF, grounded in our Principles and progressive theology. We will spend the morning reviewing the “Intercultural Development Continuum” and going over results for the Intercultural Development Inventory. In the afternoon, we will role-play what microaggression could look like in a congregation and come up with examples and strategies for transforming white supremacy culture into a diverse evolving culture of love and justice. We will end the day with some concrete goals to implement a plan for a more racially just congregation. In doing this work we will engage in the process of multicultural transformation within our Fellowship, our faith tradition and in the wider community as well.

In a polarized society where differences divide rather than unite us, what is a faithful response to building Beloved Community? What does multicultural transformation mean and what might it look like? How can we foster inclusion and equity by both increasing our intercultural competency and practicing cultural humility? What tools can we use to dismantle white supremacy culture and curb microaggressions?

Congregational leaders, and aspiring leaders, are encouraged to attend. Each person will need to register at: <https://register.pwruua.org/event-registrations/mtd-humboldt/>. Scholarships and childcare, if needed, will be available. Bring your favorite toppings and dressings for a healthy green salad lunch. Arrive by 8:30 for bagels and coffee. The program runs from 9 a.m. to 4 p.m.

There will be videos and reading and discussion and a survey to be done before this one-day course. To give you time to complete the pre-course material, registrations must be in before **August 11**. The cost is \$25. For further information, contact Greg Blomstrom or Berti Welty, or go to: <https://idiinventory.com/generalinformation/the-intercultural-development-continuum-idc/>



## July Services

### **Sunday, July 7 – 10 a.m. – Songs of Love, Laughter and Leaving – Sandy Lynn**

In celebration of our six years with Rev Bryan and Edie Jessup, Sandy Lynn will lead us in singing songs that reflect our experiences together. We will also sing our way into the adventures ahead, whether it be retirement for the Jessups or our congregation's journey toward learning how to "make new friends but keep the old." A farewell party for the Jessups will follow the service.

### **Sunday, July 14 – 10 a.m. – Embracing Change, Leaning Into Conflict – Dave Troxel**

Change is said to be the only constant in life, and the conflict that often accompanies change can present some of life's greatest opportunities. As part of our Fellowship and the larger human community, we find ourselves immersed in change, and the opportunities for growth in relationship and understanding are also constantly expanding. This service will illuminate some of the resources and tools we can all use as we grow together in beloved community. We will invite a discussion of how these resources can be applied to the opportunities being encountered every day in the life of HUUF.

### **Sunday, July 21 – 10:00 a.m. – Poetry of Change – Pat McCutcheon**

As we explore a time of transition for the Fellowship, come hear poets from the congregation share their work. We will also hear poems written by our incoming minister, Anthony Johnson, from his book "What If God Is a Woman?"

### **Sunday, July 21 – 10 a.m. – What Nourishes My Soul in Times of Change – Berti Welty**

Berti will share some ideas to set off our thinking caps. Then, together we'll share practices, perceptions, actions, etc., which may help each of us rejuvenate our energies and regain our balance. Come prepared to join in the discussion and celebration. Together we will nourish each other. What feeds your soul?

## August Services

### **Sunday, Aug. 4 – 10 a.m. – Books as Inspiration – Ann King and JoAnn Huffman**

Reading opens whole new worlds to us. It's a gateway into lush gardens of thought, attitude, inspiration and speculation, providing new views into imagination and possibilities for action. Bring one or two of your favorite books and be ready to share their essence. Maybe bring a small notepad along so you can start yet another reading list.

### **Sunday, Aug. 11 – 10 a.m. – Hiroshima and Nagasaki 75 Years Later – Maureen Lawlor**

It's been seven decades since these two events rocked the world. In all that time, and with all that reflection, what have we learned, if anything? Are we human beings somehow different with how we deal with each other? What, if anything, do we hope to pass onto future generations? This will be an interactive program.

### **Sunday, Aug. 18 – 10 a.m. – Curiosity: Turning Change into Adventure – Todd Hoberecht**

Change seems to be a constant in our lives. Each day our bodies change, the seasons change, the tides come and go, forever changing the beaches near us. Here at HUUF we are in a season of monumental change with Edie and Bryan leaving us. Today we will look at curiosity as a means of not only weathering this season, but making it rewarding, exciting and, like spring, a time of new opportunity.

### **Sunday, Aug. 25 – 10 a.m. – To Be Announced**

# Looking Ahead

## Options for getting involved

### HUUF Events

#### June

Fr June 28 6-7:30 p.m. Ancient Forest Sangha

#### July

Sa July 6 9-11 a.m. Worship Leaders Meeting

Su July 7 11:30 a.m. Bryan's Retirement Pizza Potluck

Tu July 9 11 a.m. Membership meeting

Sa July 13 9 a.m.-4 p.m. Moore Estate & Art Sale

Su July 14 11:30 a.m. Climate Action Committee

Mo-Fr July 22-26 10 a.m.-3 p.m. Steel drum youth workshop

Fr July 26 6-7:30 p.m. Ancient Forest Sangha

#### August:

Th Aug. 1 6:30 p.m. Lammas ritual

Fr-Su Aug. 2-4 HUUF All Fellowship Retreat at Mattole Camp & Retreat Center

Sa Aug. 3 9-11 a.m. Worship Leaders Meeting

Su Aug. 4 11:30 a.m. Social Action meeting

Tu Aug. 6 11:30 a.m. Web committee

Fr Aug. 9 6-7:30 p.m. Ancient Forest Sangha

Su Aug. 11 11:30 a.m. Climate Action Committee

Su Aug. 11 5-8 p.m. Soul Matters potluck **(Note: date/time change)**

Tu Aug. 13 11 a.m. Membership meeting

Tu Aug. 13 5:30 p.m. Board meeting

Fr Aug. 23 6-7:30 p.m. Ancient Forest Sangha

#### September:

Su Sept. 1 9:00 a.m. Teacher's meeting

Su Sept. 1 12:30 a.m. Social Action meeting

#### Weekly:

Thurs. 7-9 p.m. Reflections – open discussion group in CARE building

Sun. 10 a.m. Sunday Worship Service – summer schedule

#### Future and/or Out of Area:

Sa Oct. 26 Halloween Festival

Sa Sept. 21 Intercultural Development workshop

Su Sept. 22 Volunteer Fair