

# Humboldt Unitarian Universalist Fellowship



July/August 2024

To the beloved HUUF community

## Nurture. Embody. Empower.

These are the words inscribed on our logo, the ones we have chosen to encapsulate the work we aim to do together as a congregation. It is our stated goal and purpose.

This summer, we'll be asking you to inform us about the ways you witness, cultivate, embody the values we carry as a collective within the confines of your individual life. What do your personal practices look like? How do you nurture the seeds of the sacred within your being? What does it look like for you to embody the quality of *Love*, say, or *Pluralism* or *Equity*?

Over the next eight weeks, each Sunday we're inviting you to weigh in. Tell us about a time in your life you witnessed one of these qualities spring to life. Share a song, poem, story or brief reflection, telling us what this means to you.

Below is a description of the values put forth in Article II, the Principles and Purposes of the Unitarian Universalist Association. For more detail, go to the UUA website at <https://www.uua.org/re/article2/2023-resources>

\* \* \* \*

At the center of the values is **Love**.

Love is the power that holds us together and is the center of our shared values. We are accountable to one another for living our shared values through the spiritual discipline of Love.

### Interdependence

We honor the interdependent web of all existence. With reverence for the great web of life and with humility, we acknowledge our place in it. We covenant to protect Earth and all beings from exploitation. We will create and nurture sustainable relationships of care and respect, mutuality and justice. We will work to repair harm and damaged relationships.

### Pluralism

We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

We covenant to learn from one another in our free and responsible search for truth and meaning. We embrace our differences and commonalities with love, curiosity, and respect.

### Justice

We work to be diverse multicultural Beloved Communities where all thrive. We covenant to dismantle racism and all forms of systemic oppression. We support the use of inclusive democratic processes to make decisions within our congregations, our Association, and society at large.

### Transformation

We adapt to the changing world. We covenant to collectively transform and grow spiritually and ethically. Openness to change is

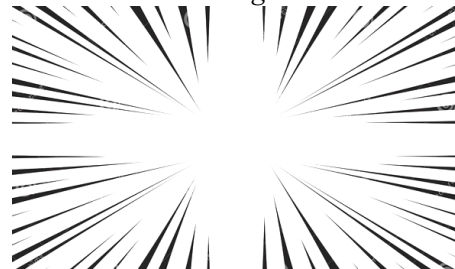
See "*Values*" on page two

## No Zoom services this summer. Come boost HUUF's Zoom crew!

HUUF will take a break from hybrid In-person/Zoom services this July and August, due to the lack of available volunteers. But you could help change that situation. On August 11 before that Sunday's service, Steve Sottong will provide a training on how to set up a Zoom service. Zoom enables HUUF to extend its reach beyond the Sanctuary to people who lack transportation or who first want to learn more about us. It's especially good for our older members who may have mobility issues and for those who are ill. We'd like to keep this service to our members and the public going, but currently only two of us do all the services. We'd like to create a group of people who can share this task so it's not a burden.

The training will begin at 10:30 a.m. Please arrive at the Sanctuary a few minutes before that. The process isn't difficult and doesn't require technical knowledge. Come and learn how to help HUUF continue this valuable service, and if you want to help but can't make it, reach out to Amy at [comm@huuf.org](mailto:comm@huuf.org)

Steve Sottong



## A letter from Bridgette Garuti

Dear Beloveds,

I'm trying something new. Throughout my tenure at HUUF, I've taken my paid time off in small increments throughout the year. Prioritizing my work responsibilities, conscientiously choosing to not be gone for too long a stretch. After all, that would require immense planning and lots of scrambling to catch up on my return. Plus, who would tend to the many needs for an extended time? Sounds justifiable, no?

True, there will always be endless lists to tend to. Equally as true, I am learning, there is great value in simply stopping, resting, and fully unplugging. Friends, let me tell you, it's been really hard to resist the urge to glance at the inbox or catch up on a few things without other distractions during my time off. But is that really downtime? Unlearning these habits that live within the cellular level of my being, grooves deeply ingrained and reinforced by an unhealthy capitalist mindset, is a challenge. So I'm trying something new. I am taking a long summer vacation. Placing myself on hiatus beginning July 4, for three consecutive weeks! I am placing both feet firmly on the recharging station, taking care to replenish properly, recognizing this will create greater ease for myself in the long run. I hope to recharge and ready myself for more expansive leadership when I return to the office on July 29. See you then!

A special thanks to my co-leaders Amy Day and Rebekah Paez for encouraging me and for stepping in to hold space and wear a few of my hats while I'm gone!

*Bridgette Garuti, Director of Congregational Operations*

## All-Fellowship Summer Retreat August 9-11

Plans are underway for a weekend return to the Mattole Camp and Retreat Center in Petrolia, along the Mattole River. This is a special time for members and friends to make memories, savor the sun, renew in the river and celebrate our beloved community. Check the HUUF website for registration and fees. Our next planning meeting will be after service on Sunday, July 14. Please come be a part of the magic.

## Martinis in the Labyrinth

That's the intriguing title for a reception and an evening of readings at the Fellowship at 7:00 p.m., Friday, July 12. HUUF member Pat McCutcheon's debut book of poems is called *Through the Labyrinth*. Her good friend John Cooper's debut book of poems is called *Garage Martinis*. He and his wife Susan, currently members of the Mount Diablo UU, are heading north for a visit. Pat and John will be reading from their books, hence the evening's title, and they'll have additional poems as well.

Both books will be available for sale. A reception will follow the hour-long reading. We hope you can come to this enjoyable event.

*Pat McCutcheon*



## Values, from page one

fundamental to our Unitarian and Universalist heritages, never complete and never perfect.

### Generosity

We cultivate a spirit of gratitude and hope. We covenant to freely and compassionately share our faith, presence, and resources. Our generosity connects us to one another in relationships of interdependence and mutuality.

### Equity

We declare that every person has the right to flourish with inherent dignity and worthiness. We covenant to use our time, wisdom, attention, and money to build and sustain fully accessible and inclusive communities.

These words put forth from others provide a worthy and intelligent frame upon which to weave our own conversations. But ultimately, the way these values gain relevance and meaning lies in how we choose to nurture them, embody them, talk about and promote them in our own lives and communities. And how we empower one another in this ongoing work.

We look forward to hearing from you.

Yours in grace and gratitude, your shared ministry team,

*Amy Day and Bridgette Garuti*

## Board report

Our meeting on Tuesday, June 11 was attended by Pat McCutcheon, Margy Emerson, Montana Coauette, Chris Chapin, Corazon Amada, Josh Charles, Jason Taraoka, Amy Day, and Bonnie MacGregor.

The Board was joined by Bonnie for the member comment time. Bonnie had helped us with the consensus decision-making process regarding the coming year's budget during the June 2 Congregational Meeting. We had problems with the decision making process and Bonnie had suggestions for improving this. She shared a couple documents with us, *Peacemaker Briefings for Consensus Decision Making* and *Consensus*, by Starhawk. Both articles are available for review from Chris Chapin. Bonnie and Corazon will be leading the Board, and later the Fellowship, in discussions about how we might improve our consensus process ahead of September's Congregational Meeting when we will consider whether to resume a search for a minister.

At the Congregational Meeting, the Fellowship approved Hart Mendenhall as HUUF Treasurer, and adopted the proposed 2024-25 budget. Unfortunately, we ran out of time to complete the discussion on the proposal for all-gender bathrooms. We will continue to gather input and possibly return to the congregation with that proposal later this year. Ideas and opinions continue to come to us on this.

On Saturday, July 27, the Board will conduct a half-day retreat focused on fundraising. We feel that relying on pledge and endowment funds to balance HUUF's budget will not work in the long term. Ideas for this would be more than welcome. We hope to have positive news to report on this sometime next year.

After the disappointing results of HUUF's contracted mowing service, Montana Coauette has generously offered to take over the grass cutting each month for a fee that is much less than we are currently paying.

Rev. Tom Lewis' California Care Force Free Vision and Dental Clinic will take place on July 12 and 13, 7:00 a.m. to 5:00 p.m. Volunteers are needed for this important event. To participate, please go to <https://www.californiacareforce.org/Volunteer/Volunteer-Opportunities#GV> and scroll down to General Volunteers. This will guide you through the sign-up process. Thanks!

Our next Board meeting is scheduled for July 9, 7:00 p.m., in the HUUF Sanctuary. The first 30 minutes are provided for members to share their ideas and concerns with the Board.

*Respectfully submitted by Chris Chapin, Board Secretary*

## Financial Report from the June 2 Congregational Meeting

The congregation easily came to consensus on Hart Mendenhall's nomination as Treasurer for the Board of Trustees. The Board and the Finance Committee are looking forward to working with him. Thank you, Hart!

The congregation also approved the 2024-25 budget as submitted by the Finance Committee and Board. A link to that budget is in the May 31 *HUUF Weekly* under "Congregational Meeting Agenda." The approved budget is not immutable and can be altered as we progress through the fiscal year (July 1 – June 30).

Much of the discussion centered on our annual dues to the Unitarian Universalist Association. Last year, the UUA graciously accepted half of what our membership level indicates we should pay—\$6,500 instead of \$13,000. We will pay the same reduced amount for the coming fiscal year. In order to help us out, the Endowment Committee paid \$5,000 of our dues last year and agreed to do the same this year. Not intending this to be a permanent arrangement, the Endowment Committee would like us to bring this expense back into our annual budget in 2025-26.

We also discussed increasing our Honor Tax to bring it to one percent of our operating budget—\$225,388—which would make it \$2,254. By accepting the budget as it is, we made no change to the \$1,500 we have been paying. Again, to help us out, the Endowment Committee paid the full \$1,500 for 2023-24 and agreed to do this again this coming year. They would like us to bring this expense back into our annual budget also, beginning 2025-26.

Our 2024-25 budget shows a \$13,000 deficit, which means we need to exceed our fund-raising goal in order to erase this shortfall. Please be sure to pledge or even increase your pledge if you can. The Board and the Shared Ministry Team will be cooking up additional fund-raising ideas this summer, and welcome suggestions from the congregation.

*Margy Emerson, Board Co-President, Chip Sharpe, Finance Committee member, and Cynthia Chason, Endowment Committee Chair and Finance Committee member*

## Trivia Fundraiser on July 26

Attention trivia titans and jackpot jesters: Flex those mythological muscles and join the epic quest for glory and riches! Prepare for a night when brains battle brawn and wisdom is worth its weight in gold (or at least 50% of the pot). "Divine Deities" trivia tickets will be sold online at [huuf.org](http://huuf.org) and at the door, \$10/person. No limit or minimum to the number of people on your team. The winner(s) will receive half of the ticket sales and the other half will go to HUUF.

Drinks will be sold, with free snacks. All ages welcome. Bonus points will be given for dressing on theme (divine deities and godly heroes, mythological creatures, all traditions and lore invited). The fun begins at 7:00 p.m., Friday, July 26 at HUUF. Questions? Contact Rebekah at [connect@huuf.org](mailto:connect@huuf.org)

## Understanding the Wiyot honor tax

At the June 2 Congregational Meeting there were questions about the Fellowship's honor tax. With help from Bridgette Garuti and Rebekah Paez, I've compiled some information that I hope will answer those questions.

In 2019 HUUF, by consensus, committed to pay an honor tax to the Wiyot Tribe as one small thing to acknowledge our use of unceded Wiyot territory, and committed to continue to give annually for the years to come.

The website of Cooperation Humboldt offers this definition. "An honor tax is a tangible way of honoring the sovereignty of Native Nations. It is called a tax because it's not a gift or donation. The tax is voluntary...the amount is decided by the individual or business or other organization...and is paid directly to the Wiyot Tribe." The Fellowship modeled our dollar amount commitment by following Cooperation Humboldt's honor tax of one percent of their annual revenue. In 2019 one percent of HUUF's annual revenue was \$1,500, now it would be closer to \$1,750.

The delegates of the 2020 General Assembly of the Unitarian Universalist Association called upon the UUA and its member congregations "to research, identify, and acknowledge the Indigenous peoples historically and/or currently connected with the land occupied by congregations, and find ways to act in solidarity with or even partner with those Indigenous peoples; and examine practices relative to Indigenous peoples, particularly the narratives regarding UU origins and US holidays including Thanksgiving."

The year that the Fellowship took on its honor tax commitment, the UUA Common Read for 2019-2020 was *An Indigenous People's History of the U.S.* The Fellowship sponsored a book group discussion.

Michelle Vassel, Wiyot Tribal Administrator, explains the tax this way: "Tribal governments provide essential service to their citizens. Other governments tax property, land, and income in order to provide these services. Tribal governments cannot do this as their ancestral territory is occupied. We cannot tax our own people because they are already paying local, state, and federal taxes and tribal lands are held in trust by the federal government, or being taxed by other governments. The Wiyot Tribe operates primarily on grant funding. That places tribes in a position of being subject to the whims of the federal government and nonprofit foundations which often dictate how funds must be spent. For me, the honor tax is a really important tool to develop economic sovereignty because it allows us to choose how we spend funds with no strings attached."

We may discuss HUUF's honor tax in the future. Hopefully, this information will help inform our

## Peer admin support group on Wednesdays starting July 3

Could you use a hand filling out some pesky paperwork? Need to get some things done online, but lack access to good wifi or a printer? Bring that pile of to-do's to HUUF on Wednesdays from 3:00-5:00 p.m. Whether you could use a little technical or moral support, or just a little connection and accountability to help get those less-than-fun items off your list, we're here to help (each other). Contact Amy if you have any questions.

## Power of Presence resumes in September

We have had two monthly community care listening circles now, lovingly and skillfully facilitated by Karen Harris. Thank you to all who've participated and contributed your voice and vision to this space. We'll pause for the summer, with plans to resume in September joined by other spiritual and mental health professionals to help us learn to better support one another on life's journey.

## Weaving the web of connection: help plan the Halloween Festival

Got an idea for a skit, song, craft or fun activity? Join our planning team on Tuesday, July 16, 6:00 p.m. on Zoom. If you're part of a HUUF committee, it's also a great opportunity to raise funds for the work you do. Come share your ideas and help support this beloved Fellowship tradition. Contact Amy for more information: [comm@huuf.org](mailto:comm@huuf.org)

## Joyful Healer food prep, July 5 and August 2

We continue to meet the first Friday of every month to make a tray of burritos to share with the Street Outreach Program at the Church of the Joyful Healer, as they feed and minister to some of the unhoused members of our community. Join us on Friday July 5 and August 2, around 5:00 p.m., as we nourish ourselves and one another through this delicious community project.





## July Sunday Services

**Sunday, July 7, 11:00 a.m.**

### **How True North and Partner Organizations Have Taught and Learned – Terry Supahan**

Terry Supahan, Executive Director of True North Organizing Network, speaks warmly about adventures and encouraging perspectives drawn from his long and dynamic experience in community-led grassroots organizing at tribal, state, and regional levels.

**Sunday, July 14, 11:00 a.m.**

### **May Love be at the Center of All We Do – Berti Welty**

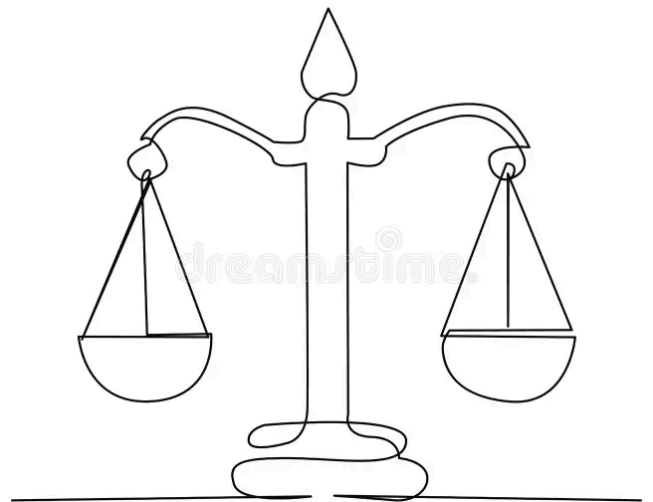
Any healthy organization periodically examines their core values and mission to keep them current with today's society. The Unitarian Universalist Association is in the process of re-defining our core Principles. The proposal includes the list of Principles morphing into a core set of values, centered in Love. Throughout the summer, various HUUF Sunday Services will include an in-depth examination of each of these core values.

This service will focus on the unifying principle of Love. Select individuals will share their perspectives on this kind of love, and how it can be manifested within our individual selves, our community, and the larger world.

**Sunday, July 21, 11:00 a.m.**

### **Justice – Corazon Amada**

Our Unitarian Universalist values start with a core of love. Cornel West wrote that “justice is what love looks like in public.” We will create this service together. Those who wish will be able to share for three minutes each about justice. Bring a story from your life, a short book excerpt, a short poem, song, trinket, or something that you connect with when you think of justice — justice denied, justice won, justice and forgiveness, the difficulties in standing up for justice, justice and prisons/punishment, favorite justice struggles or stories in your personal life or in the world.



**Sunday, July 28, 11:00 a.m.**

### **The Value of Generosity – Amy Day**

Join us for an open-mic discussion of our UU faith and values. Bring a short (3 minutes or less) story, reflection, poem, or song that says a little about how this value operates and lives in your heart and life and how you strive to embody it, day-to-day. If you like, bring a small finger-food item to share.

**(See next page for August services)**

## August Sunday Services

**Sunday, August 4, 11:00 a.m.**

**Pluralism: How Do We Honor Our Diversity AND Have Common Ground? – Berti Welty**

Printed on some of our country’s currency is the motto “E Pluribus Unum” —meaning “Out of Many, One.” This Sunday we will explore the concept of Pluralism. We celebrate that while we UUs have differing beliefs, backgrounds, and ideologies, a common purpose, shared principles for living, and shared values hold us together in the midst of that diversity. There will be a small group discussion of these issues.

**Sunday, August 11, 11:00 a.m.**

**Sharing Favorite Books – Jo Ann Huffman, Steve Sottong, and Margy Emerson**

At this celebration of reading, members and friends are invited to talk about the books that have had the most meaning for them over the last year. Jo Ann Huffman and Steve Sottong will facilitate the sharing and gather the recommended books into a reading list that will be published in the *HUUF Newsletter*, for all to feast on.



**Sunday, August 18, 11:00 a.m.**

**Life is Transformation – Josh Charles**

Come and explore the ways in which transformation plays out in our lives. Bring a book, a personal story, a poem, song, trinket, or something else that you connect with when you look at the role transformation plays in your life. Together we will build a shared understanding of what it means to value transformation.

**Sunday, August 25, 11:00 a.m.**

**Interdependence as a Core Value – Ann Kilby**

An interactive, joyful exploration of the dynamic that animates our universe and constantly surprises us.

## Climate Action Campaign

### **State Assembly committee nixes climate bill**

After months of letter writing and phone calls, we are deeply disappointed that S.B. 252, the bill that would have required CalPERS and CalSTRS (the two largest public employee pension funds in the nation) to divest from fossil fuel holdings, will not move forward this year.

Opponents of the legislation in the Assembly Committee on Public Employment and Retirement succeeded in amending the bill to allow the pension funds twenty years to divest from fossil fuel investments, an unreasonably long time. As a result the bill's author decided to shelve the bill and reintroduce it next year. This is essentially a repeat of what happened to similar legislation in the same Assembly committee two years ago.

Thanks to all who stopped at our monthly climate action table and sent letters or made phone calls. We will join a strong coalition of teachers, union members, youth, and climate activists next year to work for this bill. "We will not rest, we will divest" is the mantra now.

In the meantime, we can still do our individual work on behalf of mother earth. Here are some suggestions.

#### **Help Build Compost**

Every Thursday through August 29 is Community Compost Drop-Off Day. Bring your kitchen or yard scraps and help build compost for the community U-pick garden at Freshwater Farms Reserve, 5951 Myrtle Ave., Eureka. Call (707) 269-2071 to sign up.

#### **Kick Gas**

While funding lasts, RCEA offers rebates from \$1,000 to \$4,000 to customers buying a new or used electric vehicle on a first-come, first-served basis. Go to <https://redwoodenergy.org/evs/rebates/> for more information.

#### **Keep Eyes on SB 1374**

This bill, aiming to restore reasonable payment returns for rooftop solar on apartment buildings, at schools, and on farms passed the State Senate in late May, and was supported by our local Sen. McGuire. The bill would reverse the Public Utility Commission (CPUC) decision that prevents renters, schools, and farms from using their own rooftop solar to reduce their electricity bill. According to Solar Rights Alliance, the CPUC decision sets a bad precedent that could affect homeowners, businesses, and houses of worship next.

The bill now goes to the State Assembly. Background info at <https://tinyurl.com/2868y6xn>

#### **Surveys**

Jen Marlow, attorney and professor at CPH, is part of a group that will publish the North Coast Regional Report for [California's Fifth Climate Assessment](#). This is a five-minute survey to gather input from communities and tribes about the climate impacts and issues we think should be prioritized. The survey can be taken at <https://forms.gle/gBG3PKsU9cZeKLhu9>

Another survey gathers perspectives on the future of Humboldt Bay's spent nuclear waste:  
<https://tinyurl.com/humbayfut>

To read a Policy Brief co-authored by Dr. Marlow and her students on the management of nuclear waste in a climate-changed world, view the brief titled *Crafting Effective Oversight for the Long-Term Storage of Spent Nuclear Fuel on Sites at Risk of Climate and Coastal Hazards*. The peer-reviewed article is available at:  
<https://tinyurl.com/jenmarlowarticle>

As summer draws near, I draw on the knowledge that all life breathes together. We are synergistic together, and we can do so much together that we can't do alone on behalf of earth's life support systems. Each thing we do matters. Thanks to each of you for all you do to keep earth alive.

*Sue Lee Mossman*

### **New HUUF Directory now available**

An updated *2024 Members and Friends Directory* will be for sale this year for \$10. Order yours by emailing [connect@huuf.org](mailto:connect@huuf.org) or in-person on Sunday mornings in the foyer during July.

A free online directory of HUUF members is available on our website at [huuf.org/members/directory](https://huuf.org/members/directory). Email [connect@huuf.org](mailto:connect@huuf.org) for the password, or ask a greeter on Sunday mornings. The online directory is updated regularly as changes are reported to the office or to Sunday morning greeters. We encourage using the online directory, and don't hesitate to ask for assistance. Membership Director Rebekah Paez is available most Sunday mornings or at [connect@huuf.org](mailto:connect@huuf.org). If you received a *2023 Directory*, there is an insert page available with updates. Ask a greeter for one or you can email [connect@huuf.org](mailto:connect@huuf.org).

*Membership Committee*

Children and families religious education

**How are we doing?**

Please take a moment to fill out the survey below and on the next page and let us know how we can better serve you and your family at this time. You can return it in person to Amy Day or Jessalyn DeLucchi.

***HUUF Religious Education Family Survey***

*We look forward to an engaging and inspiring RE program next year. Please let us know what you would like to see.*

1. Name (Optional):
2. Contact information (Optional):
3. Child(ren)'s age(s):
4. What topics would you like your child(ren) to learn about in 2024-2025? (check all that apply)
  - Unitarian Universalist foundations: principles, practices, etc
  - Unitarian Universalist history
  - Religious literacy: Learning about religions and different faiths
  - Holidays and traditions
  - Exploring values
  - Social justice
  - Racial justice
  - Climate action
  - Sexuality education (OWL)
  - Other \_\_\_\_\_
5. What activities does your child enjoy (or what activities would you like them to participate in)? (Check all that apply)
  - Art
  - Music
  - Drama
  - Games
  - Outdoor exploration
  - Technology
  - Writing
  - Yoga/ dance/ movement
  - Makerspace
  - Service projects
  - Planning and participating in worship
  - Discussing popular media
  - Other: \_\_\_\_\_
- What aspects of RE do you most value? (check all that apply)
  - Community and friendships
  - Intergenerational connections
  - Fun
  - Leadership development
  - Spiritual practices
  - Creative expression
  - Identity exploration
  - Learning about Unitarian Universalism
  - Religious literacy
  - Other:



7. We know it can be hard to get your child(ren) to the Fellowship on a Sunday morning. What suggestions do you have that would encourage them or make this easier?

---

---

---

8. What types of events would you like to see?

- Community service projects
- Field trips
- Social gatherings (game nights, dances, etc)
- Educational events
- Parent and caregiver groups
- Social action
- Other:

---

---

9. What parenting/caregiving groups/classes would you participate in?

- Raising a UU child
- Parents and caregivers as sexuality educators
- Small group circle for parents and caregivers
- Antiracist parenting

•Other:

10. What are your goals for your child in religious education?

---

---

---

---

•11. Are there any talents, interests, or activities that you would like to share/offer?

---

---

•12. Is there anything else you would like us to know?

---

### Have you heard?

#### **News of HUUF members and friends**

Welcome to Barb Stone, our newest HUUF member. Barb and her husband Dale are retired grandparents living their best life, having recently sold their home and now splitting the year traveling to be with their kids and grandkids. We look forward to sharing time and memories with these calm, grounded folks.

Judy and Wesley Rishel celebrate their grandkids' graduations this summer! Quinlan (Quin) Maynor has graduated from College of the Redwoods. Laelia has graduated from McKinleyville High School. Yay!

Joanna Welch is writing postcards to voters in Georgia, a somewhat recent swing state, 200 postcards to be exact! She's also been watering her food garden with rainwater she collected, 1,250 gallons of water so far.

Berti Welty is home healing and feeling renewed.

Rebekah Paez and Jenna Bader are traveling along the California coast for a few weeks to celebrate the summer with family and friends. Jenna put hours of hard work, thought, and love into transforming a short school bus into an RV, complete with a solar system to power the home parts. Bek was impressed and sometimes held bolts down. This is the first days-long road trip for the bus and the couple.



## Humboldt Unitarian Universalist Fellowship

P.O. Box 506  
Bayside, CA 95524

**24 Fellowship Way, Bayside (off Jacoby Creek Rd.)**  
**(707) 822-3793** <https://huuf.org>

email: [office@huuf.org](mailto:office@huuf.org)

**Director of Operations:** Bridgette Garuti, on campus  
Monday-Wednesday, noon-4:00, appointments preferred;  
Thursday by email only, at: [office@huuf.org](mailto:office@huuf.org)

**Director of Spiritual Life:** Amy Day  
on campus Tuesday and Thursday, email:  
[comm@huuf.org](mailto:comm@huuf.org)

**Membership Director:** Rebekah Paez, on campus  
Tuesdays 10:00 a.m to 4:00 p.m., Monday/Friday by  
appointment; email: [connect@huuf.org](mailto:connect@huuf.org)

**Newsletter Editor:** Pat Carr, email: [newsletter@huuf.org](mailto:newsletter@huuf.org)

**Newsletter Proofreader:** Stephen Sottong

### **Board of Trustees:**

**Co-Presidents:** Margy Emerson, Pat McCutcheon

**Vice-President:** Michael Caouette

**Treasurer:** Vacant, seeking volunteer

**Secretary:** Chris Chapin

**Trustees:** Jason Teraoka, Ann Kilby

## **Dental clinic volunteers needed**

Calling all volunteers! With the initiative and guidance of Tom Lewis, HUUF has stepped up as a community leader, launching the first California Care Force free clinic in Humboldt. You have the opportunity to step into action as one of the 125 volunteers needed each day to help the clinic run smoothly. As of press time there are 57 volunteers signed up, so recruits are needed.

If you are able, please grab a friend, neighbor, or colleague and proudly claim your volunteer assignment for July 12 or 13 (or both days). Sign up now for one of these tasks:

**Patient Support:** Interpreters, patient line management, patient registration, patient check-out, patient escorts;

**Section Support:** Dental supplies, sterilization and bucket brigade (bloodborne pathogen certificate required), volunteer registration, making glasses, computers;

**Logistics:** Clinic set-up and tear-down, parking lot support, photographer/videographer, IT.

All volunteers will receive a catered meal and an event t-shirt.

Volunteers must register at [californiacareforce.org](http://californiacareforce.org). Questions? Call (916)749-4170.

## **Next HUUF Newsletter will come in September**

The *Newsletter* takes a short break and will next come in September. Send submissions by August 20 to [newsletter@huuf.org](mailto:newsletter@huuf.org). The *Newsletter* editor will be away for several weeks in September, right when the October issue needs to be produced. We'll need a substitute for that issue. If you're interested in pitching in on this important task, contact the editor at the email above.

## **Classified Ad**

Looking for a house/pet sitter with a name you can trust? Look no further! Montana Caouette is booking for 2024-2025 at reasonable rates.

Call (928) 607-1931 or email [caouette.michael@gmail.com](mailto:caouette.michael@gmail.com).