

Humboldt Unitarian Universalist Fellowship



September 2013

A Note from Bryan

Dear Members and Friends of the Humboldt UU Fellowship –

Eddie and I are so glad to be joining you on your amazing journey as a religious community. You have traveled long, far and faithfully since 1953. Eddie and I both have been traveling on our journeys (separate and together) since 1947.

And now – here we are.

I've come to work with you as your minister, working up to 24 hours per week. But you began our relationship by working with and ministering to Eddie and me. On behalf of the whole congregation, Berti and Jo have fed us, loaned us tools, installed hot water lines, helped us re-set our toilet, created new base-board for us and cheered us along greatly.

Richard Kossow and others recruited a wonderful team of HUUF volunteers to help us move our possessions from Rainbow Storage to our cabin at 1981 Peninsula Drive in Manila. Those of you who have an acquaintance with moving know there is no "Welcome to our Fellowship" like help moving.

So my first note to you all is gratitude, gratitude, gratitude.

Catholic Mystic Meister Eckhart says: "If the only prayer we ever pray in our lives is "Thank you!" – it's enough. And Eddie's and my hearts say "Thank you!" We feel so fortunate and blessed to be with you.

Yours in the journey –

Bryan

Fiesta night

Come welcome Bryan and Eddie on **September 13**, 5:30-8:00 p.m., meet new members, register for RE and reconnect with your Fellowship family after our summer travels. This event is an all-congregation fiesta night. Bring a taco filling or something to add to our dinner. Tortillas will be provided; margaritas will be cheap. We always need set up/clean up crew members. Watch for emails and phone calls asking how you will participate.

Jillian Mooney

Peacemaking in our community

HUUF is again hosting Humboldt Mediation Services' 34-hour Community Mediator Training. Using role-playing, feedback, and discussion, volunteers prepare themselves to serve as mediators on dispute-resolution panels. The course is also available to folks who do not wish to volunteer but are looking to enhance their communication and conflict-management skills.

This interactive and challenging

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People

There will be a celebration of life for **Phyllis Stanewick** on September 14 at HUUF at 2 p.m.

Chip Sharpe is recovering from surgery last week and is not ready for visitors or calls. Cards and healing energy are welcome.

Danielle and Andrew Stubblefield and their children are back from sabbatical in Nicaragua.

John McAlinn will have surgery in September.

Darsty McAlinn has completed her radiation treatment and is on to other things in her life.

Sue Mossman is on the East Coast to assist her mother who had a stroke. Her recovery is going well.

Karen Knapp

Orange is the new black

This is the vaguely Halloweeny theme of the Caring Circle's get-together the afternoon of Tuesday, October 15. Details in the next newsletter. If you need a ride, contact Shay in the office at 822-3793.

Joy Thomas,
for the Caring Circle

Ready to join?

Now would be a good time to join so you would be correctly listed in our new 2013-2014 directory. Talk to a greeter after a Sunday service.

Awanna Kalal

Choir rehearsals have resumed

September means that the choir has resumed its regular rehearsals on Wednesday evenings from 7:00-8:30 at HUUF. We are delighted to welcome back our choir accompanist Levi Walls for a second year. Levi is pursuing a degree in Music at Humboldt State University.

We are always on the lookout for new singers. All voice types are sought, though we do seem to have a shortage of tenors and basses at present. You do not need to have prior music reading or performing experience, and new folks are welcome to join at any time. We typically perform on two Sundays each month, with extra performances during the holiday season and on other special occasions. Contact me with questions at any time.

Give your brain and body a musical workout while enjoying fellowship with some great folks. We hope to see you there.

mUUsically yours,
Elisabeth Harrington



Halloween festival

The Halloween Festival will take place Saturday, **October 26**. We need volunteers, and there are all sorts of fun ways to help: Act in a skit, make crafts, carve pumpkins, be a Guiding Light, help in the kitchen, bake cupcakes, help set up or clean up, get sand for the path lights, bring juice, help in front, be a kitchen runner, help with decorations and more.

If you want to help, there will be sign-ups in the lobby, or you can contact me at sandy5527@sbcglobal.net or 499-1131 to volunteer.

If you want to come: Saturday, October 26, 5 p.m. to 8 p.m. Admission is \$5. Tickets will be on sale in early October at the Garden Gate in Arcata.

Many thanks to all who have helped in the past.

Sandy Lynn

New directories

We are working on the new 2013-2014 HUUF directory. Please check the draft copy or notify us if you have changed servers, have moved, have a new e-mail address, new phone number or whatever.

Awanna Kalal

Board update

At our August meeting the Board welcomed our new minister Bryan Jessup, identified our Board goals for the year and selected a new theme for the year.

Last year the Board selected the theme of ‘Creating Peace,’ which resulted in a series of Sunday services exploring this theme, adult education opportunities, and overall a way for us to ‘think together’ about what peace means for us as a congregation. For this year, we selected the theme of ‘Healing the Heart of Our Fellowship.’ We hope members will be intrigued by this theme and become engaged in our efforts to strengthen our capacity as a caring community.

Board goals for 2013-2014:

1. Build relationship between the congregation and our new minister.
2. Clarify our HUUF expression towards three ends:
 - Within—transform our lives towards compassion, justice, and spiritual growth.
 - Among—welcoming and supportive community, developing an appreciation for the value of ‘otherness.’
 - Out in the world—as a Fellowship, having an impact towards peace, justice and sustainability.

3. Grow the size, interconnection and depth of our membership.

The Board encourages members of the Congregation to talk with us about our goals, and we look forward to how they will resonate within individuals, our services, Fellowship activities, and in the community.

Wendy Rowan, Board Secretary

New minister’s half-time schedule

The Rev. Bryan Jessup (Bryan) [Phone: 822-3793 Email: minister@huuf.org] will work half time with the Fellowship, 24 hours a week. He will generally be in the office or in meetings or making visits Monday through Thursday from 10 a.m. to 2 p.m. Don’t hesitate to call or email to set an appointment to see him.

Bryan will generally conduct Sunday Services on the first and third Sundays of each month – though he will start with four Sundays in a row: September 15, 22, 29 and October 5. In five-Sunday months, Bryan will generally conduct worship on the fifth Sunday as well.

For this year, the Board and Rev. Jessup have agreed to focus his work with the Fellowship in the following areas:

- Clarification of HUUF’s Ends and Mission
- Work with Program and Worship
- Work with Membership Committee
- Work with Adult Religious Education
- Work with the Caring Circle.

Bryan will, of course, work with the Committee on Ministry. He will make home and hospital visits as they are needed. Please let him know of visits it would be good for him to make. He will meet regularly with the Board and be available for consultation with Board members and committee chairs.

He will also be available for pastoral listening and support. Do not hesitate to call him. When not on duty or in emergencies, he can be reached at 407-0047.

Peacemaking,

continued from page 1

course will occur on five evenings, 5:15 - 9 p.m. (**September 30, October 1, 3, 8, and 10**), and two Saturdays, 8:30 a.m. - 5 p.m. (**October 5 and 12**). Students agree to read the provided manual and attend all classes. Please call 445-2505 to register by **September 6**.

In exchange for use of the CARE building, one free enrollment is available to a member of the Fellowship, with priority given to a staff or committee representative. If you would like the free slot, please notify Bob Billstrom, Chip Sharpe or Shay MacKay. If there are multiple requests, we will be sure that every member of our congregation is given a substantial discount.

Currently, full cost, before any discounts for seniors, students, early registration, or enrolling with a friend, is \$375 (or \$285 for those who agree to volunteer with HMS). This base fee will be increased in 2014.

For more information about HMS, visit <http://humboldtmediationservices.org/> and feel free to ask Chip Sharpe, Bob Billstrom, or Lisa Dugan. Other HUUF folks who have completed the CMT course include Scott Allen, Irith Shalmony, Thea Gast, Phyllis Helligas, Ursula Osborne, Tracy Jordan French, Nancy Cook, Marian Ziemer, Martha Hunkin, and Virginia Chatfield. I believe that they will tell you that this two-week course was intense, fun, and worthwhile.

Chip Sharpe

Caring Circle

The Caring Circle is a group, most of whose members were appointed by Dennis Reynolds, whose mission is in the spirit of our first UU principle, "to affirm the inherent worth and dignity of every person." We work with our minister, the R. E. director and the HUUF community to cherish and care for all members of our Fellowship community. Here are some of the ways we can help

- visit the sick
- provide transportation to an appointment or to HUUF on Sundays
- friendly phone visiting
- run errands for the housebound
- prepare and deliver meals.

Please contact any member of the Caring Circle if you have a need or if you know of someone in the HUUF community who needs assistance. Information will be kept confidential if desired.

If you can volunteer to help with some of the above tasks, please get in touch with Bert Taylor. Other members of the Caring Circle are Beverly Allen, Joy Thomas, Jan Rowen, Karen Knapp, Raquel Lee, Ginger Kossow, Shay MacKay, Bryan Jessup, Helen Vatcher and Ann King.

Joy Thomas,
for the Caring Circle

Stairs

Take a walk over to the playground and look at the new stairs into the play tower. Then take a walk over to Bob Wolterbeek and tell him what a nice job he did.

Scott Allen



Words of Wisdom

"The bread which you do not use,
is the bread of the hungry;
the garment hanging in the wardrobe,
is the garment of the one who is naked;
the shoes you do not wear,
are the shoes of the one who is barefoot;
the money you keep locked away,
is the money of the poor;
the acts of charity you do not perform,
are so many injustices that you commit."

from St. Basil the Great



YOUR DIET IS AN INSULT TO THE
CREATOR. AND IF YOU KEEP IT UP,
YOU CAN APOLOGIZE IN PERSON.

SAC brunch

Our first Social Action Brunch of the season, welcoming everyone back from their summer adventures, will be on **September 15** (3rd Sunday) following service. The theme this month will be Foods from Around the World.

Please allow 10 or 15 minutes for dishes to be placed on the table, so everyone can be easily served.

Suggested donations: \$5 per adult and \$1 per child.

Funds raised from the September brunch will go to support the Humboldt Community Breast Health Project.

Eve Anderson

Religious Education



Welcome to another interesting year in Religious Education. We have some new teachers and a new teaching schedule along with new curriculums and activities. We welcome Trisha Sanders as Preschool teacher and Jana Kirk-Levine as 3rd-5th grade teacher. They bring a wealth of knowledge and experience, as they are also teachers by profession. We felt their addition of energy and ideas at our summer teacher retreat.

Judy Rishel and Sandy Lynn return to teach. Judy will teach in the K-2nd class and Sandy will continue with the Intermediate group. We have a new addition to support our team of teachers, Shay MacKay. You may know her as Administrator, but she will move from class to class as a support teacher. She has already been a wonderful resource to our congregation, now we get to have her in RE too!

We have changed our long-standing schedule of what we call "Curriculum Sundays" which is when children split into different classes by age. This is different from our "All Worship" and "Social Action" Sundays in which all ages gather together. So check your calendar, as we will not always be doing the first and third Sundays as we have in the past. This will allow teachers to also attend a service with Bryan, our minister. We all need the opportunity to be inspired and feel the spirit, especially our RE teachers.

If you want to have your child/ren dedicated this year into our UU religion, see Jillian. This is a very moving ceremony, and we now have a Minister to do it. We will have a ceremony later and want to include all who are interested.

September 1: Friendship Sunday. Play together, reconnect with friends, childcare provided.

September 8: All families are invited to share in the Gathering of Waters Ceremony.

September 15: First Day of RE

Preschool: We will begin our year by learning about our symbol, the chalice, and why we come to RE. We will learn our special song to sing at each meeting as well as decorate our own chalice.

K-2: We will use the "Free to Believe" curriculum this year, which is designed to nurture the emotional, social and spiritual life of the child. It covers our principles as starting points for exploring our values, beliefs and what it means to be a UU. This month we will be getting to know each other, set up our rules, begin to learn our class routine and rituals and make crafts around our seven principles.

3-5: What is your passion? We will create journals. We will start with the outside of our journals and make them our own and then go inside the journal, writing and/or drawing, focusing on who we are as individuals.

Intermediate: We will get reacquainted, welcome newcomers, share summer stories and explore ideas about what we would like to do this year. This year our group will explore a program called The Questing Year. This program invites participants on four quests tied to the themes of self, church, mystery and social action.

September 22

Preschool: We will read the book *Should I share my Ice Cream?* by Mo Willems. We will discuss being generous and practice with a musical game. We will discuss how each of us is special. Bring in an object or picture that is important to you to share with our class.

K-2: We will continue to talk about our group rules and what does it mean to be to be "Free to Believe." What do you think it means?

3-5 grade: How does your family relate to your passion? Focus on family: How does your family influence who you are and what you do.

Intermediate: Come get to know Shay Mackay. She is our guest teacher and is going to school to be a UU Minister. What's that like? We will share with her what was discussed in our last session, we will begin plan some activities for later in the year.

Jillian Mooney



Humboldt Unitarian Universalist Fellowship

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Kim Moor
Vice-President Greg Blomstrom
Secretary Wendy Rowan
Trustees Cynthia Chason
Anna Mae Botley
Treasurer Edie Wolterbeek

Newsletter Editor Joy Thomas
Calendar Editor Shay Mackay

On the walls of HUUF

Our Artist for September and October is Bill Hansell. Please take some time to enjoy his work.

Calling all HUUF artists

You are invited to share your art for the months of November and December. You may submit two pieces. Please watch the Green Sheet for submission day. All art must be framed and or ready to hang. This a great opportunity to show the diversity and richness of our fellowship.

Cheryl Rau

Lost and found

These have been hanging for a long time on our coat rack. Could one of them be yours?

- Light beige acrylic cardigan
- Child's Disneyland fleece hoodie
- Size large purple zipper velour hoodie with sequins
- Youth navy sweatshirt "Lost Surf Shack"

Awanna Kalal

Deadline info

Deadline for the October issue of the newsletter is Friday, September 20, 5:00 p.m.

Please send your committee reports and articles to me at joythomas3828@gmail.com. Neither PDF files nor late submissions can be accepted.

Joy Thomas, editor

CLASSIFIED ADS

Classified ads are 10 cents a word. Send text of your ad to joythomas3828@gmail.com and your check to the HUUF office.