

Humboldt Unitarian Universalist Fellowship



October 2018

A note from the minister

Unitarian Universalism is a wonderful, human-values centered way of faith, but it is not easy. Our UU Principles point the way for us, but we as UU individuals and congregations must heed the guidance of our Principles, and practice them in our lives. In the Fall 2018 edition of the *UU World*, editor Elaine McArdle reports on the UUA Board of Trustees' concern that congregations continue to prioritize cultural change. Addressing issues like white male supremacy, homophobia and transphobia can make some of us uncomfortable but the UUA Board urges us to understand how long women, people of color and LGBTQI people have been oppressed by our systems. The Board urges us, without delay, to keep growing in our ability to truly include people who have traditionally been marginalized.

Here in Humboldt, our congregation is genuinely committed to this kind of growth. That is why we strive to listen to the voices closest to the pain: the voices of students of color at Humboldt State, the voices of women who are still paid less than men doing similar work, the voices of immigrants living in fear of ICE raids, the voices of the Wiyot people who see the William McKinley statue on the Arcata Plaza as a monument to white supremacy and "manifest destiny," the voices of trans people who ask to be seen as they are and called by their own preferred names and pronouns.

Changing our culture as congregations and as a society requires mindfulness and courage from each of us. The learning process is sometimes painful, especially when we make mistakes about things we deeply value. But if we center our hearts on our commitment to honor the dignity and worth of every person and if we center our hearts on our intention to embody all of our Principles, we will certainly be able to endure the discomfort of being "works in progress," and we will certainly continue to grow.

I am convinced a desire for that kind of growth is at the center of all of our hearts here in this Fellowship and I am very glad to be with you in this process.

Yours in the Journey

Rev. Bryan Jessup

FINAL WARNING!

For nearly **four years**, the **only** email address that has been acceptable for articles for the newsletter has been newsletter@huuf.org. In spite of this, I am still getting articles sent to my private email. As of this newsletter, I will no longer notify people who incorrectly send articles to my private email address to resend them to the newsletter address. From now on, I will simply delete them without response. There is **one and only one** email address for the newsletter and email is the **only** method of submission. This is your **final** warning.

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People

Cheryl Rau recently spent a week at Paint Out in Mendocino.

Condolences to Anne Marie Peters whose brother died recently.

Happy 67th anniversary to Aiko and Ed Uyeki!

Ruth Broderick stepped off a curb wrong in Port Townsend and fractured a hip. She is in rehabilitation in Poulsbo, Washington until she is able to travel.

Margot Julian reports from Detroit that she recently taught five classes on a conference cruise for residential care administrators and staff traveling the western Caribbean.

Sylvia Shaw

Newcomer Orientation

Our Membership Committee will offer Part 1 of a Newcomer Orientation on Sunday, **October 21** at 12:30 p.m. in the Multi-Purpose Room. All who are interested are invited to get a plate of food from the SAC Brunch and participate. The focus of this first session will be on the history and theology of Unitarian Universalism, the Purpose and Covenant of this Fellowship and the meaning of membership. A second session will be held on Sunday, **November 11**. It will focus on the organization of our Fellowship and how members can participate in supporting the organization as, together, we carry out its Purpose. Please call me if you'd like more information at 822 3793.

Rev. Bryan Jessup

Ministerial Search Committee update

The committee is including a survey in this newsletter to secure input from the congregation to assist it in our search for a new minister. We want to hear from everyone in the congregation. All input is important.

The Ministerial Search Committee (MSC) has divided into two teams, one working on the member survey and the other examining documents and updating our 2012 Congregational Record. The survey combines elements of the current UUA Survey Template and our 2009 Future Forum survey. The survey will be available in hard copy and online. The document review is intended to guide the committee's discussion about our individual and collective vision for what we want in a minister and where we see HUUF in ten years. We anticipate also meeting with multiple subgroups of the Fellowship such as staff, Board members, committee chairs, Soul Matters Groups, etc. The committee will convene an all congregational meeting to review survey results and engage members in a 'visioning process.'

Our efforts are a little complicated as the UUA is transitioning to a new search process for congregations seeking a minister. The dilemma is that we have been advised to use both former and newly developed resources, which means that we have to become familiar with a significant amount of material. We could use some one-time help between the end of October and early November with data entry and follow-up phone calls. If you would like to help, let us know. If you have questions, suggestions or comments, contact Bonnie MacGregor at 839-0493 or cybomac@suddenlink.net.

Wendy Rowan

Endowment Fund Committee Update

We are approaching that time of year when the Endowment Fund Committee will accept applications for small grant funding to be used for the benefit of the Fellowship during 2019. Application forms will be available on the Fellowship website or by contacting me by email or phone starting **December 1**. The deadline for the submission of applications will be **January 31, 2019**. This past year, the Endowment Fund Committee funded over \$5000 in improvements to the Fellowship with five grants.

In the meantime, as this year comes to a close, those over 70 ½ years in age who have an IRA account may want to consider a "qualifying charitable contribution" to the HUUF Endowment Fund. Such a roll-over donation directly from your IRA account to the HUUF Endowment Fund may be excluded from your gross income and have significant tax advantages. Consult your tax advisor for details.

Howard Stauffer, Chair Endowment Fund Committee

Deadline info

Deadline for the **November 2018** issue of the newsletter is Saturday, **October 20** at 5 p.m. Send committee reports and articles to newsletter@huuf.org (email only).

While many file formats are acceptable, .doc, .docx, .rtf and text are preferred, and .pdf and .pages cannot be used. Late submissions are not accepted without prior approval.

Full guidelines are available at <http://huuf.org/upcoming-events/newsletter-2/newsletter-guidelines/>

Stephen Sottong, editor

Religious Education

A Sanctuary for Family

After Fiesta Night, a new parent to our community sent me a selection of lovely photos along with one simple sentence, “What a beautiful place to be a kid, I thank you!” We are indeed co-creating a sanctuary.

After I read Bryan’s call for organizing sanctuaries for local immigrant families, I proudly shared with my children the history of the chalice symbol. The UUA website explains, “The chalice and the flame were brought together as a Unitarian symbol by an Austrian artist, Hans Deutsch, in 1941 . . . [it] was made into a seal for papers and a badge for agents moving refugees to freedom.” Thomas and I discussed why we need to be agents now, moving refugees to freedom. These are no small matters for young minds and tender hearted parents.

This month we will explore what it means to create sanctuary, a place of refuge or safety, for our children, our families, our neighbors, and the most vulnerable among us.

Family Practice

Consider creating a family altar. You may choose to contemplate what kind of sanctuary you’d like to create in your own home. You can pair this altar creation with the watering flowers practice we explored in May and June.

Sunday Program Schedule:

First and third Sundays: Exploration days by age group.

Preschool- K will explore our Fellowship and UU principles to better understand our community. We will make chalices and explore altars. On the third Sunday, please bring something for our nature altar.

1st-3rd grade will explore wonder through the tactile experience of creating our own nature stories. The second Sunday, we will learn about dinosaurs, Darwin, and the difference between facts and beliefs. Finally the third Sunday, we explore the teachings of Jesus which tell us to love others as we do ourselves.

4th-8th grade will continue our work with Bridgette Garruti, a woman of many talents. Please collect soft plastic with interesting colors and patterns to use in our recycled fused plastic art. As we do this creative work, we will explore how plastic consumption and waste affects our world and find ways we can honor our UU principles in daily life.

Fourth Sunday: All-ages Service Sunday: Gleaning at Redwood Roots Farm.

Teen Group: The first and third Sunday, we will dive into the coming of age program, starting with discussions about spirituality, what that means, and how to put it into practice. We will have movie night on the first Friday and group worship on the third Friday. Teens will also perform at the Halloween festival at the end of the month.

Youth Choristers

Our youth choir begins **October 7** and meets the first three Sundays of each month in the multipurpose room from 10:00-10:45. All ages are welcome to participate, though we do ask a parent to stay with any preschool aged youth. You don’t need to be a member to participate. Everyone is welcome. Invite your friends. We hope to grow this incredible program. The youth perform every third Sunday of the month at the 11:00 service. We encourage youth who want to perform to attend all three rehearsals any given month, but if that’s not possible please do come and sing with us when you can. Anna Gaines, our volunteer youth choir director, has a BA in music from HSU and conducts A Company of Voices, a local chamber choir. She offers the youth dynamic, fun games to strengthen their voices and train their ears. Questions: contact Anna at ganesa76@gmail.com.



In Fellowship and gratitude,
Therese FitzMaurice, DRE

Directories

By the end of October a second printing of the new HUUF Directory will be available for \$5 in the HUUF Office. You may purchase a copy after services on Sunday or by coming by the Fellowship during office hours. For those who have already purchased a paper copy of the Directory, a sheet of changes and editions is available in the office.

Rev. Bryan Jessup

Mediation training

Want to improve your communication and conflict-resolution skills? Want to volunteer with a dynamic organization that serves a diverse community? Can you commit to attend every session on these seven days in October? Humboldt Mediation Services is again conducting the two-week, 34-hour training course for volunteer mediators at HUUF. This course is intense, self-reflective, challenging and fun.

Evening sessions are **October 15, 16, 18, 23, and 25**, from 5:15-9 p.m. Saturdays, **October 20 and 27**, from 8:45 a.m. to about 5 p.m. The class will meet in the Care Building October 15-25. Due to intensive preparation for HUUF's Halloween Festival, a different location will be used on October 27. Preregistration is required. Some discounts and scholarships remain available. Call HMS at 445-2505 or me at 599-6009. Visit www.humboldtmediationservices.org for more details.

Chip Sharpe

Community singing with Liz Rog

Humboldt SINGS is an organization with the goal of getting people to sing together as a method of community building. We are happy to announce this fall's Visiting Song leader, Liz Rog of Decorah, Iowa. Liz is a community organizer and song leader in the global Ubuntu tradition which welcomes all voices, using the heightened consciousness of the collective to weave songs and community. She delights in helping people rediscover their ancestral birthright of group singing.

On Saturday, **October 13** from 2-4 p.m. Liz will lead a community sing in the Fellowship hall. You don't have to "know how to sing" to join in. There will be no printed music as all songs are taught by call-and-response. Rather than singing to perform, this kind of singing is about gathering together to connect through song and experiencing the joy of many voices making harmony. As people sing together, making music with the instrument we were all born with, we find out more about the ways we can open our hearts and lift each other up. Liz's community sing will center around the theme "We Shall Overcome: Songs of Strength and Resilience." The event is free and open to the public with no RSVP necessary.

On Sunday, **October 14**, Liz will be the guest speaker at both services, talking about "Singing as Sanctuary." That same day, from 2:30-5:30 p.m. in the Fellowship hall, Liz will lead a workshop, "Leading is a Way of Listening: Finding Our Voices as Song Leaders." If you would like to lead community sings yourself, or just lead a blessing song at a group gathering, this experience will help you step into leadership with confidence and humility. Liz describes the workshop:

"We can learn to serve in brave, humble, and collaborative leadership. As we discuss the art of song leading, here are some questions we will ask: How do I prepare myself to hold space? How can my leadership empower others? How do I listen well to the voices around me even as I am asking for their listening? What tools do I need to be an effective song leader? We gather around these questions and stand as witnesses to each other's stepping up, celebrating the different strengths and styles of each and all. Our workshop is a circle of belonging, and each person leaves with their own version of what it means to hold space with grace, energy, and ever-growing skill."

Participants in the song leading workshop are asked for a \$10-50 donation, and RSVP is required to Maggie McKnight at humboldtSINGS@gmail.com or 510-684-7676.

Berti Welty

Arcata Night Shelter meals

Our Fellowship has participated in the Night Shelter meal program along with other churches and synagogues for the last twenty years. The program provides a warm meal for 25 individuals on a weekly or sometimes monthly basis. I've been the scheduler for HUUF for a number of years and can no longer hold this duty. The requirements involve working with people and groups who prepare and deliver a meal on a scheduled day. The scheduler reminds the participants. They commit for six months or a year. The RE children take a quarterly meal. If no one is willing to act as scheduler, HUUF will take a break from delivering meals. I will happily orient the new scheduler.

Jan Rowen

Congregational Meeting

The Fall Congregational meeting will be held Sunday, **October 14** at 12:30 p.m. Agenda Items include:

- 1 Special Awards
- 2 Selection of the Nominating Committee
- 3 Ministerial Search Update
- 4 Proposed change in the Endowment Bylaws – see below
- 5 Proposed endorsement of Measure K – The Sanctuary Measure -see below

Proposed Endowment Bylaw Change:

Due to the exorbitant costs of hiring a CPA to conduct an annual audit, the Endowment committee suggests those funds remain available for grants to Fellowship projects. The monetary oversight would be conducted by Quarterly Financial Statements to the Fellowship Board and providing a written report with an independent financial report to the congregation at the March annual meeting. The line in the bylaws requiring an annual CPA audit would be stricken. It could always be reinstated in the future when the fund gets big enough to warrant such expenditures.

NOTE: An ‘independent financial report’ is an independent evaluation of the financial reports and records and the internal controls of the Endowment Fund by a qualified person or persons for the purpose of reasonably verifying the reliability of financial reporting, determining whether assets are being safeguarded, and whether the law and reasonable policies and procedures are followed.

If Approved, the entire revised paragraph II.C of the Endowment Fund Document shall read as follows:

“A consensus of the members of the Endowment Committee is needed to carry any motion or resolution. The Committee shall elect its own Chairperson, Secretary, and Treasurer. The Committee shall report to the Board on a quarterly basis and provide a written report with an independent financial report to the congregation at an annual meeting.”

Proposed Endorsement of Measure K – County Sanctuary Measure:

Our Fellowship declared itself a Sanctuary congregation in June of 2017 and California as a whole has declared itself a Sanctuary state. However, in working with local impacted groups, especially Centro del Pueblo, loopholes in the California statutes were identified. Our own Eric Kirk-Levine, attorney at law, working pro bono, wrote the pending County Measure K to close those loopholes and further protect the most vulnerable in our midst. The Fellowship’s Social Action Committee has publicly endorsed Measure K. According to the Fellowship’s policies, the Social Action Committee can publicly take a stand and endorse or recommend action for itself only. The congregation as a whole must choose to make a decision on its behalf.

The question: Shall the congregation make the following endorsement:

Humboldt Unitarian Universalist Fellowship, in furtherance of our June 2017 Declaration to become a Sanctuary Congregation as part of the Unitarian Universalist Association Immigrant Justice initiative, hereby endorses passage of Measure K to make Humboldt a Sanctuary County.

The Social Action Committee and HUUF Board of Trustees strongly urge the congregation to endorse Measure K. The election is **November 6**. For more information and the full text of the measure: <https://humboldt.gov/documentcenter/view/64703> or the measure website: <https://www.measurek.org/>. County Counsel Summary will be available at the congregational meeting.

Open Soul Matters Group

Every second Thursday at 10 a.m. in the Multi-Purpose Room, I facilitate an open Soul Matters Group. On **October 11** our topic will be the meaning of “Sanctuary.” If you’d like to have the packet of resource materials emailed to you, please contact me at minister@huuf.org.

Rev. Bryan Jessup

Sunday Services

Sunday, Oct. 7 – 9 and 11 a.m.

Freedom, Reason and Tolerance on the Pathway of Faith, Hope and Love – Rev. Bryan Jessup

The Unitarian Universalist way in religion offers a great deal of freedom. Guided by its seven principles, Unitarian Universalism allows for many different approaches, but if it is to be useful in people's lives it demands something. It demands mindfulness, compassion and a serious engagement with the issues of life.

Sunday, Oct. 14 – 9 and 11 a.m.

Singing as Sanctuary – Liz Rog

Traditional cultures have always known that group singing has a power unlike any other to bind people together. There is an ancient African concept called *ubuntu*, which speaks of our interconnectedness and interdependence. It means "I am because we are." Nowhere is this more evident than in singing together; through group singing, people experience joy, a sense of success, and an expression of shared meaning. We deepen our sense of communion with each other and a sense of sanctuary for all our spirits.

Liz Rog is a song leader in the global Ubuntu tradition, which welcomes all voices to weave songs and community. She delights in helping people rediscover their ancestral birthright of group singing. Liz lives in the Driftless area of northeastern Iowa and enjoys traveling to other regions to help in the re-seeding of the Earth with songs of renewal.

Sunday, Oct. 21 – 9 and 11 a.m.

Imagination! – Rev. Bryan Jessup

As Halloween and the Fellowship's Halloween Festival approach they offer people an opportunity to consider the role of imagination in human life. Often we get trapped in a narrow, materialistic mindset. *Harry Potter* author, J.K. Rowling points out that it's pretty easy to become a "muggle" caught in meaningless repetitions. By opening to imagination, we can move to a much more vibrant way of life in harmony with wonder and joy.

Sunday, Oct. 28 – 9 and 11 a.m.

Lifting the Veil – David Troxel

Halloween, Day of the Dead, All Souls Day, and Samhain show the desire to commune with the beloved dead is universal in all human cultures, yet it is expressed in beliefs and traditions as diverse as the societies which practice them. We'll consider the way in which this time of the "thinning of the veil" has been honored and made sacred by just a few of the more familiar cultural and ethnic celebrations. We will also explore the distinctly human vision of "what lies beyond" and why it matters.



Anniversary celebration

In September of 1993, the Fellowship moved into our present beautiful home. We are going to celebrate the twenty-fifth anniversary with festivities after the second service on Sunday, **November 18**, in conjunction with the Social Action Brunch. We'll have cake and a form of Thanksgiving to honor the many different events that have been hosted on this site.

To prepare, we're asking what specific events you remember were hosted here in our spiritual home. Remember when Starhawk came and led the Spiral Dance on the patio? Do you remember the planting of the Peace Pole, or Cakes for the Queen of Heaven (twice), or Coming of Age ceremonies? What about when we became a Welcoming Congregation? The Membership Committee is creating a photo memory board, and we hope to show slides while we celebrate. What photos or stories can you share to enhance our celebration?

Contact Rebekah Paez (512-420-3019) or Pat McCutcheon (826-7107) with your memories.

Looking Ahead – Options for Getting involved

HUUF Events

Tu	Sept. 25	6:30 p.m.	Open Council of Chairs meeting
Fr	Sept. 28	4–8 p.m.	Mask Making Workshop, Part 1 - FUNdraiser
Sa	Sept. 29	10 a.m.–4 p.m.	Redwood Pride Festival
Sa	Sept. 29	4 p.m.	Redwood Pride Parade
Su	Sept. 30	12:30 p.m.	Artist Reception – Bridgette Garuti
Su	Sept. 30	2–5 p.m.	Mask Making Workshop, Part 2 - FUNdraiser
Sa	Oct. 6	9 a.m.	Worship Leader’s meeting
Sa	Oct. 6	12 p.m.	OWL Parent Orientation
Sa	Oct. 6	3–6 p.m.	Helen Vatcher reception and art Sale - FUNdraiser
Su	Oct. 7	10 a.m.	First meeting of Youth Choirsters Practice
Su	Oct. 7	12:30 p.m.	Social Action meeting
Su	Oct. 7	12:45 p.m.	RE Committee Meeting
Mo	Oct. 8	10 a.m.	Fundraising Committee
Tu	Oct. 9	11 a.m.	Membership meeting
Tu	Oct. 9	5:30 p.m.	HUUF Board of Trustee’s meeting
Th	Oct. 11	10 a.m.	Open Soul Matters Group
Fr	Oct. 12	6 p.m.	Ancient Forest Sangah
Sa	Oct. 13	10 a.m.–1 p.m.	Grounds work party
Sa	Oct. 13	2–4 p.m.	Community Song Circle
Su	Oct. 14	12:30 p.m.	Congregational Meeting.
Su	Oct. 14	1:30 p.m.	Ad Hoc Committee on climate Change
Su	Oct. 14	2:30–5:30 p.m.	Community Song leading workshop
Mo	Oct. 15	4:30–9:30 p.m.	Start of HMS Mediator training
Sa	Oct. 20	6:30 p.m.	Film Night “A Clean Energy Revolution”
Su	Oct. 21	12:30 p.m.	SAC Brunch – for our student in Nicaragua
Su	Oct. 21	12:30 p.m.	Newcomer Orientation
Tu	Oct. 23	6:30 p.m.	Fellowship Council Meeting
Fr	Oct. 26	all day	Halloween Festival set-up
Sa	Oct. 27	all day & eve	Set-up and Halloween Festival
Sa	Nov. 3	9-11 a.m.	Worship Leader’s meeting.
Sa	Nov. 3	9:30 a.m.	Ancient Forest Sangah
Su	Nov. 4	12:30 p.m.	Social Action meeting
Su	Nov. 4	12:45 p.m.	Religious Education Meeting
Fr-Su	Nov. 9–11	all weekend	Fall Teen YRUUP Con at UU of Santa Rosa
Su	Nov. 18	12:30 p.m.	HUUF Anniversary Celebration at Social Action Brunch
Th	Nov. 22	2 p.m.	Thanksgiving Dinner at the Fellowship - potluck
Weekly Wed.		7 - 9 p.m.	Choir practice
Weekly Thurs.		7 - 9 p.m.	Reflections – open discussion group in CARE building
Weekly Sunday		10 a.m.	Youth Choirsters: Practice weeks 1,2, & 3, Perform 4th Su
Weekly Sunday		9 and 11 a.m.	Sunday Worship Service



Future:

Fr-Su	Feb 15 -18, 2019	Weekend Teen YRUUP Con [Elections] at TBA
We-Su	June 19-23, 2019	General Assembly of the UUA in Spokane Washington

Joys and Sorrows

We are a community of faith, of shared values and common affinity for the principals of Unitarian Universalism. We are also a community of individuals, accepting and embracing each other while expressing ourselves freely according to our personal inclinations. Many of us are active in social and political movements. Others create art and music and share their talents publicly. And most of us have beliefs and opinions that we are sometimes moved to express in writing and in speech. As a faith community, we support and encourage each other in our diverse endeavors. We look for information about public events and performances, and take the time whenever possible to hear each other's stories and perspectives.

There is also a time when we come together to observe the rituals of worship and inspiration that are essential parts of our Sunday morning services. During this time, we turn our hearts toward the deep spiritual connection we share. When we gather in the sanctuary of our Fellowship, we enter into a space of trust where we can speak of our deepest hopes and fears and know that we will be supported.

Nowhere in the HUUF Sunday service is this sacred understanding more sincerely felt than during the sharing of our Joys and Sorrows. Whether in jubilation or in grief, this is a time when we may be moved to make our spiritual community aware of the most profound events in our lives. The birth of a child or the birthday of an elder, the loss of a job or the passing of a close friend, a joyful commemoration of a wedding anniversary or sad remembrance of a beloved mentor long gone from us — these are some of the personal passages in our lives that we are invited to very briefly share with the Fellowship during the time given to Joys and Sorrows in our worship service.

With great appreciation for the public events that we all wish to announce from time to time, and for the stories we would like to tell each other, we would like to remind community members that other venues and means are available for these purposes. Post your event in the Green Sheet or on the bulletin board, or ask the worship leader if your announcement can be mentioned during the Welcoming and Introductions. But please respect the sharing of Joys and Sorrows as a time for the expression of the deeper feelings of the heart, and remember that our time for worship together is limited. Drop your pebble into the water, briefly tell us what is in your heart, and open yourself to the warm embrace of the Fellowship.



Program and Worship Committee

Ancient Forest Sangha at HUUF

A mindfulness meditation group in the Plum Village tradition of Vietnamese Zen teacher Thich Nhat Hanh has a new home at HUUF. Gatherings are from 6-7:30 p.m. on the second and fourth Fridays of the month, in the main sanctuary. The sangha is one of the “three jewels” of Buddhism to which one can look for refuge. It is the community of practitioners that supports each other on the path of practice. We call ourselves the Ancient Forest Sangha in honor of the Ancient Forest that once stood where we reside.

We are holding a Day of Mindfulness on Saturday, **November 3**, from 10 a.m. to 4 p.m. Dharma teacher Alexa Singer-Telles from Redding will lead the day, and share the teachings on the Sutra on the Full Awareness of Breathing. Suggested donation for the event will be \$20, with larger donations welcome to cover the cost for those who cannot afford to pay. Attendees are asked to provide a sack lunch. RSVP to Valerie Gizinski: polkaqueen@gmail.com. For more information about weekly gatherings or the Day of Mindfulness, call Richard or Ginger Kossow at 826-1227.

Art

In October the Helen Vatcher's paintings will grace the walls of HUUF. Helen is offering 50 paintings painted over a fifty years to be sold as a legacy gift to the Fellowship. The sale takes place Saturday, **October 6** from 3-6 p.m., the same evening at Eureka Arts Alive, so come to HUUF to see Helen's show first.

In November and December, fiber art, quilts, mosaics, glass, and other three dimensional media artists are invited to show their work. The work must be hung on the wall and the artist needs to have worked out how to hang their work. The Art/Aesthetics Committee will receive your pieces on Saturday, **November 3**.

Cheryl Rau

More climate change actions

Members of the Ad Hoc Committee on Climate Change have been active this month in efforts to reduce our collective carbon footprints. Thanks to Pat Carr and John Schaefer for speaking at the September Board of Supervisors meeting in support of all Humboldt County governmental operations using only renewable sources of electricity by 2025. Committee members also contributed climate-friendly, vegan dishes to the September SAC brunch.

See another article in this newsletter on the upcoming documentary, “Happening: A Clean Energy Revolution” scheduled for **October 20**.

Following last month’s personal action climate change check list, here are additional suggested actions we can do as individuals:

1. Carry reusable containers when eating out, to substitute for a “doggie bag.”
2. Avoid confined-animal-feeding-operation meat products, poultry and eggs.
3. Change light bulbs to LEDs. Watch for subsidized sales for lower prices.
4. Minimize food waste:
 - * donate for distribution
 - * compost or worm bin
 - * adjust buying: join with neighbors to economize, while not over-buying.
5. Re-use plastic bags.
6. Eat seasonally and locally.
7. Share magazine subscriptions or use the library.
8. Make pet food, using fresh local ingredients.
9. Take public transportation, and agitate for better public transport.
10. Keep vehicle tires at recommended pressures for best fuel and tire economy, and safety.
11. Plant a green roof or wall.
12. Maintain political action.



All are welcome at our next meeting on **October 14** after the congregational meeting.

Ann Kilby, Sue L. Mossman, and Archie Mossman

SAC urges removal of Arcata Plaza statue

The Social Action Committee urges our congregation to vote no on Measure M on **November 6**. Measure M is an effort to require that the William McKinley statue stay in place, seemingly forever, on the Arcata Plaza. A no vote will allow the well-considered action of the City Council to remove it to proceed. The Social Action Committee takes this action primarily in solidarity with the Native people of the area who experience the presence of McKinley in a place of honor as a constant reminder of the genocide visited upon their ancestors.

McKinley’s policies were contrary to Unitarian Universalist values and principles. The Spanish-American War; the brutal colonization of the Philippines and suppression of its independence movement; grabbing Hawaii, Puerto Rico and Guam; and the domination of Cuba were all based on the belief in the “manifest destiny” of white Americans to dominate, civilize and Christianize the Native people wherever encountered. Such policies aimed to establish American military and economic domination over more and more of the world.

Many of us struggled mightily to resist the U.S. wars in Viet Nam, Central America, Afghanistan and Iraq. It is inappropriate for Arcata to honor a president who waged earlier wars of domination and exploitation by maintaining his statue in our community gathering place. To do so does not represent the spirit of our forwarding-looking city. SAC urges a no vote on M.



Richard Kossow

CLASSIFIED ADS

Classified ads are 10¢ per word. Send your check to the HUUF office and the text of your ad to newsletter@huuf.org (email only).

I am looking for a part time book keeper conversant in Quickbooks/Quicken to set up books for a new small business. Please call Michael Lerner, 364-6667.

Joanna's Jam organic jam made from my own fruit trees. Pear Jam and Apple Butter \$6 a jar. Just let me know how many you want. 616-0274, jfwelch22@gmail.com

Happening: A Clean Energy Revolution

The HUUF Ad Hoc Climate Committee is happy to show this great film by James Redford about the clean energy revolution. Redford embarks on a colorful personal journey into the dawn of the clean energy era as it creates jobs, turns profits, and makes communities stronger and healthier across the U.S. Happening explores issues of human resilience, social justice, embracing the future, and finding hope for survival. This film screens on **October 20**, at 7 p.m. at HUUF. A donation of \$5 is suggested but no one will be turned away.

Joanna Welch

Social Action Offerings at HUUF

Every third Sunday at HUUF, we take an offering and have a brunch whose proceeds go to support a local social service agency that needs our appreciation and backing. By giving to others we also remind ourselves that we are not alone in our desire to bend the world toward justice and compassion.

In September, our SAC Offering went to the Eureka Boys and Girls Club. In October our offering will support our student in Nicaragua, Genderling Contreras. In November our offering will go to the Betty Chinn Center to support her direct services to homeless people. In December our offering will go to the Arcata House Partnership, an interfaith organization that houses and supports homeless people in Arcata.

When we collect our offering on Social Action Sunday, all cash and checks, unless specifically marked for "pledge," go to the cause of the month.



Rev. Bryan Jessup

Make a joyful noise

As of September, the choir is back in full "sing." We rehearse Wednesday evenings from 7:00-8:30 (sometimes slightly later), and sing at the 11:00 a.m. service twice a month. New singers are welcome at any time and do not need prior choral experience or music reading skills to participate.

We look forward to sharing songs with you on **October 7 and 21**. Please contact me with questions or comments about the choir. If you'd like to share your opinion about our song selections, rehearsal time, etc., I'd like to hear from you. You can reach me via e-mail me at my new address: elisabethharrington@gmail.com

mUUsically yours,
Elisabeth Harrington

Mask-making workshop

The workshop will take place on **September 28 and 30**. Openings are still available. Treat yourself to a wonderful creative workshop making and decorating a mask of your own face. On Friday, September 28 from 4 to 8 p.m., you'll get a chance to make your mask with supplies donated by artist Paula Levine, the 'Puzzle Lady.' All materials are provided. Dress grubby. On Sunday, September 30 from 2 to 5 p.m., we'll decorate and paint the masks, after they've dried. Paula will assist with ideas and know-how. This is a FUNdraiser for the Fellowship with sliding scale donations of \$10 to \$20 per person. No one will be turned away. Please pre-register by emailing me at bertijo@humboldt1.com.

Berti Welty

Books that heal

The book titles compiled below were shared by those who attended the August 26 service, Books That Heal the Heart. In addition, each year the Unitarian Universalist Association, our “mother ship” in the US, selects a book that they invite us to read and discuss in a program called “The UU Common Read,” that is intended “to build community in our congregations and our movement by giving diverse people a shared experience, shared language, and a basis for deep, meaningful conversations.” The Common Read for 2018-19 is *Justice on Earth: People of Faith Working at the Intersections of Race, Class, and Environment*, edited by Manish Mishra-Marzetti and Jennifer Nordstrom.

Book Title	Author	Recommended by
Through the Looking Glass	Lewis Carroll	Annette Hull
The Art of Living	Thich Nhat Hanh	Valerie Gizinski
Backpacking with the Saints	Belden Lane	Marla West
The Passover Plot	Hugh Schonfeld	Stephen Sottong
The Things They Carried	Tim O'Brien	Rev. Bryan Jessup
Saying Kaddish	Anita Diamant	Brad Meiners
Sanae, Senryu Poet <i>Her Life in 5-7-5</i>	Shizue Harada (Aiko's mother)	Aiko Uyeki
Sapiens: A Brief History of Humankind	Yuval Noah Harari	Kate McClain
Just Mercy*	Bryan Stevenson	Amy Uyeki
Spider Woman's Daughter	Anne Hillerman	Ginger Kossow
Cave of Bones	Anne Hillerman	
The Japanese Lover	Isabel Allende	Linda Alm
Gestalt Therapy	Frederick (Fritz) Perls, et al	Pat Carr
Angels in the Wilderness	Amy Racina	Joanna Welch
Anam Cara: A Book of Celtic Wisdom	John O'Donohue	Ann King
The Drama of the Gifted Child	Alice Miller	Ruth Davis
Pamphlets:		Joanne McGarry
Steps Toward Inner Peace	Peace Pilgrim	
Seeds of Servas	Bob Luitweiler	
The Forgotten Door	Alexander Key	Dave Troxell
Killers of the Dream	Lillian Smith	Jamila Tharp
How to Change Your Mind	Michael Pollan	Harriet Hill
Les Misérables	Victor Hugo	
The Old Way:		
A Story of the First People	Elizabeth Marshall Thomas	Ann Kilby

* The 2015-16 UU Common Read



Building Maintenance news

The magic hose reel donated to the Fellowship by Jackie Wales and Shawn Nichols has been installed. It works as advertised, and very well at that. Simply turn on the spigot at the end of the ramp to the patio, then walk up the ramp, reach under the railing and pull the sprinkler head on the hose out and it will unwind as you walk to the various potted plants on the patio area. Control the flow and shut it off with the valve on the head assembly when you walk from plant to plant to save water. To return the hose to the reel, pull on the hose to release the ratchet and, this is important, *walk* the hose back to the reel. Do *not* simply release it to watch it whip back into place. This will shorten the life of this lovely adjunct to our desire for vegetative adornment of our outdoor space. Thank you to Shawn and Jackie for making it easy to do the right thing and water plantings around the patio. Thanks also to Valerie Gizinski and the Landscape Committee for all of their loving work on the Fellowship grounds.

Scott Allen

A big thank you to Scott Allen, who did the much harder work of installing it.

Valerie Gizinski



Humboldt Unitarian Universalist Fellowship

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Helen Vatcher painting sale

Helen is selling her paintings, at affordable prices, as a legacy gift to HUUF. Helen says, "I want to sell my work. I am in my 90th year, and have been painting for over 50 years. The outdoor spaces I have captured in my paintings on the North Coast should be enjoyed. And, I want to leave the proceeds as a legacy to the Humboldt Unitarian Universalist Fellowship. HUUF has been my community, and the UU Principle of the interdependent web of which we are a part, informs my life, and inspires my painting. My witness of climate change over the last 50 years has changed my painting style in my later years. Most of my pictures are landscape based, but now, my concern is for the earth's climate changes we are causing."

The sale takes place at HUUF Saturday, **October 6** from 3-6. For more information, contact Edie Jessup at ediejessup@gmail.com or 407-0047.



HUUF joins the Redwood Pride Festival and Parade

HUUF is a Welcoming Congregation, and we have participated in the Redwood Pride Festival and Parade for years. This year on Saturday, September 29, we will have a booth at the Festival from 10 a.m. to 4 p.m., and have our float and walkers in the Parade at 4 p.m. Please sign up to help make signs, decorate the float, ride or walk in the parade. Sign up on the Bulletin Board in the Foyer, or call me at 407-0047.

Edie Jessup