

# Sunday Services

## **April 7 – 10:30 a.m. Canvass Sunday: Someone with Skin – Rev. Joy Atkinson**

On this day following the Canvass Dinner, which launches the annual pledge drive for the support of the congregation, our interim minister will explore the gifts that Unitarian Universalism and the Humboldt UU Fellowship offer to each of us and the need for your generous support of our free faith in these challenging times.

## **April 14 – 10:30 a.m. Living In Expansive Consciousness and Compassion – Swami Girijananda**

Swami Girijananda teaches that the caterpillar doesn't have any choice about the process it undergoes to become a butterfly, but humans do participate in our transformation. Guided by the teachings of the great wisdom traditions, we immerse ourselves in the view of the mysterious and unfathomable divinity of existence. We introduce the light of awareness into our being and aligning with it. We practice with our bodies, energy, hearts and minds. Meditation is the integration of our humanity and our transcendental capacity and opens us to be of benefit in all we do. Swami Girijananda teaches meditation based on more than 40 years of practice in both Hindu and Buddhist traditions. She was a close disciple of Swami Muktananda and practiced and taught in the Siddha Yoga tradition for more than 24 years. More recently she spent 12 years studying and practicing in the Tibetan Buddhist tradition at Rigdzin Ling, a retreat center in the Trinity Alps, with both Chagdud Rinpoche and Lama Drimed Norbu.

## **April 21 – 10:30 a.m. UUs and the Interior Life – Jeremy Taylor, D. Min.**

Regardless of what we call it, all of us longs for a sense of meaning that is sufficiently strong to be a conscious part of our lives, even in the midst of troubles. Traditionally, theological language has claimed supremacy in this search. Jeremy Taylor will explore other ways that this universal longing can bind us together with shared language. Jeremy is an ordained Unitarian Universalist minister who has worked with dreams for more than 30 years. He blends the values of spirituality with an active social conscience and a Jungian perspective. Jeremy has given many dream workshops at HUUF over the years and is a frequent guest speaker.

## **April 28 – 10:30 a.m. Being Ethical in an Era of Ethical Relativism – Dr. Loren Cannon**

When asked, many individuals are apt to believe that the truth of ethical claims is relative to time, culture, or even personal preference. The doctrine of ethical relativism has a number of weaknesses, but one of the greatest worries is that it can reduce morality to a mere question of taste or custom. Dr. Loren Cannon will examine ethical relativism and offer suggestions as to how to think about ethics and live an ethical life in a contemporary context. Dr. Cannon has a doctorate degree in philosophy and teaches at Humboldt State University. His specialty is ethics, and he writes on the topics of responsibility, virtue, and environmental ethics.