

Sunday Services

Sunday, June 1 – 10:30 a.m. Milestone Sunday – Religious Education

On this Milestone Sunday, our director of Religious Education, Jillian Mooney, will work with R.E. teachers and Rev. Bryan Jessup to celebrate our religious education program and the young people among us who are graduating from one level of education to another.

Sunday, June 8 – 10:30 a.m. Listening to the Moment – Therese FitzMaurice

According to Thich Nhat Hanh, "anxiety, the illness of our time, comes primarily from our inability to dwell in the present moment." What is the source of this illness? Why is it so difficult to dwell in the present moment? How can we cultivate the ability to deeply listen to what each moment calls us to do? Join us in a joyful exploration of the many paths to the gift of presence. Therese FitzMaurice has spent the past three years deepening her spiritual practice. Through an engaged mentorship, listening to nature, writing and yoga practices, she has cultivated a faith that life itself offers a moment-to-moment opportunity to practice and embody love.

Sunday, June 15 – 10:30 a.m. Men and Faith – The Rev. Bryan Jessup

The Rev. Jessup will collaborate with Andy Anderson, Steve Newman and Jeff Knapp for this Fathers' Day service. They will talk about what they have faith in and how they have worked to help their children and grandchildren develop their own faith in life and their own language to express it

Sunday, June 22 – 10:30 a.m. Healing the Heart of Democracy – Wendy Rowan

Retiring HUUF Board Member Wendy Rowan will talk about the healing work that has been the theme of the Fellowship this past year. She will again explore the thoughts of Parker Palmer and what impact they might continue to have on us as we journey ahead.

Sunday, June 29 – 10:30 a.m. Summer and Sabbaths – Rev. Bryan Jessup

People who practice the Unitarian Universalist way in religion tend to call themselves to significant action in life. Yet, to sustain that action, rest and renewal are equally important. In this service, Rev. Jessup will talk about daring to enjoy time away from work every summer and time away from work on the Sabbath every week.