

Sunday Services

Sunday Aug. 7 – 11 a.m. – Summer and the Beauty of Nature

Many of us seek solace in Nature. In this fast-paced world, are we able to slow down and drink in the sounds, scents, tastes and feel of Nature all about us? You are invited to bring a natural object to show us, with summer blossoms and finger food to share both during and after the service.

Sunday, Aug. 14 – 11 a.m. – The Miracle of Books – Valerie Gizinski

Books engender ideas and ways of thinking that can transform our lives. Come and share a book with us that has helped you flourish along your journey in life. Kurt Vonnegut put it this way: “I believe that reading and writing are the most nourishing forms of meditation anyone has so far found. By reading the writings of the most interesting minds in history, we meditate with our own minds and theirs as well. This to me is a miracle.”

Sunday Aug. 21 – 11 a.m. – The Artistic Muse: Following Your Bliss – Berti Welty

“At a certain point, as I model a clay figure, it is as though the figure comes alive and directs my hands,” says HUUF member Berti Welty. “I am lost in the work, communing with the emerging figure. I am transformed.”

Come as we listen to and share our own experiences of what it feels like to create art. Why are so many people drawn to artistic pursuits? Does time really stand still when creating? Are we open to “divine” influences? Join us as we ponder these questions.

Sunday, Aug. 28 – 11 a.m. – Empowered Conversation and Covenantal Relationships – Jamila Tharp

Sometimes our relationships are messy. It’s not always easy to know how to have an empowered conversation. What is an empowered conversation? How can they improve our relationships with our children, spouse, friends, co-workers, neighbors and each other?

As Unitarian Universalists, we are a covenantal liberal faith tradition committed to living in right relationship with each other, our children and the Earth. This is not always easy. We will explore how we might strengthen our ties that bind in family and in creating beloved community, as well the importance of empowered conversations.

Jamila is a Starr King School for the Ministry graduate and a worship leader in the Sufi Muslim tradition. She is a candidate for UU ministry. She is also a Peace of Mind Parenting Coach. She, her wife, and their three children are members of HUUF.