

## HUUF Sunday Services

**October 3: 9 and 11 a.m. The heart of Buddha's teaching -- Myozan Alexander Kantner.** The speaker will talk about the heart of Buddha's teaching and its expression in the Zen tradition. His topics will include the relationship between suffering and liberation, and the distinguishing features of Buddhist thought and practice and their relationship to other spiritual traditions. Alex was lay ordained in 2009 by his teacher, Hozan Alan Senauke, vice abbot of Berkeley Zen Center. Alex is a member of the Arcata Zen Group and also teaches English and language arts at Arcata High School.

**October 10: 9 and 11 a.m. Humans and Climate Change -- Ellen Taylor, Jane Lapiner, David Simpson.** Members of the theatrical group Human Nature will present a program on climate change, which they believe invites comparison with biblical events. It will include questions of morality and our relationship with Mother Earth and the creatures living on it. They will also discuss the spectrum of responses around the world to the rapidly approaching cataclysm. Jane Lapiner and David Simpson have put on productions about various issues since the 1970s. They recently won the Prize of Hope from Denmark's Institute for Popular Theatre. The presenters will share their experiences from the environmental conferences in Copenhagen and in Cochabamba, Bolivia.

**October 17: 9 and 11 a.m. A film – “Renewal: How People of Faith Are Celebrating and Protecting the Environment.”** This inspirational film shows how Christian, Muslim, Jewish, Buddhist and other small spiritual communities have taken environmental action by opposing destructive mining practices and by acting in their homes and churches to save energy, reduce waste, save forests, stop pollution and combat global warming. Each group connects their faith to protecting the environment and all living things. A discussion about what our local faith-based communities can do will follow the film.

**October 24: 11 a.m. only. Scoring a Touchdown for HUUF.** We will talk about how all the different players at HUUF can play (and are playing) as a team to help HUUF accomplish its goals and have a winning season! We'll tell you about new practices to energize and restore our Fellowship. The Board will describe how each of us can participate in reaching the end zone - a shared ministry and a re-fueling of our spirit that enables us to play together again to make the Fellowship all that we want. Go HUUF!

**October 31: 9 and 11 a.m. Day of the Dead – Elisabeth Harrington.** On this Halloween morning we will learn about the Latin American holiday known as the "Day of the Dead." A day of remembrance, it honors departed loved with the creation of an altar of "*ofrendas*." There will be Latin American music from our HUUF choir and a special children's story to fit the occasion. The congregation is invited to bring a small token of remembrance to place on the community altar for the duration of the service.