

## *Sunday Services*

### **November 2, 9 and 11 a.m. "New Mental Models," Rev. Bryan Jessup**

In talking with Yogi Berra a friend said, "Yogi, things are never going to be the same." Yogi said, "Yeah, they're different already." To stay alive, active and learning in the world, we have to keep opening up to new realities and new mental models. Painful as it is, nothing ever stays the same. The world is evolving and the way always leads on. For us to be of use, we need to learn to keep moving on too.

### **November 9, 9 and 11 a.m. "Story of the Hmong in Northern California," The Rev. Dr. Paul Joseph Khamdy Yang**

Dr. Yang, a Hmong immigrant, is a Methodist minister with the Methodist Church of the Redwoods in Klamath. Rev. Dr. Yang will tell his story and talk about what he has seen happening to the people he serves. The Rev. Dr. Yang and his congregation collaborate with the True North Organizing Network to address many challenging issues his people face.

### **November 16, 9 and 11 a.m. "For Good or Ill, We're All In The System," Rev. Bryan Jessup**

When we're faced with a problem, it's often tempting to focus on symptoms rather than on systems. One classic story about this is that of the hero who, daily, swam out into the river to save drowning infants. His partner, meanwhile, went upstream to find out why the babies were winding up in the river in the first place. When we're dealing with issues in our lives it's a good idea to go up stream a little and find out how the system works.

### **November 23, 9 and 11 a.m. "A Time for Gratitude," Jana Kirk-Levine, co-president of the Humboldt UU**

As Thanksgiving approaches, 'tis the season of giving thanks. We all have things to be grateful for. Come share in quiet meditation that will center us before we share with each other our expressions of gratitude. It is an opportunity to share a poem, a story, a photo, a rock, that is your way of showing gratitude. Even in our most challenging moments there is something to be grateful for. Was it a friend who helped? The outcome? Something as simple as the breath in your body? Only those that are so moved will speak. Come sit in community and be grateful for that.

### **November 30, 9 and 11 a.m. "We Are Never Alone," Rev. Bryan Jessup**

This past summer Edie and I saw *Into the Woods*, James Lapine's and Stephen Sondheim's award winning musical that uses familiar Grimm's fairy tales to bring our consciousness to the challenges of our lives. In that production, all of the characters are "in the woods" in one way or another. Each has her or his own ego and wishes and plots and schemes, and each has her or his own wrestling to do with morality. As they face danger, loss and grief, though, they ultimately realize they not only need one another's support, but are also, mercifully, connected to one another by life. So are we. It's a team effort all the way.