

# DORJE YANG DRON

## Melody of Diamond Light

Founded & Directed by Lama Lodu Rinpoche

### LAMA LODU RINPOCHE'S TEACHING SCHEDULE in ARCATA JAN 2023

Registration for all events is required, please contact Lama Nyugu at [Fierro\\_roman@yahoo.com](mailto:Fierro_roman@yahoo.com) or call (707) 601-5466.

All attendees are recommended to wear a medical-grade mask & all must be free of Covid-19 symptoms & maintain social distancing.

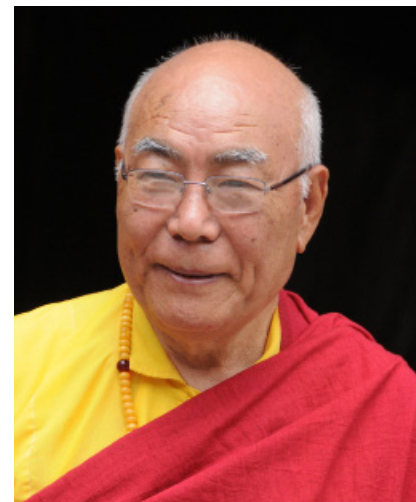
All are welcome to attend, any experience and any age.

**FRIDAY JAN 20**

**7:30-9:00 pm**

Teaching:  
"THE 3 KINDS OF  
DEVOTION".

There are outer and inner conditions one needs to practice the dharma, the path to awakening as taught by the Buddha. One's interest in the practice, deciding to begin, and continuing on the path with courage and a good heart are the inner conditions known also as aspiration-devotion, or faith. Rinpoche will teach on this topic. A donation of \$20 is requested, pay cash at the door or via Venmo anytime to @RD-Fierro.



Since 1976 Lama Lodu Rinpoche has been the resident teacher at Kagyu Drogen Kunchab Dharma Center in San Francisco. **Lama Lodu** is a Tibetan born in Sikkim in 1942. At the age of 8 Lama entered Rumtek Monastery, the seat of His Holiness the 16th GYALWANG KARMAPA, the Supreme Head of the Kagyu lineage of Vajrayana Buddhism. **Lama Lodu** was also trained by His Eminence KALU RINPOCHE, the senior meditation master of the entire lineage. His Holiness the KARMAPA has said, "We are fortunate to study and learn the nature of mind with **Lama Lodu** -- a Lama who has highly developed his inner practice."

Hosted by KDK Arcata Buddhist Group - Dorje Yang Dron. The group meets every Sunday at 6pm to practice the Chenrezig sadhana on a virtual platform. Contact Lama Nyugu for questions or see [kdkarcatagroup.org](http://kdkarcatagroup.org)

**SATURDAY JAN 21**

**10 am - 12 noon**

**CHENREZIG  
EMPOWERMENT**

The meditation practice of visualizing the Buddhist Deity of Loving-Kindness and Compassion, Chenrezig, is a skillful method to tap into our intrinsic, natural goodness, our good heart. Receiving the Chenrezig empowerment from a qualified lama such as Rinpoche helps us to recognize this basic goodness, Chenrezig, as intrinsic to our own mind. The empowerment includes generating the mind of altruism: the wish for happiness for all beings and likewise the wish to dispel their suffering. Also, should anyone wish to Go for Refuge in the 3 Jewels of the Buddha, Dharma and Sangha, Rinpoche will offer the Refuge ceremony.

A donation of \$20 is requested, pay cash at the door or via Venmo anytime to @RD-Fierro.

**2 pm - 4 pm**  
**EXPLANATION OF  
CHENREZIG SADHANA**

Rinpoche will explain how to do the Chenrezig meditation while following the Chenrezig text, or sadhana. For attendees who want a Chenrezig sadhana, contact Michael Tipton (707)296-4203. They cost \$10 each.

A donation of \$20 is requested, pay cash at the door or via Venmo anytime to @RD-Fierro.

**SUNDAY JAN 22**

**3:30 - 5 pm**

**INTRODUCTION TO THE  
PRAJNAPARAMITA SUTRA**

The insight into the nature of mind is developed by cultivation of the faculty of mind called Prajna in Sanskrit, or sherab in Tibetan. Paramita can be translated from Sanskrit as a "transcendental perfection." The first 5 of the 6 Paramitas: Generosity, Morality-Ethics, Patience, Diligence and Concentration are the skillful methods to accumulate merit on the path of awakening, comparable to having legs to walk on the path. The 6th Paramita, the Perfection of Wisdom or Prajnaparamita, is the way to accumulate wisdom, comparable to having eyes to see the path that one is walking on. Rinpoche will teach on how to cultivate this faculty of mind and the importance of doing so on the Buddhist path of liberation.

A donation of \$20 is requested, pay cash at the door or via Venmo anytime to @RD-Fierro.

**6 - 7 pm**

Lama Lodu Rinpoche will join us in practising  
**CHENREZIG SADHANA**

**All events take place at the  
HUMBOLDT UNITARIAN  
UNIVERSALIST FELLOWSHIP  
24 Fellowship Way, Bayside, CA**