**Our Whole Lives: Sexuality Education for Grades 7-9th 2023-2024**

Tuesday Workshops 6-8 PM at HUUF
2 Saturday Retreats 10 AM - 2 PM at HUUF (Oct. 21 & Jan. 27)

9/12 Mandatory Parent/Caregiver Orientation and Student Social Hour

*Unit One - Introduction*

9/19 What is Sexuality?
9/26 Examining Values
10/3 The Language of Sexuality
10/10 Holiday

*Unit Two - You, as a Sexual Being*

10/17 Anatomy and Physiology
10/21 (Saturday Retreat) Personal Concerns about Puberty; Body Image
10/24 Gender Identity
10/31 Holiday
11/7 Gender Expression, Roles, and Stereotypes
11/14 Sexual Orientation
11/21 Holiday
11/28 Guest Panel

12/5 Sexuality and Disability

*Unit Three - Relationships*

12/12 Healthy Relationships
12/19 Relationship Skills

**Winter Break**

*Unit Four - Contemporary Issues*

1/9 Sexuality, Social Media, and the Internet;
1/16 Bullying and Bystander Responsibilities
1/23 Holiday

*Unit Five - Responsible Sexual Behavior*

1/27 (Saturday Retreat) Redefining Abstinence; Lovemaking
1/30 Consent Education

*Unit Six - Sexually Transmitted Infections, Pregnancy, and Parenting*

2/6 Sexually Transmitted Infections
2/13 Pregnancy, Parenting, and Teenage Parenthood
2/20 Holiday
2/27 Unintended Pregnancy Options
3/5 Contraception and Safer Sex

*Unit Seven - Communication about Sexuality*

3/12 Sexual Decision Making
3/19 Communicating with a Sexual Partner
3/26 Self-Care, Celebration, and Closure